

16TH Haryana State Senior Athletics Championships**Daronacharya Stadium, Kurukshetra**

6/1/2026

5/30/26 - 5/31/26

30-31 May 2026**Event # 1 MENS 100m Run****FINALS****RESULTS OF FINALS**

1	NUZRAT .	14	11/22/99	YAMUNANAGAR	10.70
2	PRINCE .	24	12/24/01	SONIPAT	11.01
3	JAI PARKASH .	39	10/04/98	CHARKHI DADRI	11.03
4	MANJEET KUMAR	46	10/15/97	SONIPAT	11.29
5	AMIT AMIT	61	09/05/95	BHIWANI	11.42
6	MITUL .	31	07/08/03	FATEHABAD	11.48
6	ASHISH .	19	12/31/01	SONIPAT	11.48
	ROHIT .	16	08/03/00	YAMUNANAGAR	DNF

RESULTS OF PRELIMS

1	NUZRAT .	14	11/22/99	YAMUNANAGAR	10.70
2	JAI PARKASH .	39	10/04/98	CHARKHI DADRI	11.03
3	PRINCE .	24	12/24/01	SONIPAT	11.19
4	MANJEET KUMAR	46	10/15/97	SONIPAT	11.29
5	AMIT AMIT	61	09/05/95	BHIWANI	11.42
6	MITUL .	31	07/08/03	FATEHABAD	11.46
7	ASHISH .	19	12/31/01	SONIPAT	11.47
8	ROHIT .	16	08/03/00	YAMUNANAGAR	11.50
9	LALIT KUMAR TUSHII	37	07/09/03	SONIPAT	11.54
10	SACHIN PILWAN	50	09/16/01	FARIDABAD	11.55
11	LUCKY .	44	03/11/06	SONIPAT	11.56
12	NITESH .	15	12/31/01	SONIPAT	11.61
13	MR. DEVENDER	54	10/04/07	HISAR	11.64
14	SHUBHAM .	36	11/14/02	SONIPAT	11.66
15	NIKHIL .	41	01/12/05	BHIWANI	11.70
16	KEWAL SINGH	26	02/13/99	SIRSA	11.73
17	MUKUL BADSAR	572		JIND	11.80
18	VIKAS MOR	51	12/18/07	SONIPAT	11.84
19	SAHIL .	29	12/16/03	SONIPAT	11.90
20	KAMALJEET SINGH	59	12/20/03	MAHENDRAGARH	11.96
21	SHUBHAM SHUBHAM	60	01/28/05	YAMUNANAGAR	12.06
22	LOVEPREET SINGH	33	09/23/02	KURUKSHETRA	12.07
23	PRINCE CHHIKARA	27	11/17/04	SONIPAT	12.09
24	ANSH RANA	28	10/31/05	KARNAL	12.18
25	YASH VERMA	30	10/17/07	KURUKSHETRA	12.23
26	AJAY KADYAN	70	11/15/03	KAITHAL	12.24
27	MANJEET .	20	09/09/99	KARNAL	12.35
28	AJAY KUMAR	68	03/07/96	SIRSA	12.39
29	ANKUSH GAHLOT	56	09/13/06	PANIPAT	12.48
30	SAHIL KUMAR	45	08/23/03	CHARKHI DADRI	12.50
31	TARUNDEEP SINGH	69	01/23/00	KURUKSHETRA	12.63
32	RAKESH .	25	10/04/99	SONIPAT	12.66

