

13th Haryana State Junior (U-20) Athletics Championships 2024.
Navdeep Stadium, Narwana
24-25 February 2024.

100 m.

Boys-20

Sr.No.	Name	Father Name	DOB	District	Result
1	Raman	Rajender	28 Apr 2005	Sonipat	10:75 Sec.
2	Ajay	Subhash Chander	3/2/2006	Karnal	10:81 sec.
3	Sumit Yadav	Dalip Kumar	26 Jul 2006	Rewari	10:92 Sec.
4	Lakshay Tyagi	Rambhool Tyagi	5 Aug 2007	Panipat	11:00 Sec.
5	Himanshu	Bijender	16 Nov 2006	Jhajjar	11:30 Sec.
6	Sourav Dahaniya	Sadhu Ram	15 Oct 2006	Faridabad	11:35 sec.

200 m. Final

Boys-20

Sr.No.	Name	Father Name	DOB	District	Result
1	Raman	Rajender	28 Apr 2005	Sonipat	21:99 Sec.
2	Ajay	Subash Chander	3 Feb 2006	Karnal	22:31 Sec.
3	Himanshu Khatri	Balram	15 Dec 2006	Sonipat	22:52 Sec.
4	Arun Kumar	Ashok Kumar	9 Oct 2005	Bhiwani	22:89 Sec.
5	Omkar Lodhi	Surendra Pal Singh	28 Dec 2005	Jind	23:07 Sec.

400 m. Final

Boys-20

Sr.No.	Name	Father Name	DOB	District	Result
	Sahil	Allahmehar	1 Jul 2006	Sonipat	49.44 m.
	Mohit Lakha	Rajesh	12 Oct 2006	Hisar	50.36 m.
	Mohit Sharma	Rammehar	18 Nov 2007	Sonipat	50.45 sec.
	Himanshu Khatri	Balram	15 Dec 2006	Sonipat	50.87 m.
	Rohit	Rajender	6 Dec 2006	Panipat	51.17 m.
	Natin	Rajpal	2 Jul 2005	Rohtak	51.60 m.
	Kunal Yadav	Mahtab Singh	6 Sep 2007	Rewari	52.00 m.
	Mukesh	Gopi Chand	9 Dec 2005	Gurugram	52.29 m.

800 m. Final

Boys-20

Sr.No.	Name	Father Name	DOB	District	Result
1	Vijay Singh	Jile Singh	21 Jul 2005	Hisar	1:56.15 Sec.
2	Parmjeet	Satbir	7 Dec 2006	Bhiwani	1:56.29 Sec.
3	Amit	Umed Singh	20 Dec 2005	Jind	1:58.34 Sec.
4	Sachin	Rajesh	21 Jan 2008	Hisar	1:58.40 Sec.
5	Amit Dahiya	Krishan Kumar	13 Dec 2005	Hisar	1:58.92 Sec.
6	Lakshay Kumar	Ramphal	18 Oct 2006	Hisar	1:59.00 sec.

1500 m. Final

Boys-20

Sr.No.	Name	Father Name	DOB	District	Result
1	Billu	Partap	28 Dec 2006	Jind	3:59.14 Sec.
2	Vijay Singh	Jile Singh	21 Jul 2024	Hisar	3:59.61 Sec.
3	Kapil	Ajit Kumar	21 Oct 2005	Gurugram	4:03.14 Sec.
4	Tehender	Raju	1 Mar 2006	Palwal	4:03.27 Sec.
5	Dhanesh	Rajvir Singh	18 Dec 2004	Faridabad	4:11.12 Sec.
6	Mohit	Rajpal	23 Apr 2008	Jind	4:12.58 Sec.
7	Vijay	Madan Singh	8 Dec 2005	Sonipat	4:13:17 Sec.
8	Rohit	Ishwar Singh	8 Aug 2007	Fatehabad	4:13.42 Sec.

