

13th Haryana State Open Senior Athletics Championships

Navdeep Stadium, Narwana

10/8/2026

9/19/26 - 9/20/26

19-20 September 2026.**Event # 1 MENS 100m Run****FINALS****RESULTS OF FINALS**

1	SHIVAM VASHNAV	22	12/10/03	FARIDABAD	10.56	
2	PANKAJ VERMA	16	11/20/02	BHIWANI	10.76	10.810
3	CHIRAG CHIRAG	12	10/17/98	ROHTAK	10.77	
4	TANISH SHEORAN	41	03/17/04	KURUKSHETRA	10.78	10.810
5	SHAINKY .	34	11/10/02	YAMUNANAGAR	10.97	
6	PRINCE .	19	12/24/01	SONIPAT	11.00	
7	SOURAB SINGH CHAL	21	08/25/02	BHIWANI	11.06	
8	BINTU .	24	09/19/03	FARIDABAD	11.22	

RESULTS OF PRELIMS

1	SHIVAM VASHNAV	22	12/10/03	FARIDABAD	10.73
2	PANKAJ VERMA	16	11/20/02	BHIWANI	10.81
2	TANISH SHEORAN	41	03/17/04	KURUKSHETRA	10.81
4	CHIRAG CHIRAG	12	10/17/98	ROHTAK	10.89
5	SHAINKY .	34	11/10/02	YAMUNANAGAR	10.96
6	BINTU .	24	09/19/03	FARIDABAD	11.01
7	PRINCE .	19	12/24/01	SONIPAT	11.02
8	SOURAB SINGH CHAL	21	08/25/02	BHIWANI	11.09
9	ANKUSH ANKUSH	36	10/01/02	FATEHABAD	11.10
10	MANJEET KUMAR	42	10/15/97	SONIPAT	11.14
11	KAILASH SINGH	28	12/25/05	ROHTAK	11.18
12	SANSAR SANSAR	60	11/03/97	SONIPAT	11.22
13	RAJAT JAKHAR	25	01/19/04	JHAJJAR	11.23
14	YASH .	18	11/11/07	PANIPAT	11.24
15	MITUL .	30	08/07/03	FATEHABAD	11.29
16	SAHIL .	29	12/16/03	SONIPAT	11.33
17	AJAY AJAY	37	12/21/03	SONIPAT	11.34
17	NIKHIL .	38	12/01/05	BHIWANI	11.34
19	PRIYANSHU PUNDIR	51	06/14/04	YAMUNANAGAR	11.44
20	HANU KUMAR	45	08/12/08	MAHENDRAGARH	11.47
21	SOURABH .	39	08/09/06	SONIPAT	11.50
22	ANKIT .	17	12/12/03	PANIPAT	11.51
23	KEWAL SINGH	23	02/13/99	SIRSA	11.57
24	MOHIT .	68	08/29/00	BHIWANI	11.60
25	SUHARSH KAMBOJ	35	08/20/05	YAMUNANAGAR	11.61
26	ROHIT KUMAR..	440		KARNAL	11.69
27	SHUBHAM SHUBHAM	52	01/28/05	YAMUNANAGAR	11.73
28	DEEPANSHU SHARMA	59	12/23/06	GURUGRAM	11.78
29	HIMANSHU CHAUHAN	43	12/09/07	PANIPAT	11.81
30	RESHAV .	26	09/04/05	PANIPAT	11.88
31	RAMAN	442		PANIPAT	11.98
32	HIMANSHU BALIYA H	55	12/21/00	KARNAL	12.05

13th Haryana State Open Senior Athletics Championships**Navdeep Stadium, Narwana**

10/8/2026

9/19/26 - 9/20/26

19-20 September 2026.

32	YASH DHANKAR	31	12/20/06	FARIDABAD	12.05
34	AJAY KADYAN	57	11/15/03	KAITHAL	12.06
35	AMIT KUMAR	64	08/04/05	KARNAL	12.09
35	SANDEEP SINGH	71	08/20/07	KAITHAL	12.09
37	KAMALJEET SINGH	50	12/20/03	MAHENDRAGARH	12.16
38	BHASKAR NAILWAL	447		BHIWANI	12.20
39	RAKESH .	20	04/10/99	SONIPAT	12.23
40	PRINCE CHHIKARA	27	11/17/04	SONIPAT	12.28
41	KUNAL DHANKAR	32	05/28/07	FARIDABAD	12.37
41	ARYAN ARYAN	53	09/20/04	KURUKSHETRA	12.37
43	KULDEEP KUMAR..	445		HISAR	12.40
44	SYED ASAD ALI	58	05/20/99	PANCHKULA	12.80
45	NITIN KUMAR	61	03/01/02	AMBALA	12.86
46	HIMANSHU HIMANSH	63	07/26/06	ROHTAK	12.95
47	PARKASH SINGH	70	03/18/02	SIRSA	13.25
48	ABHISHEK BHARDWA	48	11/23/00	JIND	13.26
49	RAVI KUMAR	47	05/09/05	BHIWANI	13.75
50	MOHIT MOHIT	66	04/02/07	JHAJJAR	13.89
51	AMAN ..	62	08/11/07	JHAJJAR	14.32
52	SUSHIL KUMAR	69	10/05/95	BHIWANI	15.29
53	AJIT SAHNI	54	03/03/00	KAITHAL	15.35
54	ANUJ KUMAR	67	12/23/04	MAHENDRAGARH	15.55
	ANTIM .	44	08/26/06	ROHTAK	DNS
	NUZRAT .	13	11/22/99	YAMUNANAGAR	DNS
	SACHIN DHAYAL	40	03/30/01	BHIWANI	DNS
	AMIT .	49	08/20/02	SIRSA	DNS
	KULDEEP SINGH	46	06/01/03	SIRSA	DQ
	RITIK .	33	07/25/05	FARIDABAD	DNS
	YOGESH SNGWAN	56	03/17/01	CHARKHI DADRI	DNS
	NITESH .	14	12/31/01	SONIPAT	DNS
	JAINABAJ .	15	01/01/00	FARIDABAD	DNS
	NIKHIL .	65	10/18/04	MAHENDRAGARH	DNS

13th Haryana State Open Senior Athletics Championships

Navdeep Stadium, Narwana

10/8/2026

9/19/26 - 9/20/26

19-20 September 2026.**Event # 2 MENS 200m Run****FINALS****RESULTS OF FINALS**

1	RAMAN DAGAR	127	04/28/05	SONIPAT	21.34	
2	AMIT AMIT	137	05/09/95	BHIWANI	21.88	
3	GOURAV KULDEE SIN	129	03/01/01	FATEHABAD	22.00	
4	ANKUSH ANKUSH	36	10/01/02	FATEHABAD	22.24	
5	DHARMBIR DHARMBI	133	12/10/90	ROHTAK	22.37	22.370
5	KAILASH SINGH	28	12/25/05	ROHTAK	22.37	22.370
7	MAYANK .	123	11/24/05	ROHTAK	22.88	
8	PRINCE .	19	12/24/01	SONIPAT	23.18	