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33	MOHIT KAUSHIK	42	05/06/01	SONIPAT	12.72
34	HIMANSHU BALIYA H	65	12/21/00	KARNAL	12.76
34	RAHUL .	40	05/11/91	KURUKSHETRA	12.82
35	ABHAY .	57	21/03/09	KURUKSHETRA	12.82
37	VIKAS RAIKA	64	08/01/09	KAITHAL	12.84
38	NAVJEET SINGH	47	09/01/10	KAITHAL	12.87
39	YASH DHANKAR	32	12/20/06	FARIDABAD	12.92
40	SHAINKY .	35	10/11/02	YAMUNANAGAR	13.13
41	ARYAN ARYAN	62	09/20/04	KURUKSHETRA	13.35
42	RAVI KUMAR	52	09/05/05	BHIWANI	13.55
43	VISHAL DHINGRA	53	06/11/00	AMBALA	13.79
44	SHUBHAM	574		KAITHAL	13.81
45	RAVI AHIRWAR	55	27/02/06	SONIPAT	13.82
46	RAGHAV ...	584		SIRSA	13.84
47	VANSH SHARMA	67	08/10/09	YAMUNANAGAR	14.29
48	PARVEEN KUMAR	63	05/05/02	HISAR	14.53
49	SWARAJ SAINI	22	09/26/86	AMBALA	14.94
50	KARAN KAMBOJ	582		SIRSA	15.14
51	YOGESH KUMAR	73	12/23/07	JIND	15.48
52	AMIT	575		KAITHAL	17.35
53	PAWAN KUMAR ...	578		SIRSA	17.80
54	CHHINDER ..	579		SIRSA	17.91
55	PAWAN KUMAR...	581		SIRSA	19.15
56	RAJ KUMAR...	573		SIRSA	22.11
	PARMVIR SINGH	18	10/07/96	JIND	DNS
	KARANDEEP .	38	12/26/97	ROHTAK	DNS
	SYED ASAD ALI	71	05/20/99	PANCHKULA	DNS
	VISHU DHOUNCHAK	66	03/04/03	PANIPAT	DNS
	ANKUSH SAINI	49	03/23/95	PANCHKULA	DNF
	ATUL CHHOKER	48	05/23/98	PANIPAT	DNS
	DEEPAK JANGRA	34	06/21/08	JIND	DNS
	CHAMANJOT SINGH	21	04/16/01	KURUKSHETRA	DNS
	DHRAMVEER KUMAR	72	01/01/07	HISAR	DNS
	VISHWAJEET SINGH	58	05/04/96	FARIDABAD	DNS
	RAJA BABU	17	01/11/04	FARIDABAD	DNS
	SACHIN DHAYAL	43	03/30/01	BHIWANI	DNS
	CHETAN BRAR	23	07/01/98	YAMUNANAGAR	DNS

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5/30/26 - 5/31/26

30-31 May 2026**Event # 2 MENS 200m Run****FINALS****RESULTS OF FINALS**

1	MOHIT KUMAR	132	01/09/97	SONIPAT	21.05	
2	PRINCE .	24	12/24/01	SONIPAT	21.72	21.716
3	KAPIL .	128	10/11/03	HISAR	21.72	21.720
4	VIKASH KUMAR	144	10/28/00	CHARKHI DADRI	21.77	
5	DEEPAK	621		SONIPAT	21.84	
6	ROHIT	623		PANIPAT	22.24	
7	ANKUR .	141	05/09/99	SONIPAT	33.59	
	DHARMBIR DHARMBI	143	10/12/90	ROHTAK	DNS	

RESULTS OF PRELIMS

1	MOHIT KUMAR	132	01/09/97	SONIPAT	21.39	
2	DHARMBIR DHARMBI	143	10/12/90	ROHTAK	21.87	
3	KAPIL .	128	10/11/03	HISAR	21.89	
4	VIKASH KUMAR	144	10/28/00	CHARKHI DADRI	21.99	
5	PRINCE .	24	12/24/01	SONIPAT	22.03	
6	DEEPAK	621		SONIPAT	22.05	
7	ROHIT	623		PANIPAT	22.09	
8	ANKUR .	141	05/09/99	SONIPAT	22.16	
9	LUCKY .	44	03/11/06	SONIPAT	22.29	
9	JAI PARKASH .	39	10/04/98	CHARKHI DADRI	22.18	
10	AMIT AMIT	61	09/05/95	BHIWANI	22.20	
11	KAILASH SINGH	133	12/25/05	ROHTAK	22.29	
13	SACHIN PILWAN	50	09/16/01	FARIDABAD	22.30	
14	LOVEPREET SINGH	136	12/16/05	SIRSA	23.15	
14	AMIT KUMAR	620		CHARKHI DADRI	22.46	
15	MAYANK .	135	11/24/05	ROHTAK	22.80	
16	JANGSHER SINGH	139	04/24/94	SIRSA	22.97	
17	PRASHANT	622		FARIDABAD	22.99	
18	VASHITVA SHANDILY	134	06/11/06	FARIDABAD	23.00	
19	KEWAL SINGH	26	02/13/99	SIRSA	23.15	
21	RAJA BABU	17	01/11/04	FARIDABAD	23.17	
22	RITISH RAWAT	155	07/14/07	FARIDABAD	23.26	
23	ARMAN ARMAN	147	06/22/06	FATEHABAD	23.34	
24	DILAWAR SINGH	148	03/06/04	FATEHABAD	23.39	
25	HARSH DIKSHIT	618		FARIDABAD	23.47	
26	HAPPY HAPPY	142	04/05/08	BHIWANI	23.48	
27	ANKUSH .	127	03/12/99	ROHTAK	23.71	
28	JASHANDEEP SINGH	138	07/17/08	KURUKSHETRA	23.75	
29	MANJEET .	20	09/09/99	KARNAL	23.99	
30	MANDEEP .	137	02/01/04	PANIPAT	24.18	
31	DEEPANSHU NANDAL	159	10/31/06	JHAJJAR	24.68	
32	AJAY KADYAN	624		PANIPAT	24.70	