10000 m. Final

Sr.No.	Name	Father Name	DOB	District	Result
1	Navratan	Kabir Singh	06 Dec. 2006	Rewari	31:18.44 Sec.
2	Tinu	Vijender	18 Aug. 2006	Rohtak	31:41.19 Sec.
3	Vansh	Anil	14 Nov. 2005	Sonipat	31:46.01 Sec.
4	Gourav	Ramesh Kumar	13 Sep. 2005	Rohtak	33:22.34 Sec.

Boys-20

5000 m. Final

Sr.No.	Name	Father Name	DOB	District	Result
1	Aman Kumar	Sombir Singh	6 May 2007	Jhajjar	14:32.66 sec.
2	Nishant Karhana	Narendra Singh	4 Aug 2008	Faridabad	14:33.10 Sec.
3	Vansh	Anil	14 Nov 2005	Sonipat	15:23.41 Sec.
4	Tinu	Vijender	18 Aug 2006	Rohtak	15:38.96 Sec.
5	Dixit Yadav	Ashok Kumar	27-12-2005	Mahenderga	15:39.98 Sec.
6	Sumit	Ramkwar	27 Dec 2006	Sonipat	15:40.64 Sec.

Boys-20

110 m. Hurdles

Sr.No.	Name	Father Name	DOB	District	Result
1	Anuj Kumar	Sunuj Kumar	13 Aug 2005	Bhiwani	13.96 m.
2	Aryan	Surajbhan	12 Jul 2006	Jind	14.94 m.
3	Ritesh Poonia	Satyaveer Singh	8 Dec 2005	Hisar	15.50 m.
4	Yogesh	Baljeet	5/8/2006	Fatehabad	15.95 m.
5	Amarjeet Singh	Satpal	11 Mar 2006	Sonipat	15.96 m.

Boys-20

400 m. Hurdles

Sr.No.	Name	Father Name	DOB	District	Result
1	Amit Dahiya	Bijender	10 Oct 2006	Jhajjar	55:48 Sec.
2	Tushar Kajla	Ashok Kumar	4 Sep 2005	Jhajjar	55:76 Sec.
3	Pankaj	Pawan Kumar	29 Oct 2005	Hisar	56:30 Sec.
4	Subham	Mahender Singh	29 Jun 2007	Fatehabad	58:30 Sec.
5	Prince Lamba	Rishipal	16 Aug 2005	Bhiwani	59:57 Sec.
6	Surya Chauhan	Mr Sanjeev Chauhan	20 Sep 2006	Kaitahl	1:05.38 Sec.

Boys-20

3000 m. Steeplechase

Boys-20

Sr.No.	Name	Father Name	DOB	District	Result
1	Sumit Rathee	Jitender	22 Sep 2006	Jhajjar	8:49.56 Sec.
2	Navratan	Kabir Singh	6 Dec 2006	Rewari	9:16.96 Sec.
3	Chander Singh	Sunil	30 Oct 2005	Jhajjar	9:36.47 Sec.
4	Kuldeep Singh	Balwan	20 Apr 2005	Bhiwani	10:51.93 Sec.

Long Jump

Sr.No.	Name	Father Name	DOB	District	Result
1	Mohd Atta Sazid	Sazid Husain	10 Feb 2006	Faridabad	7.25 m.
2	Deepak	Sukhbir	18 May 2005	Bhiwani	6.90m.
3	Neeraj Kumar	Jai Singh	29 May 2005	Sirsa	6.55 m.
4	Mohar Singh	Harnaam	23 May 2006	Sonipat	6.51 m.
5	Siddharth	Surender	21 Nov.2006	Jind	6.32 m.
6	Daman	Virender	2 Jun 2005	Hisar	6.21 m.
7	Bhanu	Nirmal Singh	6 Mar 2005	Ambala	6.21 m.

Boys-20

High Jump

Sr.No.	Name	Father Name	DOB	District	Result
1	Lakshay	Sube Singh	11 Aug 2008	Fatehabad	1.90 m.
2	Sanyog Singh	Daljeet Singh	10/21/2008	Sirsa	1.83 m.
3	Shiv Bhagwan	Om Prakash	6 Aug 2005	Bhiwani	1.80 m.
4	Deepak	Manohar Lal	17 Dec 2007	Charkhi	1.70 m.

