

15th HARYANA STATE SENIOR ATHLETICS CHAMPIONSHIP-2025					
* KARAN STADIUM, KARNAL * 15th & 16th JULY 2025 *					
Event # 1 MENS 100m					
Final					
1	DHARMBIR DHARMBIR, 42	42	AHRM192244	ROHTAK	10.57
2	ROHIT, 74	74	AHRM104402	YAMUNANAGAR	10.59
3	SHAIKY, 85	85	AHRM162164	YAMUNANAGAR	10.75
4	SHIVAM VASHNAV, 86	86	ADLM128444	FARIDABAD	10.81
5	BHUPENDER NAYAK, 36	36		FARIDABAD	11.17
6	TANISH SHEORAN, 91	91	AHRM182376	KURUKSHETRA	11.24
7	LALIT KUMAR TUSHIR, 53	53		SONIPAT	11.28
8	AJAY, 21	21	AHRM154929	KARNAL	11.96
Heat 1					
1	49 KARAMJEET	49		Sirsa	12.78
2	33 ASHUTOSH DHINDSA	33		Kurukshetra	12.88
3	26 AMIT KUMAR SOROT	26		Faridabad	12.93
4	79 SAGAR	79		Yamunanagar	13.50
5	82 SAHIL SAINI	82		Gurugram	13.98
6	51 KESHAV KHURANA	51		Jhajjar	14.02
	89 SUYOG	89		Hisar	DNS
	29 ANSH RANA	29		Karnal	DNS
Heat 2					
1	74 ROHIT	74		Yamunanagar	10.73
2	73 ROBIN KHINCHI	73		Sonipat	11.29
3	31 ASHISH NAGAR	31		Faridabad	11.90
4	76 ROHIT	76		Panipat	11.93
5	22 AKSHAY	22		Hisar	12.60
6	92 TARUN KUMAR	92		Rewari	13.12
7	68 PARVINDER	68		Palwal	14.21
	81 SAHIL	81		Sirsa	DNS
Heat 3					
1	70 PRINCE CHHIKARA	70		Sonipat	11.53
2	80 SAHIL	80		Sonipat	11.61
3	52 KRISHAN	52		Sonipat	11.76
4	67 PARMOD KUMAR	67		Panipat	14.42
5	55 MANJEET	55		Rewari	15.39
	47 KAPIL	47		Panipat	DNS
	40 CHIRAG	40		Rohtak	DNS
	98 YOGENDER	98		Panipat	DNS
Heat 4					
1	86 SHIVAM VASHNAV	86		Faridabad	10.91
2	59 MITUL	59		Fatehabad	11.67
3	71 RAHUL SHEORAN	71		Kurukshetra	12.59
4	18 AAKASH	18		Panipat	12.66
5	23 AMAN KUMAR	23		Yamunanagar	13.33
6	50 KESHAV	50		Yamunanagar	13.74
7	20 AARYAN	20		Karnal	16.89
	64 NITIN	64		Karnal	DNS
Heat 5					
1	37 BINTU	37		Faridabad	11.24
2	44 GAURAV	44		Faridabad	11.29
3	87 SHUBHAM	87		Yamunanagar	11.96
4	84 SARVJEET CHOUHAN	84		Yamunanagar	12.81
5	24 AMAN KUMAR	24		Fatehabad	12.98
6	54 MANISH	54		Hisar	13.31
	28 ANKIT	28		Hisar	DNS
Heat 6					
1	42 DHARMBIR DHARMBIR	42		Rohtak	10.94
2	91 TANISH SHEORAN	91		Kurukshetra	11.18
3	97 VIRENDER MACHRA	97		Fatehabad	11.32
4	96 VEERINDER SINGH	96		Sirsa	11.55
5	57 MANMOHIT	57		Mahendergargh	12.80
6	66 PANKAJ	66		Kaithal	12.88
	69 PRASHANT	69		Gurugram	DNS
Heat 7					
1	62 MOHIT KUMAR CHAUDHAR	62		Rohtak	11.91
2	58 MASTU	58		Hisar	11.93
3	30 ANUJ KUMAR	30		Ambala	12.54
4	83 SANJAY	83		Fatehabad	13.13
5	43 GAURAV	43		Hisar	15.85

		56 MANJEET TOMAR	56		Faridabad	DNS
		39 CHETAN BRAR	39		Yamunanagar	DNS
		Heat 8				
1		85 SHAIKY	85		Yamunanagar	11.07
2		32 ASHISH THAKUR	32		Rohtak	11.24
3		72 RAJA BABU	72		Faridabad	11.44
4		93 TARUNDEEP SINGH	93		Kurukshetra	12.77
5		75 ROHIT	75		Mahendergargh	15.32
6		27 ANIL KUMAR	27		Karnal	16.82
		65 NITIN CHOUHAN	65		Karnal	DNS
		Heat 9				
1		36 BHUPENDER NAYAK	36		Faridabad	11.17
2		94 UMESH DAS	94		Faridabad	11.41
3		45 HARSH SINGH	45		Kurukshetra	11.81
4		88 SHUBHAM	88		Sonipat	11.98
5		90 SWARAJ NARAYAN SAINI	90		Ambala	13.16
6		78 RONIT	78		Palwal	14.67
7		48 KAPIL MAHLA	48		Bhiwani	15.14
		Heat 10				
1		46 JAI PRAKASH	46		Charki Dadri	11.57
2		25 AMIT GAUTAM	25		Palwal	11.72
3		60 MOHIT KAUSHIK	60		Sonipat	12.40
4		77 ROHIT KUMAR	77		Mahendergargh	12.49
5		41 DEEPANSHU	41		Gurugram	12.70
		38 BRIJESH	38		Kaithal	DNS
		63 MOHIT NIRBAN	63		Bhiwani	DNS
		Heat 11				
1		21 AJAY	21		Karnal	11.12
2		53 LALIT KUMAR TUSHIR	53		Sonipat	11.12
3		61 MOHIT KUMAR	61		Kurukshetra	12.11
4		95 VANSI WADHWA	95		Sonipat	12.72
5		35 BHAVISH	35		Jhajjar	13.88
		19 AAKASH DHANKHAR	19		Sonipat	DNS
		34 ATUL CHHOKER	34		Panipat	DNS
		Heat 12				
1		784 MOHIT BARALA	784		Rohtak	11.24
2		785 DEEPAK CHAUDHARY	785		Rohtak	11.36
3		783 AMIT KUMAR	783		Karnal	12.23
		Event # 2 MENS 200m				
		Final				
1		SHUBHAM, 197	197	AHRM167995	HISAR	21.43
2		DHARMBIR DHARMBIR, 168	168	AHRM192244	ROHTAK	21.48
3		RAJA BABU, 72	72	ADLM106325	FARIDABAD	21.76
4		ROHIT, 188	188	AHRM104402	YAMUNANAGAR	21.77
5		ANKIT, 160	160	AHRM127363	KAITHAL	22.19
6		JANGSHER SINGH, 175	175	AHRM169976	SIRSA	22.25
7		ANAND KUMAR BANSALA, 159	159	AHRM141448	PALWAL	22.48
8		SHIVAM VASHNAV, 194	194	ADLM128444	FARIDABAD	23.70
		Heat 1				
1		160 ANKIT	160		Kaithal	21.94
2		159 ANAND KUMAR BANSALA	159		Palwal	22.26
3		157 AJAY	157		Karnal	22.52
4		173 HARSH SINGH	173		Kurukshetra	23.73
5		172 GOVIND	172		Fatehabad	24.32
6		186 RESHAV	186		Panipat	24.43
7		185 RAKSHIT	185		Gurugram	24.66
8		166 DEEPANSHU	166		Gurugram	25.39
		Heat 2				
1		197 SHUBHAM	197		Hisar	21.61
2		168 DHARMBIR DHARMBIR	168		Rohtak	22.45
3		176 KAILASH SINGH	176		Rohtak	22.62
4		164 BINTU	164		Faridabad	22.99
5		196 SHUBHAM	196		Bhiwani	23.40
6		165 CHIRAG	165		Rohtak	35.01
		180 MOHIT KUMAR	180		Sonipat	DNF
		189 RONIT	189		Palwal	DNS

