

**06th HARYANA STATE Sr ATHLETICS CHAMPIONSHIPS**

Org.By:-KURUKSHETRA ATHLETICS ASSO.

14-04-2024

4/13/23 - 4/14/23

KURUKSHETRA

**Event # 1 MENS 100m Run****FINALS****RESULTS OF FINALS**

1	JAGDEEP, 31	31	BHIWANI	<b>10.91</b>
2	ADITYA RAJ SINGH, 1	1	SONIPAT	<b>10.95</b>
3	TANISH SHEORAN, 89	89	KURUKSHETRA	<b>10.96</b>
4	HARSH DIKSHIT, 30	30	PANIPAT	<b>11.00</b>
5	AKASH SINGH, 5	5	ROHTAK	<b>11.06</b>
6	AJAY, 3	3	SONIPAT	<b>11.07</b>
7	PANKAJ VERMA, 57	57	BHIWANI	<b>11.27</b>

**Event # 2 MENS 200m Run****FINALS****RESULTS OF FINALS**

1	AMIT KUMAR, 104	104	CHARKI DADRI	<b>22.10</b>
2	RAMAN, 707	707	SONIPAT	<b>22.14</b>
3	ANKIT, 106	106	PANCHKULA	<b>22.34</b>
4	GURMEET, 115	115	HISAR	<b>22.48</b>
5	SACHINPILWAN, 143	143	FARIDABAD	<b>22.63</b>
6	JANGSHER SINGH DHILI	120	SIRSA	<b>22.72</b>
7	ANAND KUMAR BANNIS.	105	FARIDABAD	<b>23.01</b>

**Event # 3 MENS 400m Run****FINALS****RESULTS OF FINALS**

1	VIKRANT PANCHAL, 207	207	FARIDABAD	<b>47.18</b>
2	ABHISHEK, 154	154	FATEHABAD	<b>47.68</b>
3	GULSHAN, 172	172	KURUKSHETRA	<b>48.54</b>
4	HEMANT KUMAR, 173	173	GURUGRAM	<b>48.66</b>
5	AMIT KUMAR, 157	157	CHARKI DADRI	<b>48.76</b>
6	ARVIND, 164	164	BHIWANI	<b>50.13</b>
	AMAN, 799	799	KARNAL	<b>DNS</b>
	DEEPAK, 170	170	HISAR	<b>DNS</b>

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**KURUKSHETRA****Event # 4 MENS 800m Run****FINALS****RESULTS OF FINALS**

1	VIRENDER, 251	251	BHIWANI	1:51.06
2	VIKASH, 249	249	BHIWANI	1:52.00
3	ANIL KUMAR, 212	212	MAHENDERGARGH	1:52.18
4	HARSH, 218	218	JHAJJAR	1:52.62
5	RAVINDER, 238	238	FATEHABAD	1:52.64
6	JATIN, 220	220	JHAJJAR	1:52.89
7	MANOJ, 228	228	SONIPAT	1:53.29
8	RAVINDER DHANKAR, 2	239	ROHTAK	1:53.68
9	VIJAY SINGH, 248	248	HISAR	1:54.22
10	MOHD HASAN, 229	229	FARIDABAD	1:54.68
11	KRISHAN, 223	223	JHAJJAR	1:55.10
12	SHISHANK, 245	245	PANIPAT	1:55.18
13	SAHIL, 242	242	GURUGRAM	1:55.29
14	NEERAJ SHARMA, 802	802	FARIDABAD	1:55.72
15	ANKIT YADAV, 214	214	BHIWANI	1:56.56
16	DHONI, 696	696	CHARKI DADRI	1:56.79
17	VISHAL, 252	252	CHARKI DADRI	1:57.32
18	GAURAV PANCHAL, 695	695	PALWAL	1:58.37
19	PRABHNOOR SINGH, 236	236	JIND	2:00.62
20	SACHIN, 804	804	HISAR	2:05.15
21	SAMEER, 244	244	SONIPAT	2:06.20
22	LOKES, 226	226	JHAJJAR	2:08.65
23	NIKHIL, 699	699	PALWAL	2:09.19
24	AMIT SEHRAWAT, 211	211	MEWAT	2:10.57
25	ABHISHEK, 698	698	KAITHAL	2:12.57
26	MAHADEEP, 227	227	MAHENDERGARGH	2:14.86
27	SAGAR, 241	241	KURUKSHETRA	2:15.15
28	RAVI, 237	237	PANIPAT	2:19.39
29	SAHIL, 243	243	GURUGRAM	2:19.96
30	KRISHU CHAUHAN, 224	224	REWARI	2:23.61
31	ASHWANI KUMAR, 215	215	PANCHKULA	2:27.99
32	GAURAV KUMAR, 217	217	AMBALA	2:28.84
33	AKASH, 210	210	GURUGRAM	2:32.95
34	VIKRAM, 250	250	JHAJJAR	2:45.68
35	SOURABH, 246	246	SIRSA	2:46.80
36	YOGESH KUMAR, 255	255	FATEHABAD	2:48.47
37	NISHANT, 232	232	MAHENDERGARGH	2:56.22
38	NITISH, 233	233	PANIPAT	3:00.67
39	VISHAL, 253	253	MAHENDERGARGH	3:02.24
40	HIMANSHU, 219	219	GURUGRAM	3:09.14
41	BABBAL TANWAR, 216	216	KAITHAL	3:19.58
42	KAMAL KUMAR, 222	222	KARNAL	3:28.18
43	PARSHANT, 235	235	SONIPAT	3:35.62
	SACHIN, 240	240	PANIPAT	DNF
	JONEE KHANNA, 221	221	MAHENDERGARGH	DNF
	PARGAT KUMAR, 234	234	KURUKSHETRA	DNS
	MOHIT, 230	230	KARNAL	DNF
	NAVEEN, 231	231	MAHENDERGARGH	DNS
	SUNIL, 247	247	KAITHAL	DNF
	JATIN, 803	803	PANCHKULA	DNS
	YASH, 254	254	BHIWANI	DNF