RESULTS OF PRELIMS

1	RAMAN DAGAR	127	04/28/05	SONIPAT	21.84	
2	AMIT AMIT	137	05/09/95	BHIWANI	21.99	
3	GOURAV KULDEE SIN	129	03/01/01	FATEHABAD	22.19	
4	PRINCE .	19	12/24/01	SONIPAT	22.33	
5	ANKUSH ANKUSH	36	10/01/02	FATEHABAD	22.51	
6	KAILASH SINGH	28	12/25/05	ROHTAK	22.52	
7	DHARMBIR DHARMBI	133	12/10/90	ROHTAK	22.92	
8	MAYANK .	123	11/24/05	ROHTAK	22.99	
9	KEWAL SINGH	23	02/13/99	SIRSA	23.05	
10	ARMAN ARMAN	136	06/22/06	FATEHABAD	23.06	
11	LOVEPREET SINGH	124	12/16/05	SIRSA	23.29	
12	HARSH SINGH	139	08/14/05	KURUKSHETRA	23.57	
13	MR. PAWAN .	125	07/31/95	SONIPAT	23.75	
14	ABHISHEK VATS	126	05/06/08	JIND	24.16	24.157
15	SUHARSH KAMBOJ	35	08/20/05	YAMUNANAGAR	24.16	24.159
16	ARYAN SIWACH	486		ROHTAK	24.21	
17	MANDEEP .	128	01/02/04	PANIPAT	24.24	
18	UJJWAL SINGH	138	04/23/01	FARIDABAD	24.48	
19	AMIT KUMAR	64	08/04/05	KARNAL	24.66	
20	AKASH LAKRA	132	07/11/05	SONIPAT	24.68	
21	HIMANSHU BALIYA H	55	12/21/00	KARNAL	24.69	
22	ARYAN ARYAN	53	09/20/04	KURUKSHETRA	24.97	
23	KAMALJEET SINGH	50	12/20/03	MAHENDRAGARH	25.20	
24	RAHUL .	130	11/05/91	KURUKSHETRA	25.72	
25	RAHUL RAHUL	140	05/22/06	HISAR	25.84	
26	DUSHYANT KUMAR	131	12/29/03	BHIWANI	25.90	
27	RAVIKANT .	134	09/25/06	HISAR	26.00	
28	CHETAN BRAR	121	01/07/98	YAMUNANAGAR	26.18	
29	VICKY .	135	03/07/08	FARIDABAD	27.41	
30	MOHIT SHARMA	122	10/08/98	HISAR	28.23	
	MANJEET .	141	08/15/94	MAHENDRAGARH	DNS	
	KULDEEP SINGH	46	06/01/03	SIRSA	DNS	

13th Haryana State Open Senior Athletics Championships**Navdeep Stadium, Narwana**

10/8/2026

9/19/26 - 9/20/26

19-20 September 2026.

BASKAR NAILWADL	481		BHIWANI	DNS
AJIT SAHNI	54	03/03/00	KAITHAL	DNS
MITUL .	30	08/07/03	FATEHABAD	DQ
AMIT .	49	08/20/02	SIRSA	DNS
ABHISHEK BHARDWA	48	11/23/00	JIND	DNS
SACHIN DHAYAL	40	03/30/01	BHIWANI	DNS
DEEPANSHU SHARMA	59	12/23/06	GURUGRAM	DNS
SUSHIL KUMAR	69	10/05/95	BHIWANI	DNS
RAVI KUMAR	47	05/09/05	BHIWANI	DNS

13th Haryana State Open Senior Athletics Championships

Navdeep Stadium, Narwana

10/8/2026

9/19/26 - 9/20/26

19-20 September 2026.**Event # 3 MENS 400m Run****FINALS****RESULTS OF FINALS**

1	LOVE .	163	12/18/05	HISAR	47.73
2	ASHISH PHOGAT	154	10/15/02	CHARKHI DADRI	47.94
3	DEEPAK KAUSHIK	167	12/23/02	SONIPAT	48.41
4	BANTY SINGH	168	05/19/00	FATEHABAD	48.68
5	YOGINDER CHANDIL	160	09/20/02	FARIDABAD	49.05
6	AMIT KUMAR	157	01/01/03	CHARKHI DADRI	49.12
7	VASHITVA SHANDILY	164	11/06/06	FARIDABAD	50.03
8	NARESH	455		HISAR	51.09

RESULTS OF PRELIMS

1	LOVE .	163	12/18/05	HISAR	48.28
2	ASHISH PHOGAT	154	10/15/02	CHARKHI DADRI	48.61
3	BANTY SINGH	168	05/19/00	FATEHABAD	48.90
4	YOGINDER CHANDIL	160	09/20/02	FARIDABAD	49.05
5	AMIT KUMAR	157	01/01/03	CHARKHI DADRI	49.53
6	VASHITVA SHANDILY	164	11/06/06	FARIDABAD	50.10
7	NARESH	455		HISAR	50.38
8	DEEPAK KAUSHIK	167	12/23/02	SONIPAT	50.73
9	ANKUSH .	151	12/03/99	ROHTAK	50.75
10	SAMAR SOOD	169	11/28/06	ROHTAK	50.76
11	KUSHAL	451		KURUKSHETRA	50.97
12	SAWAN	454		ROHTAK	51.38
13	SUKHCHAIN SINGH	162	02/22/94	SIRSA	51.43
14	MOHIT	457		BHIWANI	51.44
15	DEEPAK KATARIYA	165	05/01/06	JHAJJAR	51.66
16	DINESH .	153	02/07/01	BHIWANI	52.01
17	TANUJ JANGRA	172	07/10/06	ROHTAK	52.10
18	SOURAV DAHIYA	155	12/02/07	SONIPAT	52.22
19	ANKUSH .	161	02/05/06	HISAR	52.77
20	PAWAN NAGAR	175	11/06/07	ROHTAK	53.07
21	VIKAS .	156	02/22/07	BHIWANI	53.17
22	MR. DEVENDER	173	04/10/07	HISAR	53.53
23	SHIVAM .	166	08/01/07	BHIWANI	53.57
24	NIKHIL BHADANA	174	08/01/04	FARIDABAD	54.39
25	PUNIT DAHIYA	176	06/23/07	JHAJJAR	54.63
26	SUNIL KUMAR	159	06/18/03	KARNAL	56.10
27	GAURAV TANWAR	179	07/02/04	FARIDABAD	56.48
28	PAWAN KUMAR..	456		HISAR	1:02.88
29	JITENDER KUMAR SH	178	06/07/95	MAHENDRAGARH	1:10.48
	SAHIL SAHIL	170	08/13/05	REWARI	DNS
	AMAN KUMAR	177	09/21/99	KAITHAL	DNF
	SAHIL	452		KAITHAL	DNS

13th Haryana State Open Senior Athletics Championships**Navdeep Stadium, Narwana**

10/8/2026

9/19/26 - 9/20/26

19-20 September 2026.

SAGAR SAINI	171	05/31/08	FARIDABAD	DNS
CHETAN BRAR	121	01/07/98	YAMUNANAGAR	DNS
JAINABAJ .	15	01/01/00	FARIDABAD	DNS
BALJEET .	152	01/05/98	HISAR	DNS
NIKHIL .	158	11/03/07	GURUGRAM	DNF
RAMAN DAGAR	127	04/28/05	SONIPAT	DNF

13th Haryana State Open Senior Athletics Championships

Navdeep Stadium, Narwana

10/8/2026

9/19/26 - 9/20/26

19-20 September 2026.**Event # 4 MENS 800m Run****FINALS****RESULTS OF FINALS**

1	HARSH ..	207	01/10/01	JHAJJAR	1:54.40
2	DHONI .	205	09/16/05	CHARKHI DADRI	1:54.43
3	VIRENDER .	208	04/13/03	BHIWANI	1:54.70
4	DEEPENDER DEEPENI	223	09/27/07	MAHENDRAGARH	1:54.96
5	AMAN KUMAR	98	06/06/01	SONIPAT	1:55.03
6	AMIT KUMAR	87	05/22/04	REWARI	1:55.59
7	MOHIT Â€.	214	02/27/07	BHIWANI	1:56.78
8	CHIRAG CHAHAR	212	07/03/02	JHAJJAR	1:57.25