		Heat 3				
1	175	JANGSHER SINGH	175		Sirsa	22.33
2	163	BHUPENDER NAYAK	163		Faridabad	22.58
3	202	VIKASH KUMAR	202		Charki Dadri	22.84
4	200	VIJAY	200		Sonipat	23.52
5	191	SAHIL	191		Sonipat	23.58
		198 TARUN CHAUHAN	198		Panipat	DNS
		190 SACHIN PILWAN	190		Faridabad	DNS
		184 RAHUL SIWACH	184		Fatehabad	DNS
		Heat 4				
1	158	AMIY	158		Bhiwani	22.98
2	167	DEV	167		Jhajjar	23.28
3	177	KAPIL	177		Panipat	23.44
4	162	BHAVISHYA CHANDILA	162		Faridabad	23.93
5	195	SHUBH	195		Sonipat	27.04
6	201	VIKARAM	201		Mahendergargh	28.39
7	169	DINESH	169		Mahendergargh	29.54
		174 HIMANSHU	174		Mahendergargh	DNS
		Heat 5				
1	245	JAINABAJ	245		Faridabad	22.77
2	183	PRINCE CHHIKARA	183		Sonipat	23.55
3	179	MITUL	179		Fatehabad	24.01
4	187	ROHIT	187		Panipat	24.07
5	161	ANKIT	161		Karnal	25.33
6	181	NAMAN KHANCHI	181		Panipat	26.07
7	193	SARVJEET CHOUHAN	193		Yamunanagar	28.99
8	192	SAHIL KUMAR	192		Bhiwani	29.22
		Heat 6				
1	72	RAJA BABU	72		Faridabad	21.77
2	188	ROHIT	188		Yamunanagar	21.85
3	194	SHIVAM VASHNAV	194		Faridabad	22.20
4	171	GOURAV	171		Fatehabad	22.45
5	170	GAURAV	170		Faridabad	23.00
6	182	PRATEEK RAO	182		Rewari	23.32
		199 TARUN KUMAR	199		Rewari	DNS
		178 MANJEET KUMAR	178		Sonipat	DNS
		Heat 7				
1	815	VIRENDER MACHRA	815		Fatehabad	22.91
2	813	ANKUSH	813		Fatehabad	23.27
3	821	RAVI	821		Hisar	24.56
4	814	MAYANK	814		Panipat	28.02
5	822	VASUDEV	822		Mahendergargh	28.77
6	820	ARYAN	820		Bhiwani	30.15
		Event # 3 MENS 400m				
		Final				
1		VIKRANT PANCHAL, 291	291	AHRM101332	FARIDABAD	46.31
2		HARSH KUMAR, 240	240	AHRM102281	REWARI	46.92
3		MOHIT KUMAR, 251	251	AHRM140554	SONIPAT	47.07
4		ASHISH PHOGAT, 227	227	AHRM107405	CHARKI DADRI	47.10
5		KAPIL RAIKA, 248	248	AHEM127921	SONIPAT	47.99
6		ANAND KUMAR BANSALA, 223	223	AHRM141448	PALWAL	48.27
7		CHIRAG CHAHAR, 233	233	AHRM168437	JHAJJAR	48.39
8		RAHUL SIWACH, 264	264	AHRM124105	FATEHABAD	48.46
		Heat 1				
1		269 REHAN	269		Jhajjar	48.65
2		246 JATIN	246		Sonipat	49.48
3		221 AJAY KHAN	221		Faridabad	50.15
4		231 BHAVISHYA	231		Gurugram	51.72
5		242 HIMANSHU	242		Jind	51.86
6		235 DHRUV	235		Faridabad	52.74
7		266 RAKSHIT	266		Gurugram	56.23
8		289 VASUDEV	289		Mahendergargh	1:07.01
		Heat 2				
1		223 ANAND KUMAR BANSALA	223		Palwal	48.44
2		267 RAMAN DAGAR	267		Sonipat	48.98
3		262 PRINCE LAMBA	262		Bhiwani	50.57
4		234 DEEPANSHU	234		Sonipat	50.77
5		256 NITIN	256		Sonipat	57.19
6		258 PARDEEP	258		Hisar	1:01.81

		222 AMAN	222		Karnal	DNS
		279 SONU	279		Palwal	DNS
		Heat 3				
1		240 HARSH KUMAR	240		Rewari	47.79
2		237 GULSHAN	237		Kurukshetra	48.50
3		254 NAVISH	254		Jind	49.65
4		288 VASHITVA SHANDILYA	288		Faridabad	51.38
5		255 NIKHIL DANDYAAN	255		Kurukshetra	54.62
6		275 SAGAR YADAV	275		Faridabad	55.66
7		243 HITESH	243		Sonipat	56.42
		230 BALJEET BURA	230		Hisar	DNS
		Heat 4				
1		219 ABHISHEK	219		Fatehabad	48.81
2		238 HARIOM	238		Faridabad	49.40
3		220 ADARSH	220		Faridabad	49.89
4		253 NATIN	253		Rohtak	50.36
5		244 ISHANT	244		Charki Dadri	54.03
6		218 AASHISH KUMAR	218		Hisar	1:08.83
7		232 BHUPENDER SINGH	232		Karnal	1:14.68
		225 ANKUSH	225		Rohtak	DNS
		Heat 5				
1		278 SAWAN RATHEE	278		Rohtak	48.63
2		224 ANISH KUMAR	224		Bhiwani	49.25
3		274 SACHIN PILWAN	274		Faridabad	49.52
4		272 RUDRA PARTAP	272		Karnal	50.87
5		273 SACHIN	273		Panipat	52.12
6		287 TAVISH MANN	287		Jind	59.09
		277 SANDEEP	277		Hisar	DQ
		Heat 6				
1		248 KAPIL RAIKA	248		Sonipat	48.18
2		252 MOHIT KUMAR	252		Hisar	49.48
3		245 JAINABAJ	245		Faridabad	49.76
4		247 JATIN KUMAR	247		Karnal	52.50
5		257 PARAM NEHRA	257		Gurugram	53.66
6		283 SUKHVINDER SINGH	283		Fatehabad	1:18.33
		228 ATUL	228		Karnal	DNS
		Heat 7				
1		227 ASHISH PHOGAT	227		Charki Dadri	48.21
2		226 ARMAN	226		Jind	56.64
3		285 SUNIL KUMAR	285		Karnal	59.85
4		270 ROHIT	270		Jind	1:01.65
5		265 RAJNESH	265		Mahendergargh	1:02.29
6		250 MANMINDER SINGH	250		Fatehabad	1:07.78
		236 GOURAV	236		Kurukshetra	DNS
		Heat 8				
1		291 VIKRANT PANCHAL	291		Faridabad	46.86
2		264 RAHUL SIWACH	264		Fatehabad	48.30
3		233 CHIRAG CHAHAR	233		Jhajjar	48.38
4		239 HARMAN	239		Fatehabad	1:09.87
		263 RAHUL	263		Fatehabad	DNS
		229 ATUL KUMAR	229		Rewari	DNS
		280 SUDHAKAR	280		Gurugram	DNS
		Heat 9				
1		251 MOHIT KUMAR	251		Sonipat	48.01
2		261 PRATEEK RAO	261		Rewari	50.38
3		282 SUKHCHAIN SINGH	282		Sirsa	50.58
4		281 SUKHBIR	281		Bhiwani	50.63
		268 RANJEET SINGH RANA	268		Yamunanagar	DQ
		259 PRASHANT	259		Gurugram	DQ
		290 VIJAY	290		Sonipat	DNS
		Heat 10				
1		260 PRASHANT	260		Faridabad	49.95
2		284 SUMIT CHAHAL	284		Jind	50.22
3		249 KUNAL	249		Jhajjar	51.86
4		276 SAHIL	276		Rewari	54.25
5		241 HARSH SHARMA	241		Karnal	57.45
		286 SURJIT SINGH	286		Fatehabad	DQ
		271 RONIT	271		Palwal	DNF