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33	KAMALJEET SINGH	59	12/20/03	MAHENDRAGARH	24.75
34	UJJWAL SINGH	157	04/23/01	FARIDABAD	25.01
35	SAHIL .	29	12/16/03	SONIPAT	25.45
36	SAHIL VASHIST	131	02/09/02	SONIPAT	25.53
37	RAJESH KUMAR	158	04/06/04	HISAR	25.70
38	ARYAN ARYAN	62	09/20/04	KURUKSHETRA	25.84
39	DUSHYANT KUMAR	140	12/29/03	BHIWANI	26.14
40	VISHAL	619		HISAR	26.66
41	AJAY AJAY	154	05/06/06	KARNAL	27.45
42	JATEEN JATEEN	146	05/27/04	JIND	27.47
43	SAVANT KUMAR	150	11/08/07	JHAJJAR	28.94
44	BHUWAN SHARMA	149	10/01/06	HISAR	29.14
45	LALIT .	151	11/01/02	PANIPAT	29.37
46	AJAY KUMAR	153	06/08/98	FATEHABAD	33.10
47	MOHIT KASANWAL	156	05/01/99	SONIPAT	37.74
	ANUJ .	145	01/21/10	SONIPAT	DNS
	RAVI AHIRWAR	55	27/02/06	SONIPAT	DNS
	HIMANSHU BALIYA H	65	12/21/00	KARNAL	DNS
	VIKAS RAIKA	64	08/01/09	KAITHAL	DQ
	ATUL CHHOKER	48	05/23/98	PANIPAT	DNS
	MOHIT SHARMA	130	08/10/98	HISAR	DNS
	HARDEEP .	129	12/16/97	PANIPAT	DNS
	SUDHIR KUMAR	160	06/07/97	MAHENDRAGARH	DNS
	MANJEET KUMAR	46	10/15/97	SONIPAT	DNS
	ANSH RANA	28	10/31/05	KARNAL	DQ
	SACHIN DHAYAL	43	03/30/01	BHIWANI	DNS
	VISHWAJEET SINGH	58	05/04/96	FARIDABAD	DNS
	ROHIT .	16	08/03/00	YAMUNANAGAR	DNS
	PARMVIR SINGH	18	10/07/96	JIND	DNS
	ASHISH KUMAR	152	06/17/08	NUH	DNS

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5/30/26 - 5/31/26

30-31 May 2026**Event # 3 MENS 400m Run****FINALS****RESULTS OF FINALS**

1	VIKRANT PANCHAL	178	30/01/00	FARIDABAD	46.28
2	MOHIT KUMAR	132	01/09/97	SONIPAT	46.45
3	VIKASH KUMAR	144	10/28/00	CHARKHI DADRI	47.26
4	DEEPAK KAUSHIK	191	12/23/02	SONIPAT	47.53
5	RAMAN DAGAR	189	04/28/05	SONIPAT	47.54
6	BANTY SINGH	193	05/19/00	FATEHABAD	48.76
7	AMIT KUMAR	183	01/01/03	CHARKHI DADRI	49.28
8	SUBHAM .	182	06/29/07	FATEHABAD	49.30