Boys-20

Triple Jump

Sr.No.	Name	Father Name	DOB	District	Result
1	Tarun Chauhan	Sanjay Kumar	26 Jul 2005	Bhiwani	13.86 m.
2	Sunil Kumar	Vikram Singh	26 Aug 2006	Jhajjar	13.78 m.
3	Aayushmaan	Amit Kumar	29 Jan 2006	Bhiwani	13.18 m.
4	Daman	Virender	2 Jun 2005	Hisar	13.15 m.
5	Bhanu	Nirmal Singh	6 Mar 2005	Ambala	12.81 m.
6	Hariom	Subhash	5 Nov 2006	Bhiwani	12.69 m.
7	Monty	Jaipal Sharma	28 Nov 2006	Panipat	12.68 m.

Boys-20

Pole Vault

Sr.No.	Name	Father Name	DOB	District	Result
1	Achanak	Ajmer	13 Nov 2005	Jind	4.20 m.
2	Harsh	Sanjay	15 May 2005	Bhiwani	4.00 m.

Boys-20

Shot Put

Sr.No.	Name	Father Name	DOB	District	Result
1	Kartik	Sanjay Kumar	9 Jun 2005	Sonipat	17.76 m.
2	Nishchay	Amit	27 Nov 2008	Rohtak	16.52 m.
3	Kushal Dangi	Jasbir Singh	30 Jul 2005	Kaithal	16.00 m.
4	Lakshay	Pawan Kumar	28 Jul 2005	Kaithal	14.73 m.
5	Ankit	Sunil	21 Dec 2007	Hisar	14.64 m.
6	Ghanshyam	Purshotam	15 Apr 2024	Jind	14.56 m.
7	Kunal	Ramkarn	23 Jul 2007	Sonipat	14.36 m.
8	Amit	Jagbir	20 Sep 2004	Jhajjar	12.67 m.

Boys-20

Discus Throw

Sr.No.	Name	Father Name	DOB	District	Result
1	Ritik	Manoj	6 Jul 2024	Rohtak	53.72 m.
2	Atul	Nafe Singh	17 Jan 2005	Charkhi	53.23 m.
3	Raman	Sunder Singh	28 Dec 2005	Bhiwani	51.00 m.
4	Sumit	Dhoopshingh	26 Dec 2006	Bhiwani	50.30 m.
5	Nishchay	Amit	27 Nov 2008	Rohtak	48.80 m.
6	Tanishq Sheoran	Manoj Sheoran	20 Feb 2006	Fatehabad	46.62 m.

Boys-20

Hammer Throw

Sr.No.	Name	Father Name	DOB	District	Result
1	Prateek	Joginder Singh	31 Oct 2005	Rohtak	67.10 m.
2	Hunny	Jitender Kumar	22 Sep 2005	Bhiwani	57.27 m.
3	Priyanshu	Anil Kumar	7 Aug 2006	Rohtak	40.86 m.
4	Gagandeep Singh	Rajender Singh	29 Dec. 2008	Sirsa	21.23 m.

Boys-20

Javelin Throw

Sr.No.	Name	Father Name	DOB	District	Result
1	Ranvijay Singh	Nepal Singh	21 Jun 2005	Bhiwani	66.50 m.
2	Manish	Ramesh Kumar	14 May 2005	Jhajjar	66.49 m.
3	Aditya	Suresh	22 Oct 2006	Jind	60.82 m.
4	Prince	Sandeep Kumar	26 Nov 2005	Panipat	58.81 m.

Boys-20

5	Deepanshu	Ravinder	27 May 2006	Panipat	57.37 m.
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10000 m. Walk

Boys-20

Sr.No.	Name	Father Name	DOB	District	Result
1	Deepanshu	Parvinder	9 Apr 2005	Jhajjar	45:35.20 Sec.
2	Sachin	Sunil Kumar	9 Sep 2008	Charkhi	50:39.01 Sec.
3	Nitish	Ranbir	15 Mar 2006	Hisar	53:28.10 Sec.