		Heat 11				
1	780 NIKHIL	780			Rohtak	50.84
2	778 SAHIL	778			Mahendergargh	1:00.19
3	781 ANSHU	781			Bhiwani	1:07.39
	Event # 4 MENS 800m					
	Final					
1	SANKET, 393	393	AHRM189881		JHAJJAR	1:51.45
2	JATIN, 369	369	ARHM168274		JHAJJAR	1:51.79
3	SAIM KAMBOJ, 389	389			KAITHAL	1:52.16
4	SOHIT, 394	394	AHRM162144		JIND	1:52.46
5	KRISHAN, 372	372	AHRM190389		JHAJJAR	1:52.93
6	AMAN KUMAR, 358	358	AHRM210383		SONIPAT	1:53.20
7	ASHISH, 363	363	AHRM232760		HISAR	1:53.89
	DEEPAK, 795	795			HISAR	DNS
	Heats					
1	SANKET, 393	393	AHRM189881		JHAJJAR	1:52.34
2	SOHIT, 394	394	AHRM162144		JIND	1:52.78
3	AMAN KUMAR, 358	358	AHRM210383		SONIPAT	1:52.82
4	JATIN, 369	369	ARHM168274		JHAJJAR	1:52.95
5	KRISHAN, 372	372	AHRM190389		JHAJJAR	1:53.12
6	SAIM KAMBOJ, 389	389			KAITHAL	1:53.20
7	DEEPAK, 795	795			HISAR	1:54.02
8	ASHISH, 363	363	AHRM232760		HISAR	1:54.40
9	SUNIL KUMAR, 397	397	AHRM155493		FATEHABAD	1:54.73
10	NITIN, 383	383	AHRM169977		YAMUNANAGAR	1:55.05
11	HITESH, 368	368	AHRM162673		HISAR	1:55.19
12	SACHIN, 387	387	AHRM197321		JIND	1:55.19
13	PRINCE, 384	384	AHRM168622		JHAJJAR	1:55.66
14	VISHAL, 794	794			BHIWANI	1:56.31
15	NAITIK MUDGAL, 377	377			SONIPAT	1:57.38
16	HARSH, 365	365	AHRM126633		JHAJJAR	1:58.04
17	ARJUN, 361	361	AHRM196051		PANIPAT	1:58.10
18	NIKHIL, 380	380	AHRM231459		ROHTAK	1:58.61
19	NEERAJ, 378	378			ROHTAK	1:59.44
20	ANIL KUMAR, 359	359	AHRM184528		MAHENDERGARGH	1:59.59
21	ASHISH, 362	362			JIND	2:01.33
22	SAMEER, 390	390	AHRM234174		SONIPAT	2:01.46
23	NIKHIL CHAHAL, 381	381	AHRM191388		PANIPAT	2:02.54
24	SAGAR SAINI, 388	388	AHRM223166		FARIDABAD	2:06.01
25	ABHISHEK, 357	357	AHRM197321		KAITHAL	2:07.85
26	MUNISH, 376	376			PANIPAT	2:08.91
26	NITIN, 382	382			ROHTAK	2:10.12
27	SOURAV, 396	396			HISAR	2:10.12
29	ROHIT, 385	385			JHAJJAR	2:11.57
30	DIMPLE SAINI, 364	364	AHRM235959		HISAR	2:13.89
31	NAVEEN, 797	797			HISAR	2:16.17
32	KAPIL, 370	370			SONIPAT	2:17.26
33	YATHARTH, 400	400			SONIPAT	2:17.50
34	VIVEK, 399	399			PALWAL	2:23.08
35	SURAJ, 398	398			PANIPAT	2:28.21
36	ANMOL, 360	360			KARNAL	2:29.34
37	MOHIT, 375	375			REWARI	2:29.82
38	KASHISH, 371	371			YAMUNANAGAR	2:35.18
39	HITESH, 367	367			REWARI	2:35.25
40	HARSHIT KASHYAP, 366	366			YAMUNANAGAR	2:43.06
41	SANDEEP, 392	392			HISAR	2:52.94
42	SAMEER KHAN, 391	391			YAMUNANAGAR	2:59.96
	ROHIT SWAMI, 386	386			ROHTAK	DNF
	MOHIT, 374	374			PANIPAT	DNF
	KULNEER, 373	373	AHRM154981		KARNAL	DNF
	SONU, 395	395	AHRM228626		ROHTAK	DNF
	NEERAJ, 379	379			HISAR	DNS
	Event # 5 MENS 1500m					
	Final					
1	AMIT KUMAR, 113	113	AHRM160664		REWARI	3:47.77
2	NARENDER, 773	773			BHIWANI	3:48.78
3	RAMIKESH, 129	129	AHRM172668		ROHTAK	3:49.65
4	DEEPAK KUMAR, 115	115	AHRM146742		HISAR	3:50.18

5	NAVDEEP, 123	123	AHRM111754	JIND	3:51.01
6	VIKASH, 141	141	AHRM126314	HISAR	3:51.75
7	SURENDER, 138	138	AHRM109899	JIND	3:52.24
8	VISHAL, 143	143	AHRM126111	BHIWANI	3:52.38
9	AKSHAY RATHEE, 111	111	AHRM214710	ROHTAK	3:53.98
10	HITESH, 118	118	AHRM162673	HISAR	3:53.99
11	ANKIT MALIK, 114	114	AHRM118566	SONIPAT	3:54.33
12	ANKITA, 716	716	AHRF106299	BHIWANI	3:55.45
13	YOGESH, 146	146		HISAR	4:00.47
14	ISHU, 119	119		GURUGRAM	4:03.55
15	HARSH, 117	117		GURUGRAM	4:04.56
16	KRISHAN, 120	120		JIND	4:12.22
17	NISHANT, 124	124	AHRM170290	PANIPAT	4:16.82
18	SANJEEV, 133	133	AHRM235527	PANIPAT	4:16.90
19	SONU, 135	135	AHRM160715	JIND	4:18.14
20	PUSHPINDER, 128	128		PANCHKULA	4:18.52
21	KUNAL, 774	774		KARNAL	4:19.23
22	AMAN, 112	112		JIND	4:29.05
23	GOVIND, 116	116		BHIWANI	4:32.44
24	YOGESH, 145	145		BHIWANI	4:42.34
25	VIRENDER SINGH, 142	142		BHIWANI	4:51.50
26	RAVIKANT, 130	130		JIND	4:54.99
27	PARMJEET, 125	125		HISAR	4:55.59
28	YASH JAGWAL, 144	144		YAMUNANAGAR	5:02.01
29	PRITAM, 127	127		ROHTAK	5:02.39
30	MUNAVVAR, 122	122		YAMUNANAGAR	5:05.40
	TANISH, 139	139		HISAR	DNS
	VIJAY, 140	140	AHRM186680	KARNAL	DNS
	SURAJ, 137	137	AHRM231194	PANIPAT	DNS
	SONU KUMAR, 136	136	AHRM118548	SONIPAT	DNS
	AJAY, 110	110		BHIWANI	DNS
	SHUBHAM, 134	134		FATEHABAD	DNS
	SAHIL, 132	132		PANIPAT	DNS
	RISHABH, 131	131	AHRM104235	PALWAL	DNS
	LAKSHAY KUMAR, 121	121		HISAR	DNS
	PRASHANT, 126	126		BHIWANI	DNS
	AAYUS, 109	109	AHRM231230	ROHTAK	DNS
Event # 6 MENS 5000m					
Final					
1	AAVKASH, 311	311	AHRM169471	SONIPAT	14:10.55
2	RAHUL, 337	337	AHRM168308	JHAJJAR	14:13.24
3	VINAY, 354	354		SONIPAT	14:14.52
4	PARVEEN KUMAR, 801	801		FATEHABAD	14:15.84
5	KARMVEER YADAV, 329	329	AHRM138700	MAHENDERGARGH	14:40.53
6	BITTU, 323	323	AHRM184725	JIND	14:48.00
7	RAHUL, 336	336	AHRM168030	SONIPAT	14:57.70
8	ANKIT, 318	318	AHRM194080	SONIPAT	15:00.34
9	SOURABH, 346	346	AHRM152543	KARNAL	15:01.63
10	SURENDER, 349	349	AHRM109899	JIND	15:02.50
11	RAVI BUMBAK, 339	339	AHRM194940	KURUKSHETRA	15:42.01
12	KHWAISH, 330	330		JHAJJAR	16:26.65
13	CHARAN SINGH, 324	324		KAITHAL	17:02.74
14	SAWAN KUMAR, 342	342	AHRM169509	HISAR	17:28.96
15	SURAJ, 802	802		PANIPAT	17:36.68
16	ASHISH, 321	321		MAHENDERGARGH	18:08.34
17	SHARVAN KUMAR, 344	344		HISAR	18:22.80
18	ABHISHEK, 312	312		YAMUNANAGAR	19:11.32
19	VIRENDER SINGH, 356	356		BHIWANI	20:02.98
20	SUKHBIR, 347	347		KARNAL	20:07.60
21	AMIT, 317	317		YAMUNANAGAR	20:08.24
22	TARUN, 350	350		AMBALA	20:10.49
23	SANJAY KUMAR, 341	341		MAHENDERGARGH	20:10.71
24	UMESH DAHIYA, 352	352		SONIPAT	20:22.88
Event # 7 MENS 10000m					
Final					
1	AJAY, 1	1	AHRM103047	JHAJJAR	30:41.51
2	MANOJ KUMAR, 8	8	AHRM103164	PANIPAT	30:41.53
3	AKSHAY, 2	2	AHRM170097	SONIPAT	31:21.27