RESULTS OF PRELIMS

1	VIKRANT PANCHAL	178	30/01/00	FARIDABAD	46.95
2	MOHIT KUMAR	132	01/09/97	SONIPAT	47.26
3	DEEPAK KAUSHIK	191	12/23/02	SONIPAT	47.82
4	RAMAN DAGAR	189	04/28/05	SONIPAT	47.99
5	VIKASH KUMAR	144	10/28/00	CHARKHI DADRI	48.44
6	AMIT KUMAR	183	01/01/03	CHARKHI DADRI	48.84
7	BANTY SINGH	193	05/19/00	FATEHABAD	49.05
8	SUBHAM .	182	06/29/07	FATEHABAD	49.22
9	ASHISH PHOGAT	181	10/15/02	CHARKHI DADRI	49.28
10	CHIRAG CHA HAR	192	03/07/02	JHAJJAR	49.59
11	SAWAN RATHEE	186	12/18/02	ROHTAK	49.70
12	RISHABH RISHABH	211	09/11/05	FARIDABAD	49.83
13	VANSH ..	201	18/07/08	SONIPAT	50.14
14	MANISH KUMAR	202	12/28/07	HISAR	50.43
15	HARIOM .	187	12/23/09	FARIDABAD	50.71
16	DEEPAK KATARIYA	188	01/05/06	JHAJJAR	51.06
17	JANGSHER SINGH	139	04/24/94	SIRSA	51.47
18	ROHIT .	196	06/12/06	PANIPAT	51.49
19	VASHITVA SHANDILY	134	06/11/06	FARIDABAD	51.60
20	ANKUSH .	127	03/12/99	ROHTAK	51.99
21	NITIN KUMAR	194	03/16/09	JHAJJAR	52.16
22	RITIK .	185	05/04/03	SONIPAT	52.17
23	TANUJ JANGRA	200	10/07/06	ROHTAK	52.40
24	DHRUV CHAUDHARY	199	01/01/06	FARIDABAD	52.41
25	NIKHIL BHADANA	208	01/08/04	FARIDABAD	53.09
26	PUNIT DAHIYA	213	06/23/07	JHAJJAR	53.12
27	RAHUL .	40	05/11/91	KURUKSHETRA	53.37
28	HIMANSHU JAKHAR .	195	03/08/09	JHAJJAR	54.88
29	HITESH KUNDU	198	11/08/07	SONIPAT	54.92
30	PANKAJ NEHRA	210	11/27/05	KAITHAL	56.48
31	VIKRANT SAINI	203	11/28/08	FARIDABAD	58.24
32	ROHIT SINGROHA	204	07/30/08	JIND	58.71

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33	TUNIR TUNIR	206	11/21/08	KURUKSHETRA	1:00.13
34	VAKIL SINGH	207	02/10/02	SIRSA	1:02.65
35	VISHAL DHINGRA	53	06/11/00	AMBALA	1:05.98
36	BHAV JADON	205	10/25/09	FARIDABAD	1:06.61
37	VISHU DHOUNCHAK	66	03/04/03	PANIPAT	1:07.43
38	SUMIT KUMAR	209	06/30/04	BHIWANI	1:09.75
39	ABHISHEK .	212	08/14/02	MAHENDRAGARH	1:18.32
40	VIKASH SINGH	215	06/17/94	MAHENDRAGARH	1:40.50
	JATEEN JATEEN	146	05/27/04	JIND	DNS
	GAURAV DALAL	197	12/18/06	JHAJJAR	DNS
	ANKUSH ANKUSH	190	01/10/02	FATEHABAD	DNS
	DINESH .	179	07/02/01	BHIWANI	DNF
	DEEPAK DEEPAK	273	03/03/05	HISAR	DNS
	KAPIL RAIKA	184	09/13/04	SONIPAT	DNS
	AYUSH DABAS	180	09/28/99	SONIPAT	DNS

16TH Haryana State Senior Athletics Championships**Daronacharya Stadium, Kurukshetra**

6/1/2026

5/30/26 - 5/31/26

30-31 May 2026**Event # 4 MENS 800m Run****FINALS****RESULTS OF FINALS**

1	SOMNATH CHAUHAN	255	02/02/04	HISAR	2:01.35
2	AMAN KUMAR	95	06/06/01	SONIPAT	2:01.54
3	HITESH .	258	05/07/08	HISAR	2:01.55
4	VIRENDER .	254	04/13/03	BHIWANI	2:01.86
5	DEV .	257	12/26/09	REWARI	2:02.20
6	ANKUSH .	260	01/21/06	PANIPAT	2:04.02
7	RINKU DABAS JAAT	262	05/05/98	ROHTAK	2:06.62
	ANKIT ...	615		SONIPAT	DNS