Decathlon

Boys-20

Sr.No.	Name	Father Name	DOB	District	Result
1	Mayank Kumar Tanwar	Man Mohan Singh	27 Oct 2005	Bhiwani	5556 Points
2	Sahil Yadav	Vijay Kumar	16 Jul 2006	Rewari	5479 Points
3	Rahul	Om Parkash	6 Jan 2006	Bhiwani	4823 Points
4	Rajat Pundir	Rajendra	20 May 2007	Yamuna Nagar	4814 Points
5	Aditya	Sanjay	8 Jan 2005	Bhiwani	4800 Points
6	Mandeep Alias Vishal	Kali Ram	20 Jul 2005	Jind	4275 Points

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100 m. Final

Girls-20

Sr.No.	Name	Father Name	DOB	District	Result
	Sneh	Sujeet	30-10-2005	Charkhi	12.56 Sec.
	Harshil	Vinod	1 Nov 2007	Jind	12:57 Sec.
	Neha	Shri Niwas	7 Jul 2007	Jind	13:19 Sec.
	Kasvi Sharma	Roshan Lal	31 Mar 2005	Panchkula	13:20 Sec.
	Soumya Bhardwaj	Rajeev Ranjan Singh	2 Jan 2007	Panchkula	13:42 Sec.
	Bhuvi Agrawal	Amit Agrawal	28 Jul 2007	Faridabad	14:12 Sec.
	Bharti	Tirth Kumar	17 Jul 2008	Jhajjar	14:61 Sec.
	Deepika	Deepak	25 Apr 2008	Jhajjar	14:80 Sec.

200 m. Final

Girls-20

Sr.No.	Name	Father Name	DOB	District	Result
1	Karuna	Basant Mohan	6 Jul 2005	Faridabad	24:92 Sec.
2	Sneh	Sujeet	30 Oct 2005	Charkhi	25:40 Sec.
3	Harshil	Vinod	1 Nov 2007	Jind	25:87 Sec.
4	Neha	Shri Niwas	7 Jul 2007	Jind	26:00 Sec.
5	Shalenshi	Shalender	25 Mar 2005	Hisar	26:52 Sec.
6	Soumya Bhardwaj	Rajeev Ranjan Singh	2 Jan 2007	Panchkula	27:26 Sec.

400 m. Final

Girls-20

Sr.No.	Name	Father Name	DOB	District	Result
1	Karuna	Basant Mohan	6 Jul 2005	Faridabad	57:93 sec.
2	Saloni	Gurmeet Singh	18 Oct 2005	Kaithal	59:07 Sec.
3	Anchal Rani	Padam Singh	19 Jun 2005	Panipat	59:86 Sec.

4	Asha	Ram Chander	13 Oct 2005	Jind	1:00.38 sec
5	Kavita	Ramparkash	30 Jan 2007	Jind	1:01.30 Sec.
6	Akansa	Hawa Singh	30 Dec 2004	Jind	1:01.58 Sec.
7	Shalenshi	Shalender	25 Mar 2005	Hisar	1:01.83 Sec.
8	Saniya	Narender Kumar	3 Jun 2006	Panipat	1:08.31 Sec.

800 m. Final

Sr.No.	Name	Father Name	DOB	District	Result
1	Chanchal	Tejsingh	26 Oct 2005	Palwal	2:17.73 Sec.
2	Anchal Rani	Padam Singh	19 Jun 2005	Panipat	2:24.07 Sec.
3	Nisha	Satish Kumar	31 Aug 2006	Hisar	2:28.72 Sec.
4	Aarti	Narender	28 Sep 2006	Jhajjar	2:28.80 Sec.
5	Khushi	Ajay	10 Aug 2006	Karnal	3:40.10 Sec.