RESULTS OF PRELIMS

1	AMIT KUMAR	87	05/22/04	REWARI	1:53.10
2	DEEPENDER DEEPENI	223	09/27/07	MAHENDRAGARH	1:53.13
3	AMAN KUMAR	98	06/06/01	SONIPAT	1:53.23
4	VIRENDER .	208	04/13/03	BHIWANI	1:53.36
5	DHONI .	205	09/16/05	CHARKHI DADRI	1:53.93
6	CHIRAG CHAHAR	212	07/03/02	JHAJJAR	1:54.33
7	MOHIT Â€.	214	02/27/07	BHIWANI	1:54.52
8	HARSH ..	207	01/10/01	JHAJJAR	1:54.62
9	VIKASH .	83	12/10/04	HISAR	1:54.62
10	MR ARJUN	218	10/08/06	PANIPAT	1:54.90
11	SARANSH MALIK	222	07/31/07	ROHTAK	1:55.09
12	ANKIT .	206	05/12/05	SONIPAT	1:55.64
13	AJAY KUMAR	210	12/25/07	SONIPAT	1:56.23
14	VASIM KHAN	104	06/27/07	SONIPAT	1:57.24
15	VIJAY VIJAY	220	12/08/05	SONIPAT	1:58.13
16	IRFAN	479		MAHENDRAGARH	1:59.23
17	ROBIN SINGH	209	03/05/07	BHIWANI	1:59.53
18	NEERAJ KUCHAR	231	09/03/03	SONIPAT	1:59.94
19	ASHISH .	225	04/25/05	JIND	2:00.41
20	VIKASH .	213	10/06/04	BHIWANI	2:02.35
21	PANKAJ NEHRA	106	11/27/05	KAITHAL	2:02.86
22	RINKU DABAS JAAT	215	05/05/98	ROHTAK	2:03.08
23	KAPIL .	90	10/20/00	ROHTAK	2:03.74
24	MAX KUMAR	219	04/05/07	KAITHAL	2:04.77
25	SAHIL SHARMA	217	10/21/07	BHIWANI	2:05.39
26	RAVI .	211	11/28/06	ROHTAK	2:09.14
27	ABHISHEK KUMAR LC	216	01/05/02	GURUGRAM	2:13.90
28	GURMEET FNU	228	05/01/02	JIND	2:16.24
29	NITIN SINGH	224	12/06/04	AMBALA	2:27.56
30	MANGA RAM	221	02/21/06	FATEHABAD	2:29.51
31	VIJAY ...	230	11/10/05	HISAR	2:55.67
	SANJAY SINGH	226	06/19/00	HISAR	DNS

13th Haryana State Open Senior Athletics Championships**Navdeep Stadium, Narwana**

10/8/2026

9/19/26 - 9/20/26

19-20 September 2026.

KAPIL ANTIL	227	07/31/05	SONIPAT	DNF
SANKET SANKET	96	09/18/05	JHAJJAR	DNS
VISHAL RATHOR	229	03/01/05	GURUGRAM	DNS

13th Haryana State Open Senior Athletics Championships

Navdeep Stadium, Narwana

10/8/2026

9/19/26 - 9/20/26

19-20 September 2026.**Event # 5 MENS 1500m Run****FINALS****RESULTS OF FINALS**

1	RAVI .	80	08/21/99	KARNAL	3:49.66
2	AMIT KUMAR	87	05/22/04	REWARI	3:50.29
3	AMAN KUMAR	79	05/06/07	JHAJJAR	3:50.65
4	MOHAN .	95	06/05/97	CHARKHI DADRI	3:50.72
5	AJAY .	86	08/12/03	SONIPAT	3:50.96
6	AMAN KUMAR	98	06/06/01	SONIPAT	3:51.13
7	SOURAV PAL	97	11/15/05	KARNAL	3:51.65
8	ANKIT MALIK	81	11/10/02	SONIPAT	3:52.23
9	VISHAL .	82	11/01/03	BHIWANI	3:55.71
10	ARYAN .	78	02/01/06	PANIPAT	3:58.14
11	SOHIT	461		JIND	3:59.04
12	VASIM KHAN	104	06/27/07	SONIPAT	3:59.71
13	KAPIL .	90	10/20/00	ROHTAK	4:04.79
14	TAHSEEN KHAN	113	09/05/08	NUH	4:07.31
15	SOURAV .	93	09/12/05	HISAR	4:10.74
16	AKSHAY .	108	11/01/06	ROHTAK	4:10.88
17	MOHIT MOHIT	101	01/01/07	PANIPAT	4:12.12
18	HIMANSHU SAINI	99	10/24/05	MAHENDRAGARH	4:16.41
19	NISHANT .	92	04/26/05	PANIPAT	4:17.39
20	RAJAN KUMAR	110	09/30/03	AMBALA	4:20.75
21	SONU .	88	08/11/03	JIND	4:25.82
22	ARUN .	105	08/17/05	JIND	4:29.35
23	SAGAR KRISHAN KUMAR	111	10/20/06	JIND	5:35.49
24	LAKHMI CHAND	112	02/05/95	YAMUNANAGAR	5:55.58
25	DEEPAK DEEPAK	109	08/13/06	YAMUNANAGAR	6:01.82
26	SONU SONU	107	09/02/97	KARNAL	6:12.49
	HARSH .	91	01/12/02	JHAJJAR	SCR
	KESHAV .	89	06/18/05	PALWAL	SCR
	ISLAMUDDIN .	94	06/03/05	NUH	SCR
	VIKASH .	83	12/10/04	HISAR	SCR
	SHER SINGH	114	10/04/07	BHIWANI	DNF
	PANKAJ NEHRA	106	11/27/05	KAITHAL	DNF
	GURCHARAN DASS	100	09/12/93	YAMUNANAGAR	DNS
	LAGHURAJ .	103	08/11/06	PALWAL	DNS
	ISMAIL .	102	01/01/05	NUH	DNS
	MOHIT MOHIT	66	04/02/07	JHAJJAR	DNS
	SANKET SANKET	96	09/18/05	JHAJJAR	DNS
	ANKIT YADAV	84	06/23/08	BHIWANI	SCR
	MANOJ .	85	02/03/02	NUH	DNS

13th Haryana State Open Senior Athletics Championships

Navdeep Stadium, Narwana

10/8/2026

9/19/26 - 9/20/26

19-20 September 2026.

Event # 6 MENS 5000m Run**FINALS****RESULTS OF FINALS**

1	RAVI .	80	08/21/99	KARNAL	14:23.59
2	AJAY .	86	08/12/03	SONIPAT	14:24.32
3	AMAN KUMAR	79	05/06/07	JHAJJAR	14:25.69
4	HEMANT	469		REWARI	14:30.64
5	RAMIKESH RAMIKESI	4	12/24/04	ROHTAK	14:31.42
6	NAVDEEP .	191	09/20/03	JIND	14:32.02
7	AJAY SINGH..	470		HISAR	14:32.50
8	BHAVESH YADAV	197	04/20/06	REWARI	15:19.32
9	SHUBHAM .	198	08/19/06	KARNAL	15:28.46
10	SANDEEP SANDEEP	199	05/26/06	SIRSA	15:34.44
11	SUSHEEL KUMAR	193	07/11/94	KARNAL	15:37.00
12	ROHIT	471		JHAJJAR	15:51.88
13	VIKRAM VIKRAM	203	06/12/98	SIRSA	17:27.50
14	DEVENDER KUMAR	201	09/09/06	BHIWANI	18:01.11
15	RAVINDER KUMAR..	472		KAITHAL	18:28.30
16	VIKRAM VIKRAM	204	05/30/95	BHIWANI	18:35.80
17	AJAY BAJIA	202	07/29/05	SIRSA	20:04.38
18	SHUBHAM .	200	06/19/02	AMBALA	20:09.79
	SUNNY GAHALYAN	473		PANIPAT	DNS
	SUMIT .	6	10/28/01	FARIDABAD	DNF
	PRITAM KUMAR	196	11/01/94	MAHENDRAGARH	DNF
	RAHUL .	195	09/10/02	JHAJJAR	DNF
	JUNAID ...	474		PALWAL	DNF
	SANJAY TANWAR	194	10/12/97	GURUGRAM	DNS
	TARUN TARUN	7	01/02/08	REWARI	DNS
	VISHWAJEET SINGH	8	04/05/96	FARIDABAD	DNS
	SONU KUMAR	192	10/23/89	SONIPAT	DNS

13th Haryana State Open Senior Athletics Championships

Navdeep Stadium, Narwana

10/8/2026

9/19/26 - 9/20/26

19-20 September 2026.**Event # 7 MENS 10000m Run****FINALS****RESULTS OF FINALS**