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ANKIT, 213	213	FATEHABAD	DNF
LAKSHAY KUMAR, 225	225	HISAR	DNF

**Event # 5 MENS 1500m Run****FINALS****RESULTS OF FINALS**

1	VIKASH, 289	289	BHIWANI	3:55.96
2	NEERAJ SHARMA, 278	278	FARIDABAD	3:56.78
3	NAVDEEP, 277	277	JIND	3:57.09
4	VIKAS, 288	288	HISAR	3:57.38
5	SUDHIR, 287	287	SONIPAT	3:58.71
6	MOHD HASAN, 274	274	FARIDABAD	3:59.00
7	MANPREET, 272	272	SIRSA	3:59.31
8	AAKASH, 257	257	HISAR	4:00.24

**Event # 6 MENS 5000m Run****FINALS****RESULTS OF FINALS**

1	VIKASH, 320	320	HISAR	14:26.67
2	SUMIT KUNDU, 315	315	ROHTAK	14:35.58
3	BITTU, 300	300	JIND	15:01.73
4	RAHUL, 304	304	JHAJJAR	15:10.24
5	VANSH SAINI, 318	318	SONIPAT	15:22.67
6	RAHUL, 303	303	CHARKI DADRI	16:06.56
7	ANUSH CHAUHAN, 299	299	SONIPAT	16:29.12
8	AMAN, 296	296	HISAR	17:15.59
9	VICKY, 319	319	SONIPAT	17:25.75
10	SAHIL, 311	311	GURUGRAM	17:53.40
11	MUKESH, 753	753	PANIPAT	18:36.85
12	SAHIL, 752	752	FATEHABAD	19:12.20
13	AMAN, 294	294	JIND	19:12.32
14	SURAJ, 317	317	CHARKI DADRI	19:33.35
15	VIKRANT, 321	321	YAMUNANAGAR	19:43.78
16	SAHIL PAL, 312	312	AMBALA	20:11.12
17	OMPAL SINGH, 302	302	MAHENDERGARGH	20:31.96
18	SACHIN, 310	310	REWARI	20:44.92
19	RAHUL SINGH DHILLON	305	KARNAL	21:08.46
20	SRIKANT, 314	314	HISAR	21:08.68

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**KURUKSHETRA****Event # 7 MENS 10000m Run****FINALS****RESULTS OF FINALS**

1	VIKASH, 345	345	HISAR	29:48.73
2	ROHIT, 338	338	SONIPAT	29:49.60
3	SUNIL, 759	759	PANCHKULA	32:00.22
4	VISHAL SINGH, 347	347	FARIDABAD	32:34.29
5	ARUN., 761	761	SONIPAT	32:45.40
6	ASHU RANA, 324	324	SONIPAT	32:50.27
7	SARJEET, 340	340	MAHENDERGARGH	32:56.84
8	VISHAL, 346	346	BHIWANI	33:04.19
9	KULDEEP, 331	331	BHIWANI	33:18.56
10	RAHUL, 335	335	CHARKI DADRI	35:23.97
11	JAI SINGH, 327	327	BHIWANI	35:43.96
12	SUMIT, 343	343	HISAR	36:29.93
13	VICKY, 344	344	SONIPAT	37:47.54
14	KAPIL, 328	328	KURUKSHETRA	38:12.88
15	ROBIN, 762	762	KURUKSHETRA	40:09.59
16	SOMIT, 341	341	HISAR	40:27.55
17	RITESH, 336	336	MAHENDERGARGH	41:53.86
18	NISHU KUMAR, 333	333	JIND	42:52.28