4	GURPREET, 6	6	AHRM108975	KARNAL	32:02.46
5	SARJEET, 13	13	AHRM159330	MAHENDERGARGH	32:41.41
6	SANDEEP, 12	12		HISAR	33:26.67
7	VIPIN SINGH, 16	16	AHRM125274	PANIPAT	34:33.73
8	RAM, 9	9		JHAJJAR	38:09.21
9	VIRENDER SINGH, 17	17		KURUKSHETRA	40:24.46
10	ANIL, 3	3	AHRM228519	MAHENDERGARGH	41:28.31
11	GULSHER KHAN, 5	5		YAMUNANAGAR	41:29.67
12	JATIN CHOUDHARY, 7	7		MAHENDERGARGH	46:16.97
	SACHIN, 11	11	AHRM191739	SONIPAT	DNF
	SOMIT, 14	14		HISAR	DNF
	SONU KUMAR, 15	15	AHRM118548	SONIPAT	DNF
	DEVESH YADAV, 4	4	AHRM148534	REWARI	DNF
	SAHIL, 770	770		HISAR	DNF
	SACHIN, 10	10		MAHENDERGARGH	DNF
Event # 8 MENS 3000m Steeplechase					
Final					
1	NISHANT, 211	211	AHRM129484	HISAR	8:53.70
2	BALKISHAN, 207	207	AHRM108616	BHIWANI	8:54.93
3	RITESH KUMAR, 215	215	AHRM158073	SONIPAT	8:57.60
4	DHARMENDER, 209	209	AHRM129615	JHAJJAR	9:03.46
5	VIKASH, 217	217	AHRM209416	HISAR	9:03.53
6	PARVEEN KUMAR, 212	212	AHRM214128	FATEHABAD	9:08.80
7	RAHUL, 214	214	AHRM158741	HISAR	9:14.52
8	PARVEEN KUMAR, 213	213	AHRM159831	JHAJJAR	9:32.09
9	AMAN KUMAR, 203	203		MAHENDERGARGH	10:24.44
10	SUMIT KUMAR, 216	216		KAITHAL	11:12.61
11	AMIT KUMAR, 204	204		YAMUNANAGAR	11:16.62
	GOURAV, 210	210	AHRM178420	ROHTAK	DNF
	ARYAN, 205	205	AHRM113496	KARNAL	DNF
	PRAVEEN, 796	796		MAHENDERGARGH	DNF
	BANTI, 208	208		BHIWANI	DNF
	ASHISH, 206	206		BHIWANI	DNF
Event # 9 MENS 110m Hurdles					
Final					
1	ABHISHEK, 99	99	AHRM123780	GURUGRAM	15.40
2	BHIM SINGH, 102	102	AHRM214815	CHARKI DADRI	15.50
3	SONU, 106	106	AHRM168107	HISAR	15.54
4	AJAY, 101	101		HISAR	15.98
5	SUNIL KUNDU, 107	107		ROHTAK	16.86
6	LALIT KUMAR, 104	104		HISAR	18.00
7	HARSHIT KUMAR, 103	103		MAHENDERGARGH	25.51
8	YOGESH, 108	108	AHRM162124	FATEHABAD	36.81
	ABHASS, 828	828		JIND	DNF
Event # 10 MENS 400m Hurdles					
Final					
1	HARENDER, 295	295	AHRM127047	BHIWANI	53.99
2	AMIT, 292	292	AHRM105517	JIND	54.13
3	JASHAN SINGH, 831	831		PANCHKULA	54.21
4	ANKIT, 293	293	AHRM127187	HISAR	54.84
5	SUBHAM, 307	307	AHRM113557	FATEHABAD	55.94
6	HIMANSHU, 297	297	AHRM201368	JIND	55.96
7	TUSHAR, 309	309		JHAJJAR	56.35
8	PAWAN, 301	301	AHRM159491	BHIWANI	56.74
9	VIKASH, 310	310	AHRM125208	BHIWANI	56.76
10	RAVI, 303	303	AHRM103626	JHAJJAR	56.92
11	SHIV DARSHAN, 304	304	AHRM118050	SONIPAT	56.99
12	JATIN, 298	298	AHRM117894	SONIPAT	58.61
13	SUNIL KUNDU, 308	308		ROHTAK	1:00.41
14	ARMAN, 294	294		JIND	1:04.23
15	SHUBHAM, 306	306		PANIPAT	1:06.68
16	PRIYANSHU, 302	302		MAHENDERGARGH	1:16.84
17	GULSHAN KUMAR, 833	833		AMBALA	1:17.64
18	HARSH, 832	832		AMBALA	1:23.71
19	KARAN SINGH, 299	299		MAHENDERGARGH	1:27.02