RESULTS OF PRELIMS

1	DEV .	257	12/26/09	REWARI	1:54.24
2	AMAN KUMAR	95	06/06/01	SONIPAT	1:54.27
3	ANKIT ...	615		SONIPAT	1:54.76
4	SOMNATH CHAUHAN	255	02/02/04	HISAR	1:55.15
5	VIRENDER .	254	04/13/03	BHIWANI	1:55.30
6	ANKUSH .	260	01/21/06	PANIPAT	1:56.16
7	HITESH .	258	05/07/08	HISAR	1:56.50
8	RINKU DABAS JAAT	262	05/05/98	ROHTAK	1:56.74
9	AKSHAY .	261	01/04/00	BHIWANI	1:56.82
10	SANJAY SINGH	268	06/19/00	HISAR	1:57.20
11	SURENDER CHAHAL	252	08/23/98	JIND	1:57.46
12	VIJAY VIJAY	265	08/12/05	SONIPAT	1:58.03
13	ASHISH .	267	04/25/05	JIND	1:58.53
14	SUBHAM .	266	10/30/08	KARNAL	1:58.66
15	MR ARJUN	264	08/10/06	PANIPAT	1:59.66
16	ARUN ARUN	96	06/12/06	GURUGRAM	2:00.72
17	NAVEEN TANWER	269	01/01/02	PALWAL	2:04.94
18	GAURAV PANCHAL	253	12/27/05	PALWAL	2:06.60
19	NIKHIL SINGH	259	05/23/01	FARIDABAD	2:08.41
20	SUSHIL KUMAR	271	10/08/99	SONIPAT	2:10.34
21	ROHIT ROHIT	272	01/10/07	HISAR	2:32.73
22	DEEPAK DEEPAK	273	03/03/05	HISAR	2:48.63
23	ANKIT KUMAR	270	11/24/02	ROHTAK	2:55.48
24	NARENDER KUMAR	607		HISAR	3:04.13
	REHAN .	91	09/03/10	NUH	DNS
	TINKU TINKU	105	07/16/04	SONIPAT	DNS
	ROHIT .	196	06/12/06	PANIPAT	DNF
	KULNEER .	256	02/17/07	KURUKSHETRA	DNS
	KRISHAN KUMAR	251	12/10/97	BHIWANI	DNS
	ABHISHEK .	263	02/07/05	FARIDABAD	DNS

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6/1/2026

5/30/26 - 5/31/26

30-31 May 2026**Event # 5 MENS 1500m Run****FINALS****RESULTS OF FINALS**

1	SAKIR .	85	05/10/05	PALWAL	3:49.71
2	NARENDER SINGH	94	07/10/97	BHIWANI	3:50.86
3	ANKIT MALIK	81	10/11/02	SONIPAT	3:52.27
4	AJAY .	84	12/08/03	SONIPAT	3:52.81
5	ISLAMUDDIN .	92	03/06/05	NUH	3:55.49
6	GOURAV PANCHAL	554		PALWAL	3:55.58
7	VISHAL .	82	01/11/03	BHIWANI	3:56.10
8	NITIN	87		BHIWANI	3:56.88
9	MOHAN .	93	05/06/97	CHARKHI DADRI	3:58.75
10	RAVI .	88	10/16/01	ROHTAK	4:01.49
11	ISMAIL .	99	01/01/05	NUH	4:08.71
12	SOURAV	557		HISAR	4:10.89
13	DEVENDER DHAKA	101	02/20/08	HISAR	4:14.24
14	ARUN ARUN	96	06/12/06	GURUGRAM	4:16.29
15	SONU .	86	11/08/03	JIND	4:21.85
16	NISHANT .	90	04/26/05	PANIPAT	4:24.06
17	SACHIN RATHEE	106	04/13/01	JHAJJAR	4:25.14
18	GURPREET SHIRA	109	01/08/03	KAITHAL	4:29.21
19	SACHIN KUMAR	97	09/23/03	PANIPAT	4:29.68
20	ARUN .	104	08/17/05	JIND	4:34.78
21	SUMIT	563		HISAR	4:46.95
22	DIVYANSHU GURJAR	107	09/25/01	MAHENDRAGARH	4:57.44
23	DEVANSH MALIK	102	09/23/08	JIND	5:04.05
24	TINKU TINKU	105	07/16/04	SONIPAT	5:09.50
25	SUMIT	566		HISAR	5:50.66
26	VIRENDER KUMAR	108	05/09/08	JHAJJAR	5:52.66
27	SHIVCHARAN RATHEE	100	09/11/94	ROHTAK	6:26.86
	ARYAN .	80	01/02/06	PANIPAT	DNS
	HARSH .	89	12/01/02	JHAJJAR	DNS
	VIKASH .	83	10/12/04	HISAR	DNS
	AJAY AJAY	103	02/12/99	JIND	DNS
	AMAN KUMAR	95	06/06/01	SONIPAT	DNS
	MANPREET MANPREET	110	12/09/08	HISAR	DNS
	GULSHAN KUMAR	98	01/04/06	AMBALA	DNS
	REHAN .	91	09/03/10	NUH	DNS