1	RAMIKESH RAMIKESI	4	12/24/04	ROHTAK	32:40.35
2	VIPIN SINGH	1	11/10/03	PANIPAT	32:41.36
3	ROHIT	465		KARNAL	32:43.02
4	SUMIT .	6	10/28/01	FARIDABAD	32:45.72
5	PRITAM KUMAR..	466		MAHENDRAGARH	32:49.74
6	SANJAY KUMAR	9	02/01/00	BHIWANI	32:55.99
7	ABHISHEK	462		JIND	33:31.37
8	RAVI KUMAR	3	08/20/90	PALWAL	34:10.63
9	MUKESH KUMAR...	463		HISAR	35:56.63
10	ANKUSH ANKUSH	5	10/10/95	ROHTAK	36:00.87
11	BALRAM	464		KAITHAL	36:29.99
	JAGDEEP ..	10	04/30/05	HISAR	DNF
	PRAHALAD SINGH	11	03/07/93	HISAR	DNF
	SAHIL VASHIST	2	09/02/02	SONIPAT	DNF
	TARUN TARUN	7	01/02/08	REWARI	DNF
	VISHWAJEET SINGH	8	04/05/96	FARIDABAD	DNF

Event # 8 MENS 110m Hurdles**FINALS****RESULTS OF FINALS**

1	ARYAN .	74	07/12/06	JIND	14.60
2	SHIVDARSHAN .	73	10/27/02	SONIPAT	14.61
3	DEEPENDER .	77	05/11/07	BHIWANI	15.69
4	JAIVEER SINGH	76	09/09/00	SONIPAT	16.42
5	PANKAJ .	75	06/22/07	SIRSA	20.10
	MOHIT .	72	04/16/02	JHAJJAR	DNS

13th Haryana State Open Senior Athletics Championships

Navdeep Stadium, Narwana

10/8/2026

9/19/26 - 9/20/26

19-20 September 2026.**Event # 9 MENS 400m Hurdles****FINALS****RESULTS OF FINALS**

1	AMIT DAHIYA	181	10/10/06	JHAJJAR	53.50
2	RAHUL .	189	05/02/06	BHIWANI	53.51
3	TUSHAR KAJLA	187	09/04/05	JHAJJAR	54.02
4	KAMAL .	180	10/22/03	JIND	55.04
5	ROHIT KUMAR	190	09/08/05	BHIWANI	55.65
6	HARENDER .	184	05/01/03	BHIWANI	56.11
7	PANKAJ .	182	10/29/05	HISAR	56.55
8	GAURAV .	185	02/02/04	ROHTAK	57.51
9	PANKAJ .	75	06/22/07	SIRSA	1:06.60
10	LOVEKIT KAMBOJ	186	07/26/00	KARNAL	1:11.99
11	SUNIL ...	492		SONIPAT	1:13.21
	KUSH .	188	12/18/05	HISAR	DNS
	JATIN .	183	08/15/06	KARNAL	DNF

Event # 10 MENS 3000m Steeplechase**FINALS****RESULTS OF FINALS**

1	RITESH KUMAR	145	08/18/04	SONIPAT	8:52.93
2	NISHANT .	143	11/06/04	HISAR	8:53.99
3	DHARMENDER .	144	08/14/03	JHAJJAR	8:54.11
4	HEMANT .	142	11/08/01	REWARI	9:19.98
5	ANIL KUMAR	147	02/20/07	SONIPAT	10:09.15
6	HARENDER RAMESH .	148	11/25/07	BHIWANI	10:51.06
7	YOGESH KUMAR	149	04/24/08	BHIWANI	11:43.83
	VIRENDER SINGH	150	01/10/98	HISAR	DNF
	SUMIT RATHEE	146	09/22/06	JHAJJAR	DNS

Event # 11 MENS High Jump**FINALS****RESULTS OF FINALS**

1	PIYUSH PANWAR	266	01/11/03	BHIWANI	2.08m
2	RAHUL .	269	10/26/07	BHIWANI	2.08m
3	ANUJ KUMAR	271	03/02/05	REWARI	2.00m
4	VINEET KUMAR	272	12/18/07	FATEHABAD	1.95m
5	YASH .	268	07/28/04	YAMUNANAGAR	1.95m
6	DEEPAK .	270	12/17/07	CHARKHI DADRI	1.90m
	SHIV BHAGWAN .	267	08/06/05	BHIWANI	DNS
7	SACHIN SACHIN	273	12/15/02	ROHTAK	DNS

13th Haryana State Open Senior Athletics Championships

Navdeep Stadium, Narwana

10/8/2026

9/19/26 - 9/20/26

19-20 September 2026.**Event # 12 MENS Long Jump****FINALS****RESULTS OF FINALS**

1	DEEPAK .	293	05/18/05	BHIWANI	7.39m
2	DINESH TANWAR	298	05/13/07	REWARI	7.25m
3	PANKAJ VERMA	16	11/20/02	BHIWANI	7.20m
4	SACHIN BAMEL	292	09/04/99	HISAR	6.84m
5	VIKAS VIKAS	301	02/07/02	SONIPAT	6.80m
5	RITESH .	296	11/14/05	HISAR	6.80m
7	NAMAN YADAV	299	09/18/07	MAHENDRAGARH	6.72m
8	CHHOTU .	294	12/25/03	JHAJJAR	6.66m
9	SUKHVINDER KUMAR	303	02/04/02	YAMUNANAGAR	6.33m
10	NARENDER .	295	12/26/03	BHIWANI	6.25m
11	SATPAL ...	480		PANIPAT	5.60m
12	DUSHYANT KUMAR	131	12/29/03	BHIWANI	5.47m
13	RAJ KUMAR	302	12/05/95	FATEHABAD	4.92m
14	DHRUV DHRUV	300	12/04/05	BHIWANI	4.11m
	RAHUL .	297	06/15/03	HISAR	DNS

Event # 13 MENS Triple Jump**FINALS****RESULTS OF FINALS**

1	PRINCE SINGH	460		UNATTACHED	15.08m
2	TARUN CHAUHAN .	329	07/26/05	BHIWANI	15.00m
3	AJAY .	326	09/17/00	ROHTAK	14.87m
4	HARSH DAHIYA	332	04/05/06	BHIWANI	14.87m
5	RAVI	443		JIND	14.69m
6	TANUJ ...	437		FATEHABAD	14.63m
7	SIKANDER .	331	05/26/05	BHIWANI	14.59m
8	MOHAR SINGH	330	05/23/06	SONIPAT	14.43m
8	ABHISHEK SINGH TAT	327	10/30/03	BHIWANI	13.87m
9	AAYUSHMAAN BHAT	328	01/29/06	BHIWANI	13.64m
10	KULJEET	436		UNATTACHED	13.45m
	RAHUL .	297	06/15/03	HISAR	NM

Event # 14 MENS Pole Vault**FINALS****RESULTS OF FINALS**

1	NAVEEN CHAUHAN	306	03/11/98	SONIPAT	4.00m
	NAVEEN NAVEEN	307	08/07/07	JIND	NM
	UTTAM .	304	11/15/00	BHIWANI	NM
	NITIN .	305	08/25/01	BHIWANI	NM

13th Haryana State Open Senior Athletics Championships

Navdeep Stadium, Narwana

10/8/2026

9/19/26 - 9/20/26

19-20 September 2026.**Event # 15 MENS Shot Put****FINALS****RESULTS OF FINALS**

1	ARJUN .	309	10/13/02	KURUKSHETRA	17.70m
2	NIKHLESH .	308	08/10/05	SONIPAT	16.94m
3	LAKSHAY .	313	07/28/05	KAITHAL	16.37m
4	YAJAT .	438		AMBALA	15.86m
5	GANGA SINGH	312	02/12/03	SIRSA	15.41m
6	RAKSHIT RAKSHIT	317	10/13/07	PANIPAT	14.19m
7	VIKAS DHANKAR	315	01/19/03	FARIDABAD	13.90m
8	KARAN SINGH	310	04/04/02	BHIWANI	13.11m
9	MR MANOJ	318	09/12/04	PALWAL	12.62m
	GURCHARAN DASS	100	09/12/93	YAMUNANAGAR	DNS
	AMAN BHARDWAJ	316	06/21/06	MAHENDRAGARH	NM
	HEMANT HEMANT	319	07/08/05	SONIPAT	DNS
	PAWAN KUMAR KARE	324	10/20/92	SONIPAT	NM
	AJAY KUMAR	322	08/01/03	FATEHABAD	NM
	SAHIL MANDHAL	325	08/20/02	GURUGRAM	DNS
	SANYAM .	311	10/05/03	ROHTAK	DNS
	PURAN SINGH	321	12/10/93	FATEHABAD	NM
	AMIT .	314	09/20/04	JHAJJAR	NM
	ROHIT MAHLAWAT	251	07/20/93	REWARI	NM
	PARVEEN SHILLA	323	07/01/01	HISAR	NM
	KHUSHMEEP SINGH	320	12/23/06	SIRSA	NM