Girls-20

1500 m. Final

Sr.No.	Name	Father Name	DOB	District	Result
1	Chanchal	Tejsingh	26 Oct 2005	Palwal	4:38.79 Sec.
2	Payal	Subhash Chander	16 Nov 2005	Panipat	4:58.88 Sec.
3	Parul	Sandeep Kumar	12 Nov 2007	Fatehabad	5:09.34 Sec.
4	Moni	Ram Pal	20 Dec 2006	Panipat	5:19.28 Sec.
5	Priya	Ramniwas	14 Jul 2006	Jhajjar	5:33.21 Sec.
6	Pooja Rani	Mahender	28 Dec.2008	Hisar	5:39.14 Sec.
7	Disha	Ramesh	31 Mar 2006	Jhajjar	6:19:63 Sec.
8	Kumari Disha	Rajesh Kumar	26 Jul 2005	Bhiwani	7:02.79 Sec.

Girls-20

3000 m. Final

Sr.No.	Name	Father Name	DOB	District	Result
1	Muskan	Mukesh	10/6/2008	Sonipat	10:04.36 Sec.
2	Moni	Rampal	20-12-2006	Panipat	11:38.14 Sec.
3	Fruti	Mempal	12/7/2009	Karnal	14:30.53 Sec.

Girls-20

5000 m. Final

Sr.No.	Name	Father Name	DOB	District	Result
1	Kajal	Ram Lakhn Sing	10 Jun 2006	Faridabad	18:16.78 Sec.
2	Samjana Singh	Surender singh	23-12-2006	Rohtak	18:40.53 Sec.
3	Pragati	Babulal	5 Nov 2005	Charkhi	18:52.14 Sec.
4	Poonam	Jaswant	16 May 2008	Sirsa	20:34.56 Sec.
5	Sweety	Balwant	30 Sep 2006	Bhiwani	21:09.88 Sec.

Girls-20

100 m. Hurdles

Girls-20

Sr.No.	Name	Father Name	DOB	District	Result
1	Mamta	Deepak	19 Feb 2006	Bhiwani	16.46 Sec.
2	Komal	Ramphal	25 Nov 2005	Hisar	16:74 Sec.
3	Khushbu	Ramphal	11 Nov 2007	Hisar	16:92 Sec.
4	Ronak	Sube Singh	19-10-2009	Hisar	17:11 Sec.
5	Neeru	Bhagwat Singh	14-04-2007	Jind	17:33 Sec.

400 m. Hurdles

Sr.No.	Name	Father Name	DOB	District	Result
1	Asha	Ram Chander	13 Oct 2005	Jind	1:07.00 Sec.
2	Deeksha	Dinesh Kumar	29 Nov 2006	Charkhi	1:13.60 Sec.
3	Poonam	SanJay Kumar	31 May. 2007	Hisar	1:14.76 Sec.
4	Tamanna Yadav	Surender Singh	27 Dec 2005	Gurugram	1:21.64 sec.

Girls-20

3000 m. Steeplechase

Sr.No.	Name	Father Name	DOB	District	Result
1	Astha	Suresh	10/2/2008	Sonipat	13:35.14 Sc.
2	Harman	Gurmeet Singh	12 Jul 2007	Sirsa	13:52.84 Sec.
3	Vanshika	Krishan Kumar	19 Mar 2008	Karnal	16:35.65 Sec.
4	Muskan	Mr. Mukesh	10 Jun 2008	Hisar	16:58.44 Sec.

Girls-20

Long Jump

Sr.No.	Name	Father Name	DOB	District	Result
1	Pariksha	Dinesh	23 Dec 2005	Faridabad	5.53 m.
2	Tamanna	Vijender	17 Mar 2006	Fatehabad	5.50 m.
3	Muskan	Naresh Kumar	29 Mar 2007	Jhajjar	5.43 m.
4	Dixsha	Bhupender Singh	29 Dec 2009	Jhajjar	5.35 m.
5	Gayatri	Vinod Kumar	28 Jun 2005	Hisar	4.56 m.
6	Monika	Manjeet Singh	07 Jul. 2006	Hisar	4.00 m.
7	Pushpa	Subhash	10 Sep. 2005	Hisar	3.89 m.
8	Priyanka	Parmjeet	19 Jun. 2008	Panipat	3.61 m.