**Event # 8 MENS 3000m Steeplechase****FINALS****RESULTS OF FINALS**

1	ANKIT, 360	360	JIND	9:15.97
2	RAHUL, 370	370	BHIWANI	9:16.26
3	GOURAV, 365	365	ROHTAK	9:27.51
4	ARYAN, 362	362	KARNAL	9:52.71
5	PRABHNOOR SINGH, 368	368	JIND	10:55.17
6	AMIT KUMAR, 359	359	MAHENDERGARGH	11:09.92
7	GOURAV, 364	364	YAMUNANAGAR	11:49.77
8	PRINCE, 369	369	YAMUNANAGAR	12:20.55
9	751, 751	751	UNATTACHED	12:20.98
10	ROHIT, 371	371	PANIPAT	12:59.63

**Event # 9 MENS 110m Hurdles****FINALS****RESULTS OF FINALS**

1	PARVEEN KUMAR, 351	351	JIND	15.11
2	AKASH SINGH, 350	350	ROHTAK	15.55
3	SONU, 353	353	HISAR	15.66
4	ARYAN, 805	805	JIND	16.01
5	ABHISHEK YADAV, 349	349	GURUGRAM	16.60
6	AADITIYA, 348	348	PANCHKULA	16.61

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**KURUKSHETRA****Event # 10 MENS 400m Hurdles****FINALS****RESULTS OF FINALS**

1	AMAN, 354	354	KARNAL	<b>51.97</b>
2	ARYAN, 731	731	JIND	<b>57.55</b>
3	SURYA CHAUHAN, 727	727	KAITHAL	<b>57.88</b>
4	KAPIL, 358	358	JIND	<b>1:01.12</b>
5	DEVENDER, 357	357	HISAR	<b>1:01.73</b>
6	RAMPRASAD, 726	726	HISAR	<b>1:02.06</b>
7	AMREEK SINGH, 355	355	SIRSA	<b>1:06.29</b>
	ANKUSH, 356	356	KARNAL	<b>DNF</b>

**Event # 11 MENS High Jump****FINALS****RESULTS OF FINALS**

1	SONU RAM, 389	389	SIRSA	<b>2.00m</b>
2	RITEK, 388	388	JHAJJAR	<b>2.00m</b>
3	YASH, 390	390	YAMUNANAGAR	<b>1.90m</b>
4	KHETANATH, 384	384	REWARI	<b>1.90m</b>
5	MANJEET, 795	795	BHIWANI	<b>1.85m</b>
6	AKASH, 380	380	BHIWANI	<b>1.80m</b>
7	NAVEEN, 785	785	BHIWANI	<b>1.80m</b>
8	SUNNY, 790	790	YAMUNANAGAR	<b>1.80m</b>
9	DEEPAK, 382	382	CHARKI DADRI	<b>1.80m</b>
10	RONIK, 791	791	YAMUNANAGAR	<b>1.65m</b>
11	JATIN KUMAR, 383	383	REWARI	<b>1.55m</b>
12	RAHUL, 387	387	HISAR	<b>1.55m</b>
	AAKASH BAWA, 379	379	KURUKSHETRA	<b>NM</b>
	MEHAR SINGH, 386	386	JIND	<b>NM</b>
	MADAN, 385	385	HISAR	<b>DNS</b>
	BIJENDER KUMAR, 381	381	BHIWANI	<b>DNS</b>

**Event # 12 MENS Pole Vault****FINALS****RESULTS OF FINALS**

1	GITANSHU SAINI, 392	392	SONIPAT	<b>4.40m</b>
2	NITIN, 395	395	BHIWANI	<b>4.40m</b>
3	DINESH DALAL, 391	391	HISAR	<b>4.20m</b>
4	PANKAJ, 396	396	BHIWANI	<b>3.90m</b>
	PARDEEP, 397	397	BHIWANI	<b>DNS</b>
	NAVEEN, 394	394	FATEHABAD	<b>DNS</b>
	NAVEEN, 393	393	JHAJJAR	<b>NM</b>

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**Event # 13 MENS Long Jump**