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5/30/26 - 5/31/26

30-31 May 2026**Event # 6 MENS 5000m Run****FINALS****RESULTS OF FINALS**

1	AJAY .	84	12/08/03	SONIPAT	14:15.71
2	HEMANT ...	605		REWARI	14:24.17
3	RAHUL ...	603		BHIWANI	14:28.31
4	KARMVEER YADAV	233	07/12/05	MAHENDRAGARH	14:31.93
5	ROHIT ..	606		SONIPAT	14:36.39
6	NAVDEEP .	229	09/20/03	JIND	14:38.28
7	PARVEEN KUMAR	242	04/01/01	FATEHABAD	14:56.61
8	VIPIN SINGH	231	10/11/03	PANIPAT	15:02.23
9	PRIYANSHU BHAKER	249	08/21/05	BHIWANI	15:06.12
10	AJAY .	228	01/29/02	JHAJJAR	15:07.10
11	KAPIL .	3	03/17/05	ROHTAK	16:32.11
12	DHEERAJ BAGHEL	235	09/13/05	FARIDABAD	17:45.00
13	PUSHPENDER CHAUH	234	11/17/06	GURUGRAM	18:11.31
14	RAMAN .	247	02/16/05	KARNAL	20:10.00
15	AJAY KUMAR	602		HISAR	20:31.42
16	ARSHDEEP SINGH	244	09/16/05	FATEHABAD	20:36.40
17	GOBIND RAM	245	12/24/06	YAMUNANAGAR	20:45.30
18	MANOJ .	232	03/02/02	NUH	20:49.39
19	KARTIK SAINI	246	09/30/93	KURUKSHETRA	20:56.50
20	HARSH GAGAT	250	06/10/09	KURUKSHETRA	20:58.10
21	DEEPANSHU DEEPAN	248	10/01/03	SONIPAT	22:21.11
	PRITAM KUMAR	241	01/11/94	MAHENDRAGARH	DNF
	SHANKAR LAL SWAM	601		BHIWANI	DNF
	HARSH KUMAR	243	02/20/05	GURUGRAM	DNF
	SONU KUMAR	230	10/23/89	SONIPAT	DNF
	SOURAV .	239	07/03/10	PANIPAT	DNF
	VINAY .	237	11/22/03	SONIPAT	DNF
	AAVKASH .	238	12/11/04	SONIPAT	DNF
	MOHIT KUMAR SHAR	240	05/06/93	KURUKSHETRA	DNF
	RINKU .	236	03/02/03	FARIDABAD	DNF

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30-31 May 2026**Event # 7 MENS 1000m Run****FINALS****RESULTS OF FINALS**