Event # 11 MENS High Jump					
Final					
1	SHIV BHAGWAN, 470	470	AHRM124441	BHIWANI	2.06m
2	AKASH, 462	462	AHRM107149	PANIPAT	2.03m
3	BIJENDER, 771	771		SONIPAT	2.00m
4	DEEPANSHU, 464	464	AHRM105650	SONIPAT	1.95m
4	NITIN, 467	467	AHRM124060	SONIPAT	1.95m
6	MANDEEP NAIN, 466	466	AHRM103869	PANIPAT	1.90m
7	SAKSHAM, 469	469	AHRM178489	JIND	1.85m
8	VINAY, 472	472	AHRM129098	ROHTAK	1.85m
9	VINIT, 473	473	AHRM218911	FATEHABAD	1.85m
10	AARYAMAN, 461	461	AHRM170487	ROHTAK	1.85m
11	AKASH, 463	463	AHRM160673	BHIWANI	1.85m
12	YASH, 474	474	AHRM161271	YAMUNANAGAR	1.80m
13	SUNNY, 471	471	AHRM162473	YAMUNANAGAR	1.80m
	PIYUSH SINGH PANWAR, 468	468		BHIWANI	DNS
	GAURAV, 465	465		GURUGRAM	NM
Event # 12 MENS Pole Vault					
Final					
1	NITIN, 543	543	AHRM168294	BHIWANI	4.70m
2	GOURAV, 541	541	AHRM103778	JHAJJAR	4.50m
3	PARMOD, 544	544		HISAR	4.40m
	DINESH DALAL, 540	540	AHRM158916	HISAR	NM
	ANOOP, 539	539	AHRM226286	HISAR	DNS
	KAPIL CHAUHAN, 542	542	AHRM196438	BHIWANI	NM
	TANUJ KUMAR, 545	545	AHRM	BHIWANI	DNS
	UTTAM, 546	546	AHRM108003	BHIWANI	NM
Event # 13 MENS Long Jump					
Final					
1	AVINASH KUMAR, 521	521	AHRM107502	REWARI	7.50m
2	BHUPENDER SINGH, 825	825		HISAR	7.25m
3	MAAN SINGH BHADANA, 527	527	AHRM190632	FARIDABAD	6.80m
4	HARINARAYAN, 524	524		PANIPAT	6.55m
5	TUSHAR, 538	538	AHRM199474	PALWAL	6.50m
6	SOURABH KUMAR, 809	809		HISAR	6.40m
7	INSHU CHAUDHARY, 525	525	AHRM200843	KARNAL	6.40m
8	ANSH, 519	519	AHRM187405	KURUKSHETRA	6.19m
9	RITESH, 826	826		HISAR	6.00m
10	RAKESH KUMAR, 530	530		YAMUNANAGAR	5.97m
11	KUNAL BHADANA, 526	526	AHRM230854	FARIDABAD	5.85m
12	ASHU, 520	520		FARIDABAD	5.39m
13	NAMAN, 810	810		JIND	5.15m
14	GORAV, 818	818		KARNAL	4.75m
15	RAJAN SHARMA, 817	817		KARNAL	4.50m
	SAGAR KUMAR, 534	534		KURUKSHETRA	NM
	DEEPAK, 522	522		HISAR	NM
	SAMIT, 535	535		CHARKI DADRI	NM
	ROHIT, 532	532		KAITHAL	NM
	RAGHVENDER TANWAR, 529	529		BHIWANI	NM
	NARENDER, 528	528	AHRM158933	BHIWANI	NM
	GAURAV, 523	523		FARIDABAD	NM
	AKSHAY, 518	518		HISAR	DNS
	SIKANDER, 537	537	AHRM222812	BHIWANI	NM
Event # 14 MENS Triple Jump					
Final					
1	ABHISHEK SINGH TANWA, 561	561	AHRM150623	PANIPAT	14.93m
2	TARUN CHAUHAN, 576	576		PANIPAT	14.86m
3	SANDEEP KUMAR, 573	573	AHRM103303	KARNAL	14.57m
4	VISHAL MOR, 578	578	AHRM101131	HISAR	14.53m
5	NITIN, 569	569		JIND	14.43m
6	MANGERAM, 568	568	AHRM169295	SIRSA	14.28m
7	TUSHAR, 577	577	AHRM157553	JHAJJAR	14.20m
8	ANKUSH, 563	563	AHRM190089	JHAJJAR	14.02m
9	AJAY, 562	562		ROHTAK	13.85m
10	PANKAJ VERMA, 571	571	AHRM108554	BHIWANI	13.78m
11	SIKANDER, 574	574	AHRM222812	BHIWANI	13.47m
12	ISHU, 566	566		JIND	13.41m

	PIYUSH SINGH PANWAR, 572	572		PANIPAT	NM
	TANUJ MANN, 575	575	AHRM166041	FARIDABAD	NM
	MAAN SINGH BHADANA, 567	567	AHRM190632	FARIDABAD	DNS
	HARSH, 565	565		BHIWANI	DNS
	GAURAV, 564	564		FARIDABAD	DNS
	NITIN, 570	570	AHRM124060	SONIPAT	DNS
Event # 15 MENS Discus Throw					
Final					
1	NIRBHAY SINGH, 422	422	AHRM108851	BHIWANI	54.65m
2	UJJAWAL CHOUDHARY, 443	443	AUPM181567	HISAR	52.22m
3	PRINCE, 426	426	AHRM105356	PANIPAT	51.72m
4	PRATEEK MAAN, 425	425	AHRM123225	SONIPAT	50.22m
5	ANIL KUMAR, 419	419	AHRM129529	KARNAL	50.11m
6	RITIK, 431	431	AHRM129261	ROHTAK	49.78m
7	VAIBHAV, 444	444		AMBALA	48.68m
8	AJAY KUMAR, 417	417	AHEM209632	BHIWANI	48.63m
9	AMIT KUMAR, 819	819		KARNAL	48.41m
10	SACHIN SUHAG, 434	434	AHRM118312	JHAJJAR	48.01m
11	SACHIN, 433	433		ROHTAK	47.94m
12	RISHABH, 430	430	AHRM127054	CHARKI DADRI	47.64m
13	RAMAN, 428	428	AHRM124374	BHIWANI	46.50m
14	SAURABH, 439	439	AHRM110289	PANIPAT	46.09m
15	RAVINDER, 429	429	AHRM108289	BHIWANI	45.85m
16	SATYWAN, 438	438	AHRM109219	BHIWANI	45.79m
17	SAHIL D., 806	806		KARNAL	44.57m
18	TANISHQ SHEORAN, 442	442	AHRM181161	FATEHABAD	43.74m
	DEEPAK KUMAR, 420	420		HISAR	DNS
	NISHAN RATHEE, 423	423		PANCHKULA	NM
	SAHIL, 435	435	AHRM152672	JHAJJAR	NM
	YOGESH, 445	445		HISAR	NM
	SAHIL CHECHI, 436	436	AHRM106385	JIND	NM
	RAGHAV, 427	427		JIND	NM
	SANJAY, 437	437		JIND	NM
	ROBIN MEHLA, 432	432		KARNAL	NM
	HITESH, 421	421		SONIPAT	NM
	SONU, 440	440		HISAR	DNS
	AKSHAY KUMAR, 418	418	AHRM191166	JHAJJAR	NM
	SUMIT KUMAR, 441	441	AHRM163658	BHIWANI	NM
	ADITYA, 416	416		SONIPAT	NM
	PARMENDER SANGWAN, 424	424	AHRM110352	BHIWANI	NM
Event # 16 MENS Hammer Throw					
Final					
1	NITIN MALIK, 458	458		HISAR	67.35m
2	ASHISH JAKHAR, 449	449	AHRM101441	JHAJJAR	67.07m
3	GAURAV, 452	452	AHRM109563	SONIPAT	64.45m
4	NAVEEN YADAV, 456	456		BHIWANI	61.82m
5	CHAND HOODA, 450	450	AHRM133284	JIND	60.83m
6	HIMANSHU, 454	454	AHRM104513	ROHTAK	60.61m
7	SANDEEP, 459	459		HISAR	57.30m
8	HARSH, 453	453	AHRM121766	CHARKI DADRI	56.37m
9	NARESH KUMAR, 455	455	AHRM124198	BHIWANI	56.04m
10	DUPINDER SINGH, 451	451		FATEHABAD	52.62m
	AMIT PUNDIR, 447	447	AUPM182361	YAMUNANAGAR	NM
	AKASH SINGH, 446	446	AHRM142681	BHIWANI	NM
	ANKUSH, 448	448		PANIPAT	DNS
	NIRBHAY, 457	457		JHAJJAR	NM
Event # 17 MENS Javelin Throw					
Final					
1	MOHIT, 491	491		JHAJJAR	72.33m
2	SANUJ, 502	502	AHRM139032	SONIPAT	71.62m
3	PARMOD, 495	495		FATEHABAD	70.00m
4	TUSHAR, 506	506		PANCHKULA	68.51m
5	RANVIJAY SINGH, 497	497	AHRM148801	BHIWANI	68.33m
6	SUJIT, 504	504	AHRM104698	JHAJJAR	68.22m
7	DEEPANSHU, 483	483	AHRM127630	PANIPAT	67.33m
8	PARTEEK, 496	496	AHRM150340	KARNAL	66.01m
9	VINAY MALIK, 512	512	AHRM148110	HISAR	65.51m