FINALS

## RESULTS OF FINALS

1	AVINASH KUMAR, 398	398	REWARI	7.72m
2	SACHIN BAMEL, 413	413	HISAR	7.18m
3	HARINARAYAN, 402	402	PANIPAT	6.86m
4	MANGERAM, 405	405	SIRSA	6.85m
5	JITENDER, 403	403	REWARI	6.47m
6	SAHIL NUNIA, 414	414	HISAR	6.30m
7	NARENDER, 407	407	BHIWANI	6.28m
8	DAMAN, 400	400	HISAR	6.08m
9	RAMESH KUMAR, 706	706	FATEHABAD	5.94m
10	GAUTAM, 401	401	JHAJJAR	5.59m
11	SAHIL PAL, 415	415	AMBALA	5.23m
12	YUG, 419	419	HISAR	5.10m
12	RAVI KUMAR, 412	412	BHIWANI	5.10m
14	KAPIL, 728	728	CHARKI DADRI	4.80m
15	PARVESH, 729	729	CHARKI DADRI	4.60m
15	HARDEEP, 730	730	CHARKI DADRI	4.60m
17	RAHUL, 709	709	BHIWANI	4.50m
18	AMAN KUMAR, 717	717	SIRSA	4.40m
18	KARTIK, 725	725	SIRSA	4.40m
20	MUKESH JAIPAL, 406	406	SIRSA	4.35m
20	RAJ KUMAR, 410	410	SIRSA	4.35m
22	VISHAL, 418	418	FATEHABAD	4.30m
22	KULDEEP, 404	404	SIRSA	4.30m
22	ROHIT, 718	718	MAHENDERGARGH	4.30m
25	PREM KUMAR, 408	408	SIRSA	4.20m
26	AMANDEEP, 716	716	SIRSA	4.15m
27	RAHUL SOLANKI, 409	409	SIRSA	4.10m
27	TARSEM SINGH, 416	416	SIRSA	4.10m
29	RAJESH KUMAR, 411	411	SIRSA	3.30m
	VIKRAM SINGH, 417	417	KURUKSHETRA	DNS
	BHUPENDER SINGH, 399	399	HISAR	DQ

**Event # 14 MENS Triple Jump**

FINALS

## RESULTS OF FINALS

1	AJAY, 421	421	BHIWANI	14.69m
2	AJAY KUMAR, 422	422	BHIWANI	14.22m
3	VIJAY, 430	430	HISAR	14.15m
4	CHHOTU, 424	424	JHAJJAR	14.15m
5	TANUJ MANN, 429	429	FARIDABAD	14.05m
6	DHARMBIR HOODA, 789	889	HISAR	13.97m
7	ABHISHEK SINGH TANW	420	BHIWANI	13.82m
8	AJAY KUMAR, 423	423	FATEHABAD	13.52m
	DAMAN, 425	425	HISAR	NM
	PARVESH, 427	427	JHAJJAR	NM
	SACHIN KUMAR, 428	428	MAHENDERGARGH	NM
	GOPI CHAND, 426	426	HISAR	DNS
	KARAN, 792	792	JIND	NM

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**Event # 15 MENS Discus Throw****FINALS****RESULTS OF FINALS**

1	ANIL KUMAR, 437	437	KARNAL	50.79m
2	SUNNY DHAKA, 453	453	ROHTAK	49.11m
3	SAHIL, 796	796	JIND	48.61m
4	VIRENDER OLLA, 457	457	HISAR	47.70m
5	SAHIL DESWAL, 451	451	JIND	47.66m
6	DIVYANSH, 440	440	HISAR	47.03m
7	RISHABH, 450	450	CHARKI DADRI	46.73m
8	SATYWAN, 452	452	BHIWANI	45.62m
9	PRASHANT BISLA, 447	447	FARIDABAD	45.20m
10	DEVANAND, 439	439	BHIWANI	45.19m
11	VIKAS SINGH, 456	456	BHIWANI	43.53m
12	ADARSH MALIK, 432	432	SONIPAT	43.05m
13	VISHAL TOMAR, 458	458	ROHTAK	42.04m
14	AMIT, 436	436	BHIWANI	42.01m
15	TALWINDER DHILLON, 4	454	KAITHAL	41.98m
16	NISHAN, 445	445	PANCHKULA	39.91m
17	MANPREET KAJAL, 444	444	PANCHKULA	39.43m
18	DIVYANSH TYAGI, 441	441	FARIDABAD	35.91m
19	HITESH MALIK, 442	442	SONIPAT	35.55m
	RAKESH SWAMI, 448	448	SIRSA	NM

**Event # 16 MENS Hammer Throw****FINALS****RESULTS OF FINALS**

1	RAVI, 465	465	JHAJJAR	68.22m
2	ASHISH, 460	460	JHAJJAR	67.68m
3	GAURAV, 461	461	SONIPAT	63.79m
4	HARSH, 462	462	CHARKI DADRI	58.02m
5	NARESH KUMAR, 463	463	BHIWANI	57.02m
6	AMIT PUNDIR, 459	459	YAMUNANAGAR	55.31m
7	VIKRAM SINGH, 468	468	JHAJJAR	55.20m
8	NIRBHAY, 464	464	JHAJJAR	54.03m
9	ASHISH, 703	703	SONIPAT	48.57m
	TANMAY SAINI, 467	467	ROHTAK	NM
	VINAY, 469	469	JHAJJAR	NM
	ROHIT, 466	466	PANIPAT	DNS