1	SHUBHAM SINDHU	2	11/13/95	ROHTAK	30:06.63
2	HARISH .	1	09/06/99	CHARKHI DADRI	30:06.99
3	RAVI BUMBAK	7	10/10/05	KURUKSHETRA	32:18.97
4	VICKY .	5	12/18/03	SONIPAT	33:33.85
5	MANOJ .	12	09/11/01	YAMUNANAGAR	41:32.31
6	AAKASH KUMAR	10	11/18/05	YAMUNANAGAR	41:39.66
7	AJAY KUMAR	11	12/29/02	KARNAL	42:16.25
8	ANIKET ANIKET	13	12/08/06	HISAR	43:32.49
9	KAPTAN KAPTAN	9	04/23/07	HISAR	44:46.81
	KHWAISH ..	552	11/09/05	JHAJJAR	DNS
	SURAJ KUMAR	8	03/22/04	SONIPAT	DNS
	RAHUL .	6	03/13/03	SONIPAT	DNS
	SUMIT .	4	12/27/06	SONIPAT	DNS
	KAPIL .	3	03/17/05	ROHTAK	DNS

Event # 8 MENS 110m Hurdles**FINALS****RESULTS OF FINALS**

1	ABHISHEK .	76	05/07/02	GURUGRAM	15.04
2	SHIVDARSHAN .	75	10/27/02	SONIPAT	15.23
3	JAIVEER SINGH	77	09/09/00	SONIPAT	15.66
4	RAVI RAVI	79	09/30/98	JHAJJAR	16.35
5	VISHAL .	78	05/03/09	KURUKSHETRA	21.17
	AKASH SINGH	74	09/19/95	ROHTAK	DNS

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30-31 May 2026**Event # 9 MENS 400m Hurdles****FINALS****RESULTS OF FINALS**

1	JATIN .	219	08/15/06	KARNAL	53.58
2	VIKASH .	220	06/29/03	BHIWANI	53.59
3	AMAN .	222	11/28/99	KARNAL	53.92
4	HARENDER .	221	01/05/03	BHIWANI	54.85
5	RAHUL ...	225		BHIWANI	55.26
6	RITIK .	185	05/04/03	SONIPAT	57.11
7	PANKAJ .	218	10/29/05	HISAR	59.17
8	RAHUL ..	630		BHIWANI	1:00.07
9	AJAY .	223	01/01/08	PANIPAT	1:01.36
10	NUKUL KALTAGDIYA	227	10/05/09	KAITHAL	1:02.23
11	SHUBHAM .	224	03/24/06	PANIPAT	1:03.00
12	ROHIT SINGROHA	204	07/30/08	JIND	1:04.68
13	BHAV JADON	205	10/25/09	FARIDABAD	1:14.44
	AAKASH KUMAR	226	10/13/09	PANIPAT	DNF
	SUNIL KUNDU	217	12/28/00	ROHTAK	DNS
	PARDEEP ...	629		KURUKSHETRA	DNS
	KAMAL .	216	10/22/03	JIND	DNS
	AYUSH DABAS	180	09/28/99	SONIPAT	DNS

Event # 10 MENS 3000m Steeplechase**FINALS****RESULTS OF FINALS**

1	SUMIT RATHEE	170	09/22/06	JHAJJAR	8:50.83
2	BALKISHAN .	164	09/11/98	BHIWANI	8:51.18
3	RITESH KUMAR	168	08/18/04	SONIPAT	8:51.22
4	SAURABH SAURABH	165	10/14/99	SIRSA	8:54.14
5	HEMANT .	163	08/11/01	REWARI	8:55.38
6	RAHUL RAHUL	172	09/15/03	BHIWANI	8:56.02
7	NAVEEN DAGAR	162	01/20/88	JHAJJAR	9:03.95
8	SHANKAR SWAMI	161	05/07/96	BHIWANI	9:13.90
9	BITTU .	167	08/10/02	PANIPAT	9:18.03
10	PARVEEN KUMAR	169	08/24/04	JHAJJAR	9:26.63
11	SAKET .	174	06/29/07	BHIWANI	10:46.53
12	SUMIT SUMIT	175	09/08/09	GURUGRAM	10:55.75
13	HARENDER RAMESH .	176	11/25/07	BHIWANI	12:12.42
14	KETAN KUMAR	166	01/28/10	SIRSA	12:29.91
15	ARUN .	177	01/03/09	KARNAL	12:32.08
	MOHIT .	171	09/05/05	KARNAL	DNF
	SACHIN RATHEE	106	04/13/01	JHAJJAR	DNF
	SOMIT SOMIT	173	05/01/01	HISAR	DNS