10	MANOJ, 489	489		BHIWANI	65.16m
11	YUDDHVIR, 516	516	AHRM126777	BHIWANI	60.47m
12	YUVRAJ CHOPRA, 517	517	AHRM153053	PANIPAT	60.32m
13	MANBIR, 488	488	AHRM110044	BHIWANI	60.22m
14	AVNISH GURJAR, 480	480	ARJM155351	CHARKI DADRI	59.77m
15	RITIK, 498	498		CHARKI DADRI	59.18m
16	MANPREET SINGH, 490	490		HISAR	58.55m
16	VISHAL, 514	514	AHRM151532	CHARKI DADRI	58.55m
18	YASH HOODA, 515	515		SONIPAT	57.90m
19	NISHANT DAHIYA, 492	492	ADLM103644	PANCHKULA	57.02m
20	VIKRANT, 511	511		BHIWANI	55.01m
21	RITIK SHARMA, 499	499	AHRM145293	BHIWANI	54.55m
22	OM BATTAN, 493	493	AHRM152135	KARNAL	53.60m
23	ARYAN, 476	476	ADLM147697	KARNAL	52.46m
24	HARSH VARDHAN, 485	485	AUPM230572	KARNAL	45.00m
	SAGAR, 501	501	AHRM154829	FATEHABAD	NM
	HARPAL BENIWAL, 484	484	AHRM210929	FATEHABAD	NM
	KUNAL, 487	487	AHRM236102	PANIPAT	NM
	UNKAR KHERIA, 508	508		KARNAL	NM
	VINISH, 513	513	AHRM109662	MAHENDERGARGH	NM
	ROMIT, 500	500	AHRM155421	PANIPAT	NM
	SURYA PARTAP SINGH, 505	505	AHRM184249	KAITHAL	NM
	SHUBAHM, 503	503		JIND	NM
	ARYAN SHRIWAL, 478	478	AHRM224638	SONIPAT	NM
	UJJWAL, 507	507		PANIPAT	NM
	ASHISH, 479	479	AHRM141351	ROHTAK	NM
	VIKASH, 510	510		REWARI	NM
	CHIRAG MEHTA, 481	481	AHRM232576	AMBALA	NM
	DEEPAK KUMAR, 482	482		HISAR	NM
	VAIBHAV SAINI, 509	509		KURUKSHETRA	NM
	PARAS GARTAN, 494	494	AHRM214590	KARNAL	NM
	KARAN MOTHSARA, 486	486	ARJM153065	KARNAL	NM
	ANIKET, 475	475	AHRM223058	PANIPAT	NM
	ARYAN DHOUNCHAK, 477	477	AHRM158183	PANIPAT	NM
Event # 18 MENS Shot Put					
Final					
1	SANYAM, 559	559	AHRM124620	ROHTAK	18.38m
2	ARJUN, 547	547		KURUKSHETRA	16.85m
3	ROHIT ANTIL, 557	557		SONIPAT	16.46m
4	VIKASH, 560	560		JHAJJAR	16.38m
5	ATUL, 548	548	AHRM110124	CHARKI DADRI	16.34m
6	HARRY, 552	552		JHAJJAR	16.30m
7	NIKHLESH, 555	555	AHRM104056	SONIPAT	15.80m
8	HARDIK SINGH, 551	551		AMBALA	15.51m
9	LAKSHAY, 554	554		KAITHAL	15.27m
10	GHANSHYAM, 549	549		JIND	14.25m
11	HEMANT, 553	553		SONIPAT	11.25m
12	GULSHAN, 550	550		KARNAL	7.00m
12	PRINCE KUMAR, 556	556		YAMUNANAGAR	7.00m
	SANDIP KUMAR, 558	558		PALWAL	DNS
Event # 21 MENS 20000m Race Walk					
Final					
1	PARAMDEEP MOR, 152	152	AHRM103295	JIND	1:31:50.35
2	RAHUL, 153	153	AHRM107199	JHAJJAR	1:37:14.18
3	NITIN, 151	151	AHRM229714	JHAJJAR	1:37:18.27
4	JUNED, 148	148	AHRM102872	MEWAT	1:38:51.24
5	MOHIT, 150	150	AHRM142790	ROHTAK	1:40:50.30
6	RAJESH, 154	154	AHRM161231	FATEHABAD	1:40:50.55
	KAPIL, 149	149		HISAR	DNS
	JATIN, 147	147		KURUKSHETRA	DNF
	VIKAS, 156	156	AHRM208628	BHIWANI	DNS
	SANDEEP, 155	155	AHRM150829	BHIWANI	DNS
Event # 45 MENS Decathlon					
Final					
1	KAMAL, 409	409		SONIPAT	6603 Pts
2	MOHIT, 411	411		PANIPAT	6456 Pts
3	MANJEET SINGH, 410	410		FATEHABAD	6355 Pts

4	SANJAY, 414	414		HISAR	6162 Pts
5	ROHIT KUMAR, 412	412		FATEHABAD	6038 Pts
6	RUPESH, 413	413		JHAJJAR	5266 Pts
7	AKASH SINGH, 402	402		ROHTAK	4883 Pts
8	SOBAAN CHOUDHARY, 415	415		YAMUNANAGAR	4707 Pts
9	ANKIT, 403	403		SONIPAT	4621 Pts
10	HIMANSHU, 407	407		ROHTAK	3124 Pts
	JAIVEER, 408	408	AHRM131571	SONIPAT	DNS
	CHAMANJOT SINGH, 406	406	AHRM118503	KURUKSHETRA	DNS
	BINTU KUMAR, 405	405		HISAR	DNS
	ANSHU RAHAR, 404	404		MAHENDERGARGH	DNS
	ADITYA, 401	401	AHRM110811	BHIWANI	DNS
	SONU BHALOTHIA, 460	460		MAHENDERGARGH	DNS
Event # 23 WOMENS 100m					
Final					
1	PRISHA MISHRA, 596	596	AHRF138603	GURUGRAM	12.19
2	USHA, 604	604	AHRF102586	SONIPAT	12.37
3	SHUBHAM, 602	602		JIND	12.74
4	ANUSHKA, 588	588	AHRF199194	PANIPAT	12.82
5	MANSI, 591	591	AHRF156964	PANIPAT	12.91
6	AARTI, 586	586	AHRF134183	HISAR	13.07
7	HARSHIL, 590	590	AHRF159526	JIND	13.24
8	PRACHI, 595	595		BHIWANI	13.51
Heat 1					
1	602 SHUBHAM	602		Jind	12.96
2	590 HARSHIL	590		Jind	13.20
3	589 BINDU	589		Kaithal	13.89
4	594 PINKI	594		Mahendergargh	19.23
5	593 NEERAJ	593		Rewari	23.75
	603 SONIKA	603		Bhiwani	DNS
Heat 2					
1	604 USHA	604		Sonipat	12.47
2	588 ANUSHKA	588		Panipat	12.79
3	586 AARTI	586		Hisar	13.15
4	599 PRIYANKA	599		Bhiwani	13.56
5	600 RASHI	600		Panipat	17.86
	587 ANSHU	587		Sonipat	DNS
Heat 3					
1	596 PRISHA MISHRA	596		Gurugram	12.12
2	591 MANSI	591		Panipat	12.94
3	595 PRACHI	595		Bhiwani	13.24
4	782 SWATI	782		Karnal	16.63
5	592 MUNNI DEVI	592		Hisar	18.01
6	597 PRIYA	597		Yamunanagar	18.31
7	598 PRIYANKA	598		Yamunanagar	20.89
	601 SANJANA	601		Panipat	DNS
Event # 24 WOMENS 200m					
Final					
1	PRISHA MISHRA, 646	646	AHRF138603	GURUGRAM	25.00
2	GARIMA, 639	639	AHRF145171	JIND	25.33
3	MANISHA, 823	823		HISAR	25.60
4	SALONI, 648	648	AHRF142042	KAITHAL	25.98
5	ANUSHKA, 827	827		PANIPAT	26.32
6	PRIYA, 824	824		HISAR	28.28
	SUNITA, 651	651		PANIPAT	DNS
	MANSI, 642	642		PANIPAT	DNS
Heat 1					
1	823 MANISHA	823		Hisar	25.53
2	827 ANUSHKA	827		Panipat	26.41
3	651 SUNITA	651		Panipat	27.95
4	824 PRIYA	824		Hisar	28.15
5	642 MANSI	642		Panipat	33.99
6	641 MADHU	641		Yamunanagar	40.26
7	652 SUSHMA	652		Rewari	1:05.52
	650 SIYA	650		Kaithal	DNS