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**KURUKSHETRA****Event # 17 MENS Javelin Throw****FINALS****RESULTS OF FINALS**

1	RAVI TANWER, 481	481	BHIWANI	74.19m
2	ABHILASH, 471	471	BHIWANI	73.77m
3	SANUJ, 774	774	SONIPAT	71.22m
4	VINAY MALIK, 484	484	HISAR	64.79m
5	PARTEEK, 478	478	KARNAL	61.92m
6	NASEEB, 477	477	JHAJJAR	61.23m
7	VIKRAM SINGH, 483	483	HISAR	59.65m
8	SAGAR, 787	787	BHIWANI	59.30m
9	SONU KUMAR, 784	784	KARNAL	54.91m
10	ABHINAV, 472	472	JIND	54.79m
11	SURIYA PARTAP, 783	783	KAITHAL	53.88m
12	AVNISH, 786	786	PANIPAT	51.20m
13	ASHOK KUMAR, 473	473	ROHTAK	49.88m
14	ARSHILL KUMAR, 766	766	AMBALA	47.12m
15	AMIT DAHIYA, 692	692	SONIPAT	45.98m
16	SURYAVEER SINGH, 482	482	HISAR	45.40m
17	DIDAR SHARMA, 475	475	FATEHABAD	44.94m
18	MUKESH, 476	476	PALWAL	42.18m
19	RAKESH SWAMI, 479	479	SIRSA	35.11m
20	ABHAY NARAYAN SINGI	470	FARIDABAD	35.00m
21	BHAWANI PARMAR, 474	474	CHARKI DADRI	25.12m
	RANKUSH, 480	480	KARNAL	DNS

**Event # 18 MENS Shot Put****FINALS****RESULTS OF FINALS**

1	SAWAN, 501	501	ROHTAK	18.30m
2	ASHISH BHALOTHIA, 487	487	BHIWANI	18.14m
3	ASHISH KUMAR, 488	488	BHIWANI	17.47m
4	VIKAS CHIKARA, 719	719	JHAJJAR	17.41m
5	SANYAM, 500	500	ROHTAK	17.40m
6	CHETAN KAPOOR, 489	489	FARIDABAD	17.26m
7	HARRY, 493	493	JHAJJAR	16.66m
8	PIYUSH BALIYAN, 495	495	PANCHKULA	16.24m
9	GANGA SINGH, 490	490	SIRSA	14.66m
10	VIKAS, 503	503	CHARKI DADRI	14.48m
11	ANSHDEEP RAWAT, 486	486	FARIDABAD	13.77m
12	RAHUL, 720	720	SONIPAT	13.64m
13	AMIT, 485	485	BHIWANI	9.54m
14	SAHIL, 499	499	MAHENDERGARGH	8.26m
15	GAURAV, 492	492	HISAR	7.39m
16	SHOKEEN, 502	502	SONIPAT	6.93m
17	PRIKSHIT SAINI, 496	496	JIND	6.90m
18	MAHAVEER, 494	494	JIND	6.69m
19	GAURAV, 491	491	REWARI	6.39m
20	RINKOO, 498	498	MAHENDERGARGH	6.22m
	RAMESH KUMAR, 497	497	AMBALA	DNS
	HEMANT, 721	735	SONIPAT	NM
	LAKSHAY, 722	722	SONIPAT	NM



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**KURUKSHETRA****Event # 21 MENS 10000m Race Walk****FINALS****RESULTS OF FINALS**

1	SANDEEP, 376	376	BHIWANI	<b>50:16.30</b>
2	VIKAS, 377	377	BHIWANI	<b>51:41.04</b>
3	VIKRAM, 378	378	HISAR	<b>52:06.92</b>
4	LOVEPREET SINGH, 374	374	PANIPAT	<b>57:21.83</b>
	JAMSHED, 373	373	MEWAT	<b>DQ</b>
	RAJESH, 757	757	BHIWANI	<b>DQ</b>

**Event # 23 WOMENS 100m Run****FINALS****RESULTS OF FINALS**

1	SHUBHAM, 530	530	JIND	<b>12.34</b>
2	KAJAL, 519	519	PANIPAT	<b>13.05</b>
3	NEHA, 524	524	JIND	<b>13.20</b>
4	RENU, 529	529	KARNAL	<b>13.33</b>
5	KUSUM KUMARI, 522	522	AMBALA	<b>13.34</b>
6	SUMAN, 531	531	JHAJJAR	<b>13.69</b>
7	PRIYANKA, 528	528	BHIWANI	<b>13.96</b>
8	KALPANA, 520	520	HISAR	<b>15.81</b>