Event # 16 MENS Discus Throw**FINALS****RESULTS OF FINALS**

1	NISHCHAY ...	490		ROHTAK	53.32m
2	VAIBHAV CHAUDHAR	487		AMBALA	52.66m
3	UJJWAL .	241	07/20/98	JHAJJAR	51.84m
4	AJAY KUMAR	248	06/20/03	BHIWANI	51.21m
5	AMAN CHAUHAN	243	03/08/06	PALWAL	50.44m
6	PRATEEK MAAN	240	05/04/01	SONIPAT	49.91m
7	RAMAN ...	489		BHIWANI	49.70m
8	SAHIL KADIAN	246	07/17/06	JHAJJAR	47.92m
9	SACHIN SUHAG	239	11/11/96	JHAJJAR	46.79m
10	ADITYA .	249	10/02/04	SONIPAT	46.64m
11	YASH DABAS	485		UNATTACHED	46.58m
12	AMAN .	245	05/21/03	PALWAL	46.12m
13	DIVYANSH TYAGI	244	11/22/03	FARIDABAD	42.50m
14	YOGESH .	242	04/27/05	HISAR	41.16m
	ROHIT MAHLAWAT	251	07/20/93	REWARI	NM
	SUMIT KUMAR	247	09/17/03	BHIWANI	DNS
	HITESH MALIK	250	03/06/01	SONIPAT	NM

13th Haryana State Open Senior Athletics Championships

Navdeep Stadium, Narwana

10/8/2026

9/19/26 - 9/20/26

19-20 September 2026.**Event # 17 MENS Hammer Throw****FINALS****RESULTS OF FINALS**

1	VINIT .	254	03/20/03	SONIPAT	68.03m
2	NIRBHAY .	255	06/16/03	JHAJJAR	66.79m
3	AMIT PUNDIR	263	05/05/04	YAMUNANAGAR	65.91m
4	SHUBHAM .	260	10/04/06	SONIPAT	65.49m
5	AMAN .	262	11/24/07	JHAJJAR	65.45m
6	NITIN MALIK	258	01/01/00	HISAR	60.78m
7	PRATEEK .	252	10/31/05	ROHTAK	59.99m
8	JAIDEEP JAKHAR	253	12/15/05	JHAJJAR	59.20m
9	SOURABH .	264	10/09/05	CHARKHI DADRI	58.86m
10	ANKUSH .	261	05/24/06	BHIWANI	57.05m
11	HUNNY .	256	09/22/05	BHIWANI	56.79m
12	AKASH SINGH	259	02/04/04	BHIWANI	53.83m
13	NAVDEEP SINGH	257	05/20/97	SIRSA	51.13m
	VIKAS SINGH	265	10/05/94	JIND	DNS

Event # 18 MENS Javelin Throw**FINALS****RESULTS OF FINALS**

1	DEEPANSHU .	279	05/27/06	PANIPAT	74.72m
2	MANISH .	275	05/14/05	JHAJJAR	71.26m
3	SAGAR .	287	06/01/02	FATEHABAD	70.69m
4	JAIDEEP .	274	03/12/96	FATEHABAD	70.57m
5	RAVI TANWAR	278	12/15/02	BHIWANI	70.39m
6	SANUJ .	281	06/30/03	SONIPAT	68.44m
7	VINAY MALIK	284	07/08/03	HISAR	68.28m
8	YUVRAJ .	286	08/02/06	PANIPAT	68.11m
9	CHETAN	450		UNATTACHED	66.62m
10	KUNAL	449		UNATTACHED	65.78m
11	MANBIR SINGH	276	12/20/02	BHIWANI	65.04m
12	YASH .	280	10/19/04	HISAR	63.82m
13	KULDEEP	444		UNATTACHED	63.72m
14	PARTEEK KUMAR	282	01/17/04	KARNAL	62.21m
15	VISHAL .	285	04/08/06	CHARKHI DADRI	61.81m
16	VINISH	439		MAHENDRAGARH	57.78m
17	JITENDER .	277	12/01/06	JHAJJAR	56.75m
18	SUSHANT	459		UNATTACHED	48.00m
19	AMAN MITTAL.	458		UNATTACHED	44.00m
	DAKSH DAKSH	290	11/19/05	SONIPAT	NM
	KUNAL SOMVIR	291	09/26/06	BHIWANI	NM
	BHAVISHYA KHATRI	288	11/17/04	ROHTAK	NM
	YASHRAJ .	283	03/26/03	FARIDABAD	DNS
	GOURAV .	289	08/21/08	JHAJJAR	NM

13th Haryana State Open Senior Athletics Championships

Navdeep Stadium, Narwana

10/8/2026

9/19/26 - 9/20/26

19-20 September 2026.**Event # 19 MENS 20000m Race Walk****FINALS****RESULTS OF FINALS**

1	HARIKESH .	119	05/04/06	HISAR	1:33:17.45
2	ROHIT	468		BHIWANI	1:34:06.19
3	RAM MOHAN	116	02/02/05	CHARKHI DADRI	1:35:19.30
4	NITISH .	117	03/15/06	HISAR	1:35:23.00
5	HARSH .	118	06/18/05	JIND	1:37:46.00
	ANKUSH ANKUSH	5	10/10/95	ROHTAK	DNF
	RAHUL Â€	115	07/05/96	JHAJJAR	DNF
	VISHAL VISHAL	120	09/24/05	KAITHAL	DNS
	PRAHALAD SINGH	11	03/07/93	HISAR	DNS

Event # 20 MENS Decathlon**FINALS****RESULTS OF FINALS**

1	KAMAL DHANKHAR	235	10/13/98	SONIPAT	6814
2	MOHIT .	232	09/10/01	PANIPAT	6384
3	RUPESH .	236	01/10/03	JHAJJAR	5851
4	ANSHU GAUTAM	237	01/11/06	HISAR	4907
8	CHAMANJOT SINGH	233	04/16/01	KURUKSHETRA	
7	PRINCE PRINCE	238	06/07/97	FARIDABAD	
6	ROHIT KUMAR	234	12/25/01	FATEHABAD	
5	MOHIT .	72	04/16/02	JHAJJAR	

Event # 21 MENS 100m Dec 100 Dash**FINALS****RESULTS OF FINALS**

1	ROHIT KUMAR	234	12/25/01	FATEHABAD	11.14
2	CHAMANJOT SINGH	233	04/16/01	KURUKSHETRA	11.48
3	MOHIT .	232	09/10/01	PANIPAT	11.58
4	RUPESH .	236	01/10/03	JHAJJAR	11.64
5	KAMAL DHANKHAR	235	10/13/98	SONIPAT	11.73
6	ANSHU GAUTAM	237	01/11/06	HISAR	12.17
	MOHIT .	72	04/16/02	JHAJJAR	DNS
	PRINCE PRINCE	238	06/07/97	FARIDABAD	DNS

13th Haryana State Open Senior Athletics Championships

Navdeep Stadium, Narwana

10/8/2026

9/19/26 - 9/20/26

19-20 September 2026.**Event # 22 MENS Dec Long Jump****FINALS****RESULTS OF FINALS**