		Heat 2				
1	639 GARIMA	639		Jind	25.41	
2	646 PRISHA MISHRA	646		Gurugram	25.72	
3	648 SALONI	648		Kaithal	26.00	
4	644 NANDNI	644		Panipat	34.96	
5	643 NANCY	643		Panipat	39.04	
6	645 NEERAJ KUMARI	645		Mahendergargh	48.39	
	640 HARSHIL	640		Jind	DNS	
Event # 25 WOMENS 400m						
Final						
1	GARIMA, 661	661	AHRF145171	JIND	54.27	
2	MANISHA, 663	663	AHRF105874	HISAR	55.68	
3	TAMANNA, 665	665	AHRF157645	JIND	55.84	
4	SALONI, 664	664	AHRF142042	KAITHAL	56.28	
5	LAKSHITA, 662	662		KARNAL	59.97	
6	TANNU YADAV, 666	666		PANIPAT	1:01.64	
7	AARUSHI, 659	659		PANIPAT	1:06.59	
	BHUMI AGARWAL, 789	789		FARIDABAD	DNS	
	Heat 1					
1	663 MANISHA	663		Hisar	57.05	
2	666 TANNU YADAV	666		Panipat	1:00.07	
3	662 LAKSHITA	662		Karnal	1:00.11	
	660 DIKSHA	660		Yamunanagar	DNF	
	Heat 2					
1	661 GARIMA	661		Jind	54.53	
2	665 TAMANNA	665		Jind	56.23	
3	664 SALONI	664		Kaithal	56.75	
4	659 AARUSHI	659		Panipat	1:05.79	
5	789 BHUMI AGARWAL	789		Faridabad	1:08.41	
Event # 26 WOMENS 800m						
Final						
1	ANJU, 685	685	AHRF110015	BHIWANI	2:11.09	
2	NIKITA CHAUDHARY, 691	691	AHRF107178	FARIDABAD	2:16.18	
3	MEENA KUMARI, 690	690	AHRF164454	BHIWANI	2:20.49	
4	ISHA, 687	687	AHRF103923	SONIPAT	2:28.50	
5	KAJAL, 791	791		KARNAL	2:35.37	
6	LAKHVINDER, 688	688		YAMUNANAGAR	3:10.28	
7	DISHA, 686	686	AHRF191706	JHAJJAR	3:10.47	
8	PINKI, 792	792		MAHENDERGARGH	3:37.82	
	URVASHI, 693	693	AHRF103660	JHAJJAR	DNF	
	POOJA, 692	692	AHRF103879	FATEHABAD	DNF	
	MANSI GUPTA, 689	689		JHAJJAR	DNF	
Event # 27 WOMENS 1500m						
Final						
1	POOJA, 623	623	AHRF103879	FATEHABAD	4:24.56	
2	ANITA, 614	614	AHRF168272	HISAR	4:30.92	
3	SIMRAN, 625	625	AHRF113913	KARNAL	4:42.19	
4	AARTI, 613	613	AHRF216513	JIND	4:45.79	
5	HIMANSHI, 619	619	AHRF176910	FARIDABAD	5:17.54	
6	MONI, 621	621	AHRF198010	PANIPAT	5:31.62	
7	DEEPAKSHI, 616	616	AHRF163957	KARNAL	6:00.15	
8	MUSKAN, 777	777		BHIWANI	6:26.67	
9	DIVYA, 618	618		MAHENDERGARGH	7:26.14	
	SAPNA, 624	624		YAMUNANAGAR	DNS	
	PINKI, 622	622		MAHENDERGARGH	DNS	
	KAJAL, 620	620		JHAJJAR	DNS	
	DEEPANSHI, 617	617		KAITHAL	DNF	
	ANJU DEVI, 615	615		YAMUNANAGAR	DNS	
Event # 28 WOMENS 5000m						
Final						
1	POOJA, 680	680	AHRF148618	SONIPAT	17:37.58	
2	KAVITA, 678	678	AHRF168673	HISAR	17:48.59	
3	AARJU, 675	675	AHRF149668	JIND	18:14.29	
4	DURGA, 677	677	AHRF156406	HISAR	19:01.94	
5	VIPAL, 683	683		HISAR	19:56.25	
6	RITURAJ, 682	682	AHFR112611	BHIWANI	21:55.94	

7	PRIYANKA, 681	681		HISAR	24:00.32
8	RANI, 816	816		YAMUNANAGAR	24:33.05
	VIJETA, 805	805		KARNAL	DNF
	YANSHU, 684	684		SONIPAT	DNF
	LALITA, 679	679	AHRF125017	SIRSA	DNF
	BHARTI, 676	676	AHRF181925	BHIWANI	DNS
Event # 29 WOMENS 10000m					
Final					
1	KAVITA, 581	581	AHRF168673	HISAR	36:47.43
2	LALITA, 582	582	AHRF125017	SIRSA	38:10.80
3	ARADHANA PANDEY, 580	580		AMBALA	44:18.53
4	ANJU, 579	579	AHRF200558	HISAR	46:34.65
5	VIDHI, 585	585	AHRF159707	PANIPAT	46:44.53
6	SKINA, 584	584		HISAR	47:17.66
	ROHINI GAUR, 583	583		FARIDABAD	DNF
Event # 30 WOMENS 3000m Steeplechase					
Final					
1	PRITI, 656	656	AHRF102372	FARIDABAD	10:04.72
2	ANKITA, 653	653	AHRF104688	JHAJJAR	10:22.33
3	VIJETA, 658	658	AFI159292	KARNAL	12:00.99
	SHASHI, 657	657		MAHENDERGARGH	DNF
	MUNESH, 655	655		BHIWANI	DNS
	MADHU, 654	654	AHRF102577	HISAR	DNF
Event # 31 WOMENS 100m Hurdles					
Final					
1	MONIKA, 610	610		CHARKI DADRI	15.47
2	KOMAL, 608	608	AHRF155475	HISAR	16.45
3	SEEMA, 612	612	158880	BHIWANI	16.51
4	KHUSHBU, 606	606	AHRF155463	HISAR	17.10
5	SAMIKSHA, 611	611		KAITHAL	20.40
6	KHUSHI, 607	607		PANIPAT	24.09
7	RITU RANI, 829	829		SIRSA	24.92
Event # 32 WOMENS 400m Hurdles					
Final					
1	MONIKA, 670	670		CHARKI DADRI	1:02.77
2	ASHA, 667	667	AHRF145169	JIND	1:04.40
3	TAMANNA YADAV, 674	674	AHRF196890	GURUGRAM	1:07.89
4	POONAM, 671	671	AHRF158830	HISAR	1:14.01
5	CHANDNI, 668	668		KAITHAL	1:15.10
6	MONIKA, 669	669	AHRF208453	KURUKSHETRA	1:15.45
7	KASHISH, 830	830		KARNAL	1:15.67
8	SAKSHI, 673	673	AHRF158668	HISAR	1:18.74
9	SAKSHI, 672	672	AHRF156380	HISAR	1:24.81
Event # 33 WOMENS High Jump					
Final					
1	JONIKA PAHAL, 727	727	AHRF105278	CHARKI DADRI	1.70m
2	PRACHI, 729	729		SONIPAT	1.65m
3	PUSHPA, 730	730	AHRF201997	FATEHABAD	1.45m
4	MADHU BALA, 728	728	AHRF197895	FATEHABAD	1.40m
	RENU, 731	731		SIRSA	NM
	ARZOO RANI, 726	726	AHRF224596	SIRSA	NM
	ANKITA, 725	725	AHRF106299	BHIWANI	DNS
Event # 34 WOMENS Pole Vault					
Final					
1	RAJNI, 755	755	AHRF103091	BHIWANI	3.50m
2	JYOTI, 754	754	AHRF133935	SONIPAT	3.40m
3	SHABNAM, 756	756	AHRF129296	BHIWANI	3.10m
Event # 35 WOMENS Long Jump					
Final					
1	EVLEEN KAUR, 807	807		KURUKSHETRA	5.43m
2	NEHA, 750	750	AHRF134605	KURUKSHETRA	5.31m
3	MONIKA, 748	748	AHRF109697	MAHENDERGARGH	5.30m
4	SHRUTI, 751	751	AHRF160758	KARNAL	5.25m