**Event # 24 WOMENS 200m Run****FINALS****RESULTS OF FINALS**

1	SHUBHAM, 549	549	JIND	<b>25.56</b>
2	DIVYA KUMARI, 536	536	PANIPAT	<b>26.01</b>
3	POOJA, 705	705	BHIWANI	<b>26.02</b>
4	PRACHI SHARMA, 546	546	FARIDABAD	<b>26.03</b>
5	NISHU, 542	542	HISAR	<b>26.77</b>
6	POOJA, 545	545	SONIPAT	<b>28.01</b>
7	ANJU, 534	534	HISAR	<b>28.43</b>
	KANWALJEET KAUR, 538	538	KURUKSHETRA	<b>DQ</b>

**Event # 25 WOMENS 400m Run****FINALS****RESULTS OF FINALS**

1	RITIKA, 558	558	HISAR	<b>57.37</b>
2	PRACHI SHARMA, 555	555	FARIDABAD	<b>57.46</b>
3	DIVYA KUMARI, 551	551	PANIPAT	<b>57.52</b>
4	NISHU, 554	554	HISAR	<b>1:00.00</b>
5	PRIYA, 556	556	HISAR	<b>1:04.85</b>
6	ANJANA, 550	550	REWARI	<b>1:15.96</b>
7	MUSKAN, 553	553	BHIWANI	<b>1:23.06</b>
8	JAGRATI, 552	552	MAHENDERGARGH	<b>1:35.55</b>

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**KURUKSHETRA****Event # 26 WOMENS 800m Run****FINALS****RESULTS OF FINALS**

1	URVASHI, 572	572	JHAJJAR	2:12.06
2	TANNU DEVI, 800	800	JIND	2:14.33
3	MEENA KUMARI, 563	563	BHIWANI	2:19.57
4	CHHOTI DEVI, 561	561	HISAR	2:22.69
5	SHARMILA, 571	571	REWARI	2:30.51
6	RINKI, 567	567	HISAR	2:54.88
7	SAUMYA, 570	570	JHAJJAR	3:10.44
8	NISHA, 565	565	BHIWANI	3:13.84
9	SAPNA, 569	569	GURUGRAM	3:16.58
10	KANCHAN, 562	562	HISAR	3:28.05
11	POOJA, 566	566	HISAR	3:40.30
	AARTI, 560	560	JIND	DNF
	NIKITA, 564	564	MAHENDERGARGH	DNS
	SANTOSH KUMARI, 568	568	FATEHABAD	DNS

**Event # 27 WOMENS 1500m Run****FINALS****RESULTS OF FINALS**

1	REKHA, 578	578	PANIPAT	4:42.30
2	MUSKAN, 732	732	SONIPAT	4:43.24
3	SANTOSH KUMARI, 580	580	FATEHABAD	5:16.45
4	TAMANNA, 582	582	HISAR	6:42.59
5	NISHA, 576	576	BHIWANI	6:49.53
6	ANSHIKA, 574	574	KARNAL	7:11.34
7	SUMAN, 581	581	BHIWANI	7:13.99
8	POOJA, 577	577	HISAR	8:15.84
9	KOMAL, 575	575	KURUKSHETRA	8:25.55
10	AANCHAL, 573	573	KURUKSHETRA	8:34.43

**Event # 28 WOMENS 5000m Run****FINALS****RESULTS OF FINALS**

1	KIRAN, 586	586	SONIPAT	17:09.95
2	ANITA, 583	583	HISAR	17:29.17
3	LALITA, 588	588	SIRSA	18:24.15
4	REKHA, 595	595	PANIPAT	19:51.85
5	KOMAL, 587	587	JIND	20:59.65
6	ANJU, 584	584	HISAR	21:37.92
7	NISHA, 592	592	HISAR	21:39.32
8	SAKSHI, 596	596	HISAR	21:50.36
9	SKINA, 597	597	HISAR	22:02.52
10	KHUSHBU, 585	585	HISAR	22:39.98
11	MONIKA, 591	591	HISAR	22:48.32
12	MONIKA, 590	590	MAHENDERGARGH	22:50.64
13	MEENAKSHI, 589	589	PANIPAT	22:57.07
14	TINA, 598	598	HISAR	23:18.32

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**KURUKSHETRA****Event # 29 WOMENS 1000m Run****FINALS****RESULTS OF FINALS**