1	RUPESH .	236	01/10/03	JHAJJAR	6.84m
2	CHAMANJOT SINGH	233	04/16/01	KURUKSHETRA	6.68m
3	KAMAL DHANKHAR	235	10/13/98	SONIPAT	6.62m
4	MOHIT .	232	09/10/01	PANIPAT	6.47m
5	ROHIT KUMAR	234	12/25/01	FATEHABAD	6.15m
6	ANSHU GAUTAM	237	01/11/06	HISAR	5.94m
	PRINCE PRINCE	238	06/07/97	FARIDABAD	DNS
	MOHIT .	72	04/16/02	JHAJJAR	DNS

Event # 23 MENS Dec Shot Put**FINALS****RESULTS OF FINALS**

1	KAMAL DHANKHAR	235	10/13/98	SONIPAT	13.46m
2	CHAMANJOT SINGH	233	04/16/01	KURUKSHETRA	12.73m
3	MOHIT .	232	09/10/01	PANIPAT	10.45m
4	RUPESH .	236	01/10/03	JHAJJAR	10.13m
5	ANSHU GAUTAM	237	01/11/06	HISAR	8.46m
	MOHIT .	72	04/16/02	JHAJJAR	DNS
	PRINCE PRINCE	238	06/07/97	FARIDABAD	DNS
	ROHIT KUMAR	234	12/25/01	FATEHABAD	DNS

Event # 24 MENS Dec High Jump**FINALS****RESULTS OF FINALS**

1	KAMAL DHANKHAR	235	10/13/98	SONIPAT	1.85m
2	CHAMANJOT SINGH	233	04/16/01	KURUKSHETRA	1.76m
2	MOHIT .	232	09/10/01	PANIPAT	1.76m
4	ANSHU GAUTAM	237	01/11/06	HISAR	1.73m
5	RUPESH .	236	01/10/03	JHAJJAR	1.70m
	ROHIT KUMAR	234	12/25/01	FATEHABAD	NM
	PRINCE PRINCE	238	06/07/97	FARIDABAD	DNS
	MOHIT .	72	04/16/02	JHAJJAR	DNS

13th Haryana State Open Senior Athletics Championships

Navdeep Stadium, Narwana

10/8/2026

9/19/26 - 9/20/26

19-20 September 2026.**Event # 25 MENS 400m Dec 400 Dash****FINALS****RESULTS OF FINALS**

1	KAMAL DHANKHAR	235	10/13/98	SONIPAT	52.18
2	RUPESH .	236	01/10/03	JHAJJAR	52.87
3	MOHIT .	232	09/10/01	PANIPAT	54.16
4	ANSHU GAUTAM	237	01/11/06	HISAR	54.71
	MOHIT .	72	04/16/02	JHAJJAR	DNS
	CHAMANJOT SINGH	233	04/16/01	KURUKSHETRA	DNS
	PRINCE PRINCE	238	06/07/97	FARIDABAD	DNS
	ROHIT KUMAR	234	12/25/01	FATEHABAD	DNS

Event # 26 MENS 110m Dec 110 Hurdles**FINALS****RESULTS OF FINALS**

1	MOHIT .	232	09/10/01	PANIPAT	15.86
2	KAMAL DHANKHAR	235	10/13/98	SONIPAT	15.95
3	RUPESH .	236	01/10/03	JHAJJAR	17.42
4	ANSHU GAUTAM	237	01/11/06	HISAR	20.26
	ROHIT KUMAR	234	12/25/01	FATEHABAD	DNS
	MOHIT .	72	04/16/02	JHAJJAR	DNS
	CHAMANJOT SINGH	233	04/16/01	KURUKSHETRA	DNS
	PRINCE PRINCE	238	06/07/97	FARIDABAD	DNS

Event # 27 MENS Dec Discus Th**FINALS****RESULTS OF FINALS**

1	KAMAL DHANKHAR	235	10/13/98	SONIPAT	36.60m
2	MOHIT .	232	09/10/01	PANIPAT	33.04m
3	ANSHU GAUTAM	237	01/11/06	HISAR	21.00m
	RUPESH .	236	01/10/03	JHAJJAR	26.72m
	ROHIT KUMAR	234	12/25/01	FATEHABAD	DNS
	CHAMANJOT SINGH	233	04/16/01	KURUKSHETRA	DNS
	PRINCE PRINCE	238	06/07/97	FARIDABAD	DNS
	MOHIT .	72	04/16/02	JHAJJAR	DNS

13th Haryana State Open Senior Athletics Championships

Navdeep Stadium, Narwana

10/8/2026

9/19/26 - 9/20/26

19-20 September 2026.**Event # 28 MENS Dec Pole Vault****FINALS****RESULTS OF FINALS**

1	MOHIT .	232	09/10/01	PANIPAT	4.30m
2	KAMAL DHANKHAR	235	10/13/98	SONIPAT	4.20m
2	CHAMANJOT SINGH	233	04/16/01	KURUKSHETRA	4.20m
4	RUPESH .	236	01/10/03	JHAJJAR	3.70m
5	ANSHU GAUTAM	237	01/11/06	HISAR	3.20m
	PRINCE PRINCE	238	06/07/97	FARIDABAD	DNS
	ROHIT KUMAR	234	12/25/01	FATEHABAD	DNS
	MOHIT .	72	04/16/02	JHAJJAR	DNS

Event # 29 MENS Dec Javelin T**FINALS****RESULTS OF FINALS**

1	KAMAL DHANKHAR	235	10/13/98	SONIPAT	53.00m
2	MOHIT .	232	09/10/01	PANIPAT	48.20m
3	ANSHU GAUTAM	237	01/11/06	HISAR	42.45m
4	RUPESH .	236	01/10/03	JHAJJAR	41.00m
	MOHIT .	72	04/16/02	JHAJJAR	DNS
	ROHIT KUMAR	234	12/25/01	FATEHABAD	DNS
	CHAMANJOT SINGH	233	04/16/01	KURUKSHETRA	NM
	PRINCE PRINCE	238	06/07/97	FARIDABAD	DNS

Event # 30 MENS 1500m Dec 1500 Run**FINALS****RESULTS OF FINALS**

1	MOHIT .	232	09/10/01	PANIPAT	4:40.05
2	KAMAL DHANKHAR	235	10/13/98	SONIPAT	4:42.85
3	RUPESH .	236	01/10/03	JHAJJAR	4:43.99
4	ANSHU GAUTAM	237	01/11/06	HISAR	4:47.00
	ROHIT KUMAR	234	12/25/01	FATEHABAD	DNS
	PRINCE PRINCE	238	06/07/97	FARIDABAD	DNS
	CHAMANJOT SINGH	233	04/16/01	KURUKSHETRA	DNS
	MOHIT .	72	04/16/02	JHAJJAR	DNS

13th Haryana State Open Senior Athletics Championships

Navdeep Stadium, Narwana

10/8/2026

9/19/26 - 9/20/26

19-20 September 2026.**Event # 31 WOMENS 100m Run****FINALS****RESULTS OF FINALS**

1	SONIA .	340	01/05/01	JIND	12.06
2	SNEH .	341	10/30/05	CHARKHI DADRI	12.08
3	AARTI AGROIYA	342	12/26/02	HISAR	12.44
4	ISHA .	345	06/25/04	HISAR	12.67
5	SHASHI .	344	08/06/06	BHIWANI	12.79
6	SHRUTI .	343	08/29/06	KARNAL	12.94
	ARYAN	441		HISAR	DNS
	TEENA ...	446		UNATTACHED	DQ

RESULTS OF PRELIMS

1	TEENA ...	446		UNATTACHED	12.11
2	SONIA .	340	01/05/01	JIND	12.22
3	SNEH .	341	10/30/05	CHARKHI DADRI	12.25
4	AARTI AGROIYA	342	12/26/02	HISAR	12.47
5	ISHA .	345	06/25/04	HISAR	12.66
6	SHASHI .	344	08/06/06	BHIWANI	12.83
7	SHRUTI .	343	08/29/06	KARNAL	13.18
8	ARYAN	441		HISAR	14.94
9	JYOTI JYOTI	347	11/22/04	HISAR	14.96
10	RITU	448		JIND	16.16
11	KANCHAN YADAV	346	09/07/02	REWARI	18.93
	SAPNA .	348	03/05/00	MAHENDRAGARH	DNS