5	MA, 747	747	AHRF156964	PANIPAT	5.22m
6	GAGANDEEP KAUR, 745	745	AHRF168867	YAMUNANAGAR	5.10m
7	DIVYA, 744	744		PANIPAT	4.99m
8	SUKHPREET KAUR, 752	752		KAITHAL	4.86m
9	TANNU YADAV, 753	753		PANIPAT	4.44m
10	BHUVI AGRAWAL, 743	743	AHRF123277	FARIDABAD	3.89m
11	ANTIM, 741	741		MAHENDERGARGH	3.87m
12	DIPALI, 811	811		JIND	3.78m
13	KOMAL, 746	746		MAHENDERGARGH	3.70m
	MONU, 749	749	AHRF236301	HISAR	DNS
	BHUMIKA, 742	742	164089	BHIWANI	NM
Event # 36 WOMENS Triple Jump					
Final					
1	ANMOL, 767	767	AHRF161059	FATEHABAD	11.81m
	BHUMIKA, 768	768	164089	BHIWANI	NM
	SEEMA, 790	790		BHIWANI	NM
Event # 37 WOMENS Discus Throw					
Final					
1	SEEMA, 704	704	AHRF127409	BHIWANI	53.82m
2	SANYA YADAV, 703	703	AHRF109896	MAHENDERGARGH	53.37m
3	PRIYA, 702	702	AHRF135380	BHIWANI	50.95m
4	ANISHA, 694	694	ADLF104753	SONIPAT	47.48m
5	NEHA JAGLAN, 698	698	AHRF108467	PANIPAT	44.33m
6	OSHIN, 700	700	AHRF223006	HISAR	43.46m
7	PALAK, 701	701	AHRF145326	BHIWANI	36.46m
8	ANJALI DUHAN, 695	695		HISAR	33.25m
	NITAN, 699	699		PANIPAT	NM
	KRITI, 697	697		PANIPAT	NM
	SUNITA, 705	705	AHRF109718	BHIWANI	NM
	TISHA, 706	706		KARNAL	NM
	ARUSHI, 696	696		MAHENDERGARGH	NM
Event # 38 WOMENS Hammer Throw					
Final					
1	ANISHA DAHIYA, 707	707		SONIPAT	57.29m
2	SNEHA, 715	715	AHRF145089	JHAJJAR	51.64m
3	POONAM JAKHAR, 712	712	AHRF197997	JHAJJAR	51.15m
4	RINKU, 713	713	AHRF126880	FATEHABAD	50.05m
5	KOMAL, 710	710	AHRF230192	JHAJJAR	49.87m
6	ANJALI, 708	708	AHRF106826	CHARKI DADRI	45.12m
7	PARUL, 711	711	AHRF160045	JIND	44.42m
8	KOMAL, 709	709		HISAR	17.05m
	RIYA PATHAK, 714	714		PALWAL	DNS
Event # 39 WOMENS Javelin Throw					
Final					
1	DEEPIKA, 733	733	AHRF115974	FATEHABAD	53.65m
2	JYOTI, 735	735	AHRF101407	FATEHABAD	48.57m
3	BHAVYA PILANIA, 732	732	AHRF152834	FATEHABAD	47.27m
4	SEEMA, 739	739	AHRF106646	BHIWANI	45.86m
5	POONAM, 736	736	AHRF191615	FATEHABAD	45.76m
6	SALONI, 738	738	AHRF154765	KARNAL	45.48m
7	HARITA, 734	734	AHRF118485	BHIWANI	45.34m
8	USHA, 740	740		ROHTAK	35.28m
9	SIYA BANJARA, 787	787		BHIWANI	34.99m
10	PREETI, 737	737	AHRF151357	BHIWANI	31.36m
Event # 40 WOMENS Shot Put					
Final					
1	SHIKSHA, 765	765	AHRF109922	CHARKI DADRI	15.73m
2	ANJALI, 757	757	AHRF109692	BHIWANI	14.54m
3	REKHA, 764	764	AHRF110058	JIND	14.20m
4	MONIKA, 762	762	AHRF122528	FARIDABAD	13.87m
5	BABLI, 758	758		ROHTAK	11.78m
6	KHUSBOO, 761	761		ROHTAK	10.20m
7	SONIYA, 766	766		SIRSA	7.66m
8	JASHNEET KAUR, 759	759		YAMUNANAGAR	7.40m
9	MONIKA DEVI, 763	763		YAMUNANAGAR	5.03m

	KASISH, 760	760		BHIWANI	DNS
Event # 43 WOMENS 20000m Race Walk					
Final					
1	KOMAL, 628	628	AHRF126339	REWARI	1:41:34.66
2	PREETI, 633	633	AHRF107136	CHARKI DADRI	1:43:18.69
3	JYOTI, 626	626	AHRF105852	BHIWANI	1:50:57.57
4	NIRMALA, 798	798		FATEHABAD	2:13:15.00
5	MUSKAN DEVI, 630	630		KURUKSHETRA	2:18:11.00
6	RIYA, 637	637		KARNAL	2:27:56.00
7	RIDHIMA, 635	635	AHRF169979	JHAJJAR	2:29:20.00
8	KIRAN BALA, 627	627		KARNAL	2:38:00.00
	RAVINA, 634	634	ATAA044F97	JIND	DNS
	MONU, 629	629	AHRF236301	HISAR	DNS
Event # 56 WOMENS Heptathlon					
Final					
1	SONU KUMARI, 724	724	AHRF102801	CHARKI DADRI	4853 Pts
2	KAJAL, 718	718	AHRF107646	KARNAL	4787 Pts
3	DEESHA, 717	717	AHRF170705	BHIWANI	1905 Pts
	SEEMA, 722	722	158880	BHIWANI	DNS
	SONIKA, 723	723	AHRF162328	BHIWANI	DNS
	KALPANA, 719	719	AHRF140555	BHIWANI	DNS
	MONIKA, 721	721	AHRF155706	HISAR	DNS
	KHUSHI, 720	720	AHRF102994	REWARI	DNS
	ANKITA, 716	716	AHRF106299	BHIWANI	DNS