1	LALITA, 600	600	SIRSA	<b>38:12.88</b>
2	MANJU, 601	601	BHIWANI	<b>41:54.86</b>
3	ARADHANA PANDEY, 59	599	AMBALA	<b>42:52.28</b>
4	NEELAM, 602	602	JIND	<b>45:45.39</b>
5	PANKAJ, 760	760	BHIWANI	<b>46:50.99</b>

**Event # 30 WOMENS 300m Steeplechase****FINALS****RESULTS OF FINALS**

1	RAMAN DEVI, 627	627	KAITHAL	<b>13:18.00</b>
2	HARMAN, 622	622	SIRSA	<b>13:58.59</b>
3	SWEETY., 628	628	BHIWANI	<b>14:50.21</b>
4	PALAK, 626	626	HISAR	<b>15:06.54</b>
5	VANSHIKA, 629	629	KARNAL	<b>16:02.85</b>
6	NITIKA, 625	625	KARNAL	<b>18:00.74</b>

**Event # 31 WOMENS 100m Hurdles****FINALS****RESULTS OF FINALS**

1	BHATERI, 605	605	HISAR	<b>16.01</b>
2	PALLAVI, 612	612	BHIWANI	<b>17.04</b>
3	KOMAL, 608	608	HISAR	<b>17.30</b>
4	KHUSBHU, 607	607	HISAR	<b>17.64</b>
5	MONIKA, 611	611	CHARKI DADRI	<b>17.66</b>
6	SAKSHI, 613	613	HISAR	<b>20.88</b>
	MAMTA, 610	610	BHIWANI	<b>DQ</b>

**Event # 32 WOMENS 400m Hurdles****FINALS****RESULTS OF FINALS**

1	POONAM, 619	619	HISAR	<b>1:10.44</b>
2	SAKSHI, 620	620	HISAR	<b>1:16.65</b>
3	TAMANNA YADAV, 621	621	GURUGRAM	<b>1:18.28</b>
4	KOMAL, 617	617	FARIDABAD	<b>1:23.84</b>
5	MANJU, 618	618	HISAR	<b>1:25.66</b>

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**Event # 33 WOMENS High Jump****FINALS****RESULTS OF FINALS**

1	ANKITA, 633	633	BHIWANI	1.50m
2	MUSKAN, 637	637	KAITHAL	1.45m
3	SMRITI YADAV, 639	639	REWARI	1.30m
4	PRIYA, 638	638	JHAJJAR	1.25m
5	ANJALI, 632	632	HISAR	1.20m
5	JYOTI, 634	634	HISAR	1.20m
7	MONIKA, 636	636	HISAR	1.05m
	SUMAN RANI, 640	640	SONIPAT	NM
	MEGHA, 635	635	REWARI	DNS

**Event # 34 WOMENS Pole Vault****FINALS****RESULTS OF FINALS**

1	JYOTI, 641	641	SONIPAT	2.50m
2	PREETI, 723	723	SONIPAT	2.30m
3	AARTI, 700	700	JIND	2.00m
	SAKSHI, 643	643	HISAR	DNS
	MANJU, 642	642	HISAR	DNS

**Event # 35 WOMENS Long Jump****FINALS****RESULTS OF FINALS**

1	PARIKSHA, 648	648	FARIDABAD	5.96m
2	TANNU YADAV, 655	655	FARIDABAD	4.66m
3	MEGHA, 646	646	REWARI	4.52m
4	SHIWANI, 653	653	KARNAL	4.25m
5	PUSHPA, 650	650	HISAR	4.11m
6	SAPNA, 652	652	MAHENDERGARGH	4.09m
7	SONIA, 654	654	HISAR	3.20m
	MONIKA, 647	647	HISAR	NM
	GAGANDEEP KAUR, 645	645	YAMUNANAGAR	NM
	POOJA DEVI, 649	649	HISAR	DNS
	RITU YADAV, 651	651	JHAJJAR	DNS
	BHOOMI BHARDWAJ, 64	644	BHIWANI	DQ

**Event # 36 WOMENS Triple Jump****FINALS****RESULTS OF FINALS**

1	PARTIBHA, 657	657	JHAJJAR	11.76m
2	SHASHI, 659	659	BHIWANI	11.59m
3	TANNU YADAV, 660	660	FARIDABAD	10.80m
4	DEEPIKA, 656	656	PANIPAT	9.96m
	PRITI BHARDWAJ, 658	658	MAHENDERGARGH	NM

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**Event # 37 WOMENS Discus Throw**