Girls-20

Triple Jump

Sr.No.	Name	Father Name	DOB	District	Result
	Tamanna	Vijender	17 Mar 2006	Fatehabad	11.62 m.
	Muskan	Satpal	30 May 2007	Jhajjar	11.31 m.
	Bhavya Pilaniya	Dashrath Kumar	18-10-2007	Fatehabad	11.24 m.
	Partibha	Raj Kumar	2/10/2006	Jhajjar	10.79 m.

Girls-20

Pole Vault

Sr.No.	Name	Father Name	DOB	District	Result
1	Vanshika Ghanghas	Naresh Kumar	8 Oct 2005	Bhiwani	3.70 m.

Girls-20

Shot Put

Sr.No.	Name	Father Name	DOB	District	Result
	Tamanna	Vinod Kumar	31 Aug 2006	Jhajjar	14.70 m.
	Munesh	Sanjay Kumar	15 May 2006	Bhiwani	13.15 m.
	Palak	Ramesh	2 Jul 2005	Bhiwani	11.26 m.
	Vanshika	Baljeet Singh	09 Aug. 2008	Jind	10.39 m.
	Payal	Bachan Singh	15 Jan 2005	Yamuna	10.30 m.
	Shruti Singh	Sunder Singh	7 Sep 2006	Hisar	9.52 m.
	Sharmila	Hawa Singh	17 Jul 2006	Hisar	7.87 m.
	Shruti	Dalbir Singh	6/29/2006	Hisar	7.49 m.

Girls-20**Discus Throw**

Sr.No.	Name	Father Name	DOB	District	Result
1	Riddhi	Atul Kumar	28 Apr 2007	Hisar	46.75 m.
2	Neha Jaglan	Ravinder	5 Mar 2005	Panipat	43.08 m.
3	Munesh	Sanjay Kumar	15 May 2006	Fatehabad	42.30 m.
4	Nidhi	Sahiram	11 Nov 2005	Jhajjar	38.35 m.
5	Suman	Sunil Kumar	6 Dec 2005	Hisar	35.49 m.

Girls-20**Hammer Throw**

Sr.No.	Name	Father Name	DOB	District	Result
1	Ankita	Prakash	17 Feb 2005	Jhajjar	51.23 m.
2	Sakshi	Bhupesh Kumar	23 Feb 2005	Jhajjar	46.10 m.
3	Sneha	Rajesh	24 Jun 2005	Jhajjar	45.65 m.
4	Shiwani Sharma	Krishan Kumar	21 Nov. 2007	Jhajjar	45.33 m.
5	Anjali	Jagdish	5 Jan 2005	Charkhi Dadri	40.16 m.
6	Meenu	Naresh	12 Sep 2007	Jhajjar	39.22 m.

Girls-20**Javelin Throw**

Sr.No.	Name	Father Name	DOB	District	Result
	Poonam	Jagdish	22-04-2007	Fatehabad	46.65 m.
	Jyoti	Jai Narayan	15 Dec 2005	Jhajjar	45.74 m.
	Bhavya Pilonia	Dashrath Kumar	18-10-2007	Fatehabad	44.44 m.
	Bharti	Sher Singh	11/7/2007	Fatehabad	40.54 m.

Girls-20**10000 m. Walk**

Sr.No.	Name	Father Name	DOB	District	Result
1	Ridhima	Rajiv Mohan	1 Feb 2005	Jhajjar	1:00.55 Sec.
2	Payal	Ramanand	29 Jul. 2006	Hisar	1:02.51 Sec.
3	Sristhi	Rajender	28 Jul 2007	Jhajjar	1:02.54 Sec.

Girls-20

4	Reena	Ravineder Kumar	15 Oct 2005	Rewari	1:04.47 Sec.
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Heptathlon

Sr.No.	Name
1	Isha

Father Name
Dharmbir

DOB
16-03-2005

District
Hisar

Girls-20

Result
3250 Points