13th Haryana State Open Senior Athletics Championships

Navdeep Stadium, Narwana

10/8/2026

9/19/26 - 9/20/26

19-20 September 2026.**Event # 32 WOMENS 200m Run****FINALS****RESULTS OF FINALS**

1	NANCY .	365	12/12/07	JHAJJAR	24.03	
2	ANJLI .	367	09/05/05	CHARKHI DADRI	24.40	
3	SNEH .	341	10/30/05	CHARKHI DADRI	24.85	
4	TAMANNA .	366	05/15/06	JIND	24.88	24.872
5	SONIKA .	369	09/06/04	BHIWANI	24.88	24.877
6	HARSHIL .	368	11/01/07	JIND	26.18	
7	ANJU KULDEEP	482		HISAR	27.41	
	SHRUTI .	343	08/29/06	KARNAL	DNS	

RESULTS OF PRELIMS

1	NANCY .	365	12/12/07	JHAJJAR	24.40	
2	SONIKA .	369	09/06/04	BHIWANI	24.51	
3	TAMANNA .	366	05/15/06	JIND	25.19	
4	ANJLI .	367	09/05/05	CHARKHI DADRI	25.43	
5	SNEH .	341	10/30/05	CHARKHI DADRI	25.63	
6	HARSHIL .	368	11/01/07	JIND	26.34	
7	ANJU KULDEEP	482		HISAR	26.98	
8	SHRUTI .	343	08/29/06	KARNAL	27.29	
9	NIDHI ...	483		PANIPAT	36.17	
10	JYOTI RATHI	484		PANIPAT	40.24	

Event # 33 WOMENS 400m Run**FINALS****RESULTS OF FINALS**

1	ANJLI .	367	09/05/05	CHARKHI DADRI	54.31	
2	MANISHA .	375	05/24/02	HISAR	55.17	
3	TAMANNA .	366	05/15/06	JIND	55.31	
4	KAJAL	453		KARNAL	1:01.02	
5	HARSHIL .	368	11/01/07	JIND	1:01.64	

Event # 34 WOMENS 800m Run**FINALS****RESULTS OF FINALS**

1	ANJU .	351	11/17/04	BHIWANI	2:11.84	
2	KRITIKA	476		FARIDABAD	2:12.09	
3	VINITA CHAUDHARY	386	11/04/00	FARIDABAD	2:16.63	
4	NIKITA CHAUDHARY	387	11/04/00	FARIDABAD	2:22.08	
5	YOGITA .	389	12/29/05	FARIDABAD	2:30.40	
6	NIDHI .	388	08/31/06	GURUGRAM	2:37.44	
7	RACHANA	478		MAHENDRAGARH	2:49.95	
8	PAYAL GOSWAMI	390	05/15/08	HISAR	3:34.79	
9	TEENA ...	475		KAITHAL	4:18.70	

13th Haryana State Open Senior Athletics Championships

Navdeep Stadium, Narwana

10/8/2026

9/19/26 - 9/20/26

19-20 September 2026.**Event # 35 WOMENS 1500m Run****FINALS****RESULTS OF FINALS**

1	ANJU .	351	11/17/04	BHIWANI	4:35.11
2	ANJU .	352	11/13/04	HISAR	4:39.59
3	CHANCHAL JAKHAD	354	10/26/05	PALWAL	4:44.77
4	PRIYANKA YADAV	357	03/26/05	MAHENDRAGARH	4:51.75
5	SAKSHI .	353	09/04/06	REWARI	5:05.04
6	DISHA DISHA	356	03/31/06	JHAJJAR	6:28.09
	PRAGATI .	355	11/05/05	CHARKHI DADRI	DNF

Event # 36 WOMENS 5000m Run**FINALS****RESULTS OF FINALS**

1	RENU .	384	04/20/04	KARNAL	18:51.25
2	REKHA .	333	04/23/99	PANIPAT	18:52.84
3	SAVITA VERMA	335	11/30/03	SIRSA	18:53.44
4	SAKSHI .	353	09/04/06	REWARI	18:54.16
	RACHANA .	383	11/29/03	MAHENDRAGARH	DNS
	YANSHU YANSHU	385	11/18/05	SONIPAT	DNS
	LAVISHA RANI	374	05/15/05	HISAR	DNS

Event # 37 WOMENS 10000m Run**FINALS****RESULTS OF FINALS**

1	SAVITA VERMA	335	11/30/03	SIRSA	39:23.64
2	REKHA .	333	04/23/99	PANIPAT	39:59.34
3	RAMAN DEVI	334	07/04/04	KAITHAL	40:54.06
4	MANISHA MANISHA	338	08/06/06	FATEHABAD	48:25.97
5	ANU RANI	336	08/22/08	HISAR	49:23.65
6	SKINA SKINA	337	12/04/04	HISAR	51:08.36
	MS CHETNA	339	04/14/08	HISAR	DNF

Event # 38 WOMENS 100m Hurdles**FINALS****RESULTS OF FINALS**

1	PRIYANKA .	350	02/10/03	BHIWANI	15.37
2	PALLAVI .	349	11/20/01	BHIWANI	16.19
3	BASKAR ...	493		HISAR	21.10
4	ANJALI	491		JIND	23.60

13th Haryana State Open Senior Athletics Championships

Navdeep Stadium, Narwana

10/8/2026

9/19/26 - 9/20/26

19-20 September 2026.**Event # 39 WOMENS 400m Hurdles****FINALS****RESULTS OF FINALS**

1	SONAM .	381	05/30/08	HISAR	1:01.93
2	MONIKA .	378	07/01/04	CHARKHI DADRI	1:03.71
3	AKSHMA .	377	11/25/05	JHAJJAR	1:04.22
4	MUSKAN .	376	01/26/06	JHAJJAR	1:05.53
5	POONAM .	380	05/31/07	HISAR	1:07.42
6	TAMANNA YADAV	382	12/27/05	GURUGRAM	1:09.67
7	ASHA .	379	10/13/05	JIND	1:11.92

Event # 40 WOMENS 3000m Steeplechase**FINALS****RESULTS OF FINALS**

1	CHANCHAL .	370	06/06/02	GURUGRAM	10:49.00
2	ANJALI .	372	01/27/08	HISAR	12:53.76
3	KHUSBU .	371	06/11/06	BHIWANI	13:29.68
4	BASKAR BASKAR	373	06/04/06	HISAR	14:21.71
	LAVISHA RANI	374	05/15/05	HISAR	DQ
	ANU RANI	336	08/22/08	HISAR	DNS

Event # 41 WOMENS High Jump**FINALS****RESULTS OF FINALS**

1	REKHA .	407	01/24/99	FATEHABAD	1.66m
2	JONIKA PAHAL	405	01/21/04	CHARKHI DADRI	1.63m
3	KEVIN SAGGU	408	05/22/04	KARNAL	1.60m
4	MANREET KAUR	406	08/24/06	SIRSA	1.55m
5	PUSHPA PUSHPA	409	07/14/08	FATEHABAD	1.50m
	RUBINA YADAV	404	01/14/01	REWARI	DNS

Event # 42 WOMENS Long Jump**FINALS****RESULTS OF FINALS**

1	PARIKSHA .	421	12/23/05	FARIDABAD	5.66m
2	RITIKA GAUR	401	06/22/03	FARIDABAD	5.33m
3	GAGANDEEP KAUR	422	03/28/02	YAMUNANAGAR	5.02m
4	DIMPLE .	423	05/11/08	HISAR	4.35m

13th Haryana State Open Senior Athletics Championships

Navdeep Stadium, Narwana

10/8/2026

9/19/26 - 9/20/26

19-20 September 2026.**Event # 43 WOMENS Triple Jump****FINALS****RESULTS OF FINALS**