FINALS

**RESULTS OF FINALS**

1	SWATI, 675	675	JIND	35.09m
2	NITAN RANI, 672	672	PANIPAT	29.06m
3	KRITI RAWAL, 669	669	PANIPAT	26.28m
4	NEHA, 671	671	MAHENDERGARGH	23.42m
5	ANJALI DUHAN, 668	668	HISAR	20.98m
6	BHARTI, 798	798	KARNAL	15.90m
	SANYA YADAV, 674	674	MAHENDERGARGH	DNS
	PRIYA, 673	673	BHIWANI	DQ
	MUSKAN RANA, 670	670	ROHTAK	DNS

**Event # 38 WOMENS Hammer Throw**

FINALS

**RESULTS OF FINALS**

1	ANITA, 677	677	JHAJJAR	55.85m
2	LALITA RANI, 681	681	JHAJJAR	54.39m
3	ANISHA DAHIYA, 701	701	SONIPAT	53.22m
4	AISHWARYA, 676	676	BHIWANI	49.09m
5	VITAL, 684	684	JHAJJAR	45.56m
6	KHYATI, 680	680	SIRSA	38.12m
7	MEGHA, 682	682	FARIDABAD	33.83m
8	SIMRAN, 702	702	SIRSA	28.90m
9	TAMANNA, 683	683	HISAR	13.94m
	DARSHANA, 678	678	HISAR	DNS
	DEEPTI DOROLIA, 679	679	PALWAL	DNS

**Event # 39 WOMENS Javelin Throw**

FINALS

**RESULTS OF FINALS**

1	JYOTI, 685	685	JHAJJAR	43.34m
2	SALONI, 775	775	KARNAL	40.77m
3	KHUSHI, 768	768	BHIWANI	29.10m
4	ISHA, 765	765	HISAR	27.82m
5	SHIWANI, 776	776	KARNAL	18.19m
6	POONAM, 767	767	HISAR	14.48m
	ANJALI, 769	769	KURUKSHETRA	NM

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**KURUKSHETRA****Event # 40 WOMENS Shot Put****FINALS****RESULTS OF FINALS**

1	YOGITA, 714	714	BHIWANI	<b>15.19m</b>
2	ANJALI, 715	715	BHIWANI	<b>14.57m</b>
3	MONIKA, 664	664	FARIDABAD	<b>13.38m</b>
4	BABLI, 724	724	ROHTAK	<b>10.50m</b>
5	GUNGUN, 662	662	PANIPAT	<b>7.79m</b>
6	KAMLESH, 663	663	REWARI	<b>7.40m</b>
7	SUMAN RANI, 667	667	PANIPAT	<b>6.72m</b>
8	NEELAM, 665	665	PANCHKULA	<b>6.65m</b>
9	SONIA, 666	666	HISAR	<b>5.67m</b>
10	BHAWNA, 661	661	HISAR	<b>5.60m</b>

**Event # 43 WOMENS 1000m Race Walk****FINALS****RESULTS OF FINALS**

1	NITIN, 756	756	HISAR	<b>59:22.29</b>
2	SHARMISHTHA, 758	758	JHAJJAR	<b>1:01:33.00</b>
3	KHUSDEEP KAUR, 754	754	FATEHABAD	<b>1:03:41.00</b>
4	PAYAL, 630	630	HISAR	<b>1:06:51.00</b>
5	KHUSBU YADAV, 755	755	YAMUNANAGAR	<b>1:13:04.00</b>
6	SHAGUN, 631	631	YAMUNANAGAR	<b>1:14:23.00</b>

**Event # 45 MENS Decathlon****FINALS****RESULTS OF FINALS**

1	KAMAL, 509	509	SONIPAT	<b>6670</b>
2	MANJEET SINGH, 510	510	FATEHABAD	<b>6057</b>
3	RAHUL, 513	513	BHIWANI	<b>5332</b>
4	RAJAT, 704	704	YAMUNANAGAR	<b>5213</b>
5	PRINCE LAMBA, 512	512	BHIWANI	<b>4898</b>
6	SUNIL, 514	514	GURUGRAM	<b>4443</b>
	AMAN SINGH, 504	504	GURUGRAM	
	MOHAN LAL, 511	511	ROHTAK	
	JATIN, 508	508	SONIPAT	
	HIMANSHU, 507	507	BHIWANI	
	BINTU KUMAR, 505	505	HISAR	
	DEEPAK KAPASIA, 506	506	FARIDABAD	

**Event # 56 WOMENS Heptathlon****FINALS****RESULTS OF FINALS**

1	RITIKA GAUR, 688	688	FARIDABAD	<b>3771</b>
2	SONIKA, 690	690	BHIWANI	<b>3665</b>
3	ANKUSH, 686	686	HISAR	<b>2514</b>
4	REENU, 687	687	HISAR	<b>1380</b>
	RITU, 689	689	HISAR	