1	MONIKA .	434	12/16/04	FATEHABAD	12.67m
2	HEMA .	433	01/19/03	BHIWANI	12.30m
3	SHASHI .	344	08/06/06	BHIWANI	11.63m
4	DIMPLE .	423	05/11/08	HISAR	9.54m
	PARUL PARUL	435	11/19/03	MAHENDRAGARH	DNS

Event # 44 WOMENS Pole Vault**FINALS****RESULTS OF FINALS**

1	RAJNI .	424	03/12/04	BHIWANI	3.30m
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Event # 45 WOMENS Shot Put**FINALS****RESULTS OF FINALS**

1	KHUSBOO .	428	04/23/06	ROHTAK	14.16m
2	TAMANNA .	426	08/31/06	JHAJJAR	13.88m
3	BABLI .	425	03/15/98	ROHTAK	13.35m
4	JAGRITI JAGRITI	432	01/21/94	SONIPAT	7.20m
5	KUSUM KUSUM	430	04/09/08	HISAR	6.99m
6	KASISH .	431	05/23/08	BHIWANI	5.25m
7	SUNITA SUNITA	429	08/04/04	HISAR	5.10m
	MONIKA .	427	09/03/01	FARIDABAD	DNS

Event # 46 WOMENS Discus Throw**FINALS****RESULTS OF FINALS**

1	PALAK .	392	07/02/05	BHIWANI	46.48m
2	MAHAK .	393	08/08/06	JIND	42.30m
3	PRAMILA ...	477		HISAR	41.77m
4	NITAN RANI	394	09/19/03	PANIPAT	27.92m
5	KRITI RAWAL	395	06/22/08	PANIPAT	23.87m
	PRIYA .	391	06/20/04	BHIWANI	DNS

Event # 47 WOMENS Hammer Throw**FINALS****RESULTS OF FINALS**

1	POONAM JAKHAR	397	12/30/99	JHAJJAR	55.86m
2	RINKU .	396	08/06/03	FATEHABAD	45.05m
3	PARI	488		HISAR	33.24m
4	ARSHDEEP KAUR	398	03/31/02	SIRSA	30.12m

13th Haryana State Open Senior Athletics Championships

Navdeep Stadium, Narwana

10/8/2026

9/19/26 - 9/20/26

19-20 September 2026.**Event # 48 WOMENS Javelin Throw****FINALS****RESULTS OF FINALS**

1	JYOTI .	410	04/01/02	FATEHABAD	50.99m
2	JYOTI .	416	12/15/05	JHAJJAR	49.95m
3	DEEPIKA .	413	11/21/05	FATEHABAD	49.88m
4	POONAM .	419	04/22/07	FATEHABAD	48.76m
5	HARITA .	415	12/04/01	CHARKHI DADRI	48.24m
6	SEEMA .	411	12/27/04	BHIWANI	47.58m
7	HIMANSHI .	412	04/28/04	ROHTAK	46.45m
8	SAPNA .	414	12/26/05	FATEHABAD	43.99m
9	GORA .	417	09/07/06	BHIWANI	36.96m
10	MANISHA DEVI MANT	420	05/04/93	KURUKSHETRA	20.46m
	BHAWANA .	418	04/12/06	BHIWANI	DNS

Event # 49 WOMENS 20000m Race Walk**FINALS****RESULTS OF FINALS**

1	INDU .	361	02/12/04	SONIPAT	1:45:03.47
2	PAYAL PAYAL	363	09/17/06	JIND	1:45:03.80
3	JYOTI .	359	11/01/02	BHIWANI	1:45:31.17
4	JASPAL KAUR	358	02/08/98	SIRSA	1:46:21.55
5	TAMMENA RANI.	467		FATEHABAD	1:56:22.00
	KHUSHDEEP KAUR	362	04/26/07	FATEHABAD	DNS
	PREETI .	360	02/08/02	CHARKHI DADRI	DNS
	ANSHU RANA	364	10/23/03	SONIPAT	DNS

Event # 50 WOMENS Outdoor Heptathlon**FINALS****RESULTS OF FINALS**

1	SONU KUMARI	399	11/23/00	CHARKHI DADRI	4904
2	SHEETAL .	400	01/05/02	CHARKHI DADRI	4701
3	RITIKA GAUR	401	06/22/03	FARIDABAD	4526
4	NEERU .	402	04/14/07	JIND	3923
5	SUNITA SUNITA	403	06/17/00	PANIPAT	3397

Event # 51 WOMENS 100m Hep 100 Hurdles**FINALS****RESULTS OF FINALS**

1	SONU KUMARI	399	11/23/00	CHARKHI DADRI	15.33
2	RITIKA GAUR	401	06/22/03	FARIDABAD	15.63
3	SHEETAL .	400	01/05/02	CHARKHI DADRI	16.17
4	NEERU .	402	04/14/07	JIND	16.92
5	SUNITA SUNITA	403	06/17/00	PANIPAT	18.95

13th Haryana State Open Senior Athletics Championships

Navdeep Stadium, Narwana

10/8/2026

9/19/26 - 9/20/26

19-20 September 2026.**Event # 52 WOMENS Hep High Jump****FINALS****RESULTS OF FINALS**

1	SONU KUMARI	399	11/23/00	CHARKHI DADRI	1.56m
1	SHEETAL .	400	01/05/02	CHARKHI DADRI	1.56m
3	RITIKA GAUR	401	06/22/03	FARIDABAD	1.38m
4	NEERU .	402	04/14/07	JIND	1.30m
	SUNITA SUNITA	403	06/17/00	PANIPAT	1.35m

Event # 53 WOMENS Hep Shot Put**FINALS****RESULTS OF FINALS**

1	SONU KUMARI	399	11/23/00	CHARKHI DADRI	12.30m
2	SHEETAL .	400	01/05/02	CHARKHI DADRI	10.21m
3	RITIKA GAUR	401	06/22/03	FARIDABAD	9.80m
4	SUNITA SUNITA	403	06/17/00	PANIPAT	8.80m
5	NEERU .	402	04/14/07	JIND	8.22m

Event # 54 WOMENS 200m Hep 200 Dash**FINALS****RESULTS OF FINALS**

1	RITIKA GAUR	401	06/22/03	FARIDABAD	25.03
2	NEERU .	402	04/14/07	JIND	25.80
3	SHEETAL .	400	01/05/02	CHARKHI DADRI	25.89
4	SONU KUMARI	399	11/23/00	CHARKHI DADRI	26.50
5	SUNITA SUNITA	403	06/17/00	PANIPAT	26.80

Event # 55 WOMENS Hep Long Jump**FINALS****RESULTS OF FINALS**

1	SONU KUMARI	399	11/23/00	CHARKHI DADRI	5.23m
2	RITIKA GAUR	401	06/22/03	FARIDABAD	5.18m
3	SHEETAL .	400	01/05/02	CHARKHI DADRI	5.09m
4	NEERU .	402	04/14/07	JIND	4.87m
	SUNITA SUNITA	403	06/17/00	PANIPAT	4.32m

Event # 56 WOMENS Hep Javelin T**FINALS****RESULTS OF FINALS**

1	SHEETAL .	400	01/05/02	CHARKHI DADRI	37.90m
2	SONU KUMARI	399	11/23/00	CHARKHI DADRI	36.20m
3	RITIKA GAUR	401	06/22/03	FARIDABAD	29.60m
4	SUNITA SUNITA	403	06/17/00	PANIPAT	29.18m
5	NEERU .	402	04/14/07	JIND	25.20m

13th Haryana State Open Senior Athletics Championships

Navdeep Stadium, Narwana

10/8/2026

9/19/26 - 9/20/26

19-20 September 2026.***Event # 57 WOMENS 800m Hep 800 Run*****FINALS****RESULTS OF FINALS**

1	RITIKA GAUR	401	06/22/03	FARIDABAD	2:22.00
2	NEERU .	402	04/14/07	JIND	2:24.10
3	SONU KUMARI	399	11/23/00	CHARKHI DADRI	2:24.50
4	SHEETAL .	400	01/05/02	CHARKHI DADRI	2:25.00
5	SUNITA SUNITA	403	06/17/00	PANIPAT	2:45.00