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30-31 May 2026**Event # 11 MENS High Jump****FINALS****RESULTS OF FINALS**

1	AKASH .	314	10/03/01	PANIPAT	2.14m
2	ANUJ KUMAR	321	02/03/05	REWARI	2.05m
3	PIYUSH PANWAR	315	11/01/03	BHIWANI	1.95m
4	SAKSHAM .	320	01/09/07	JIND	1.95m
4	LUCCKY LUCCKY	323	07/02/03	MAHENDRAGARH	1.95m
6	VINEET KUMAR	322	12/18/07	FATEHABAD	1.90m
7	YASH .	318	07/28/04	YAMUNANAGAR	1.90m
8	ARPIT ARPIT	325	08/17/08	YAMUNANAGAR	1.85m
9	VINAY .	317	12/28/05	ROHTAK	1.80m
10	SUNNY .	319	04/10/06	YAMUNANAGAR	1.75m
	RAJNISH BHAKER	324	11/14/08	BHIWANI	NM
	GURJEET SINGG	316	05/01/00	JIND	DNS

Event # 12 MENS Pole Vault**FINALS****RESULTS OF FINALS**

1	LAKSHAY .	361	10/17/01	SONIPAT	4.70m
	PARMOD .	363	12/22/03	HISAR	NM
	ACHANAK .	365	11/13/05	JIND	NM
	VINOD KUMAR	366	10/08/89	HISAR	NM
	ANIL KUMAR	368	01/20/00	JIND	NM
	NITIN .	364	25/08/01	BHIWANI	NM
	AAYUSH TANWAR	362	03/13/05	BHIWANI	NM
	GITANSHU SAINI	367	04/23/06	SONIPAT	NM

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30-31 May 2026**Event # 13 MENS Long Jump****FINALS****RESULTS OF FINALS**

1	MOHD SAZID	349	10/02/06	FARIDABAD	7.99m
2	BHUPENDER SINGH	346	11/13/01	HISAR	7.74m
3	AVINASH .	347	10/16/02	REWARI	7.69m
4	SACHIN BAMEL	345	04/09/99	HISAR	7.37m
5	SACHIN .	348	01/01/05	ROHTAK	7.35m
6	DINESH TANWAR	357	05/13/07	REWARI	6.83m
7	SURESH KUMAR	354	04/07/96	SONIPAT	6.72m
8	NAMAN YADAV	358	09/18/07	MAHENDRAGARH	6.68m
9	ANSH .	355	02/24/06	KURUKSHETRA	6.67m
9	NARENDER .	351	12/26/03	BHIWANI	6.67m
11	RITESH .	353	11/14/05	HISAR	6.47m
12	TUSHAR CHOPRA	350	10/13/07	PANIPAT	6.44m
13	VANSH KAMBOJ	352	11/25/09	YAMUNANAGAR	6.17m
14	DEEPAK SURESH	359	12/27/07	MAHENDRAGARH	6.05m
15	DUSHYANT KUMAR	140	12/29/03	BHIWANI	5.80m
16	RAJ KUMAR	360	05/12/95	FATEHABAD	5.35m
17	BHUWAN SHARMA	149	10/01/06	HISAR	4.60m
18	GULAB	576		KURUKSHETRA	4.40m
19	MR MUNISH	356	01/27/09	PANIPAT	4.30m

Event # 14 MENS Triple Jump**FINALS****RESULTS OF FINALS**

1	HARSH DAHIYA	400	05/04/06	BHIWANI	14.61m
2	AJAY .	393	09/17/00	ROHTAK	14.57m
3	NITIN	565		JIND	14.52m
4	MOHAR SINGH	397	05/23/06	SONIPAT	14.38m
5	YASH KUMAR KADYL	395	11/02/08	CHARKHI DADRI	14.24m
6	TUSHAR .	396	11/29/03	JHAJJAR	14.09m
7	DEVVART KADYAN	398	07/19/03	JHAJJAR	14.01m
8	VIJAY .	394	04/05/03	HISAR	13.67m
9	ANKUSH .	399	09/06/99	JHAJJAR	13.63m
	MANISH MISDI	401	03/03/99	BHIWANI	DNS
	HARIOM	564		BHIWANI	NM

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30-31 May 2026**Event # 15 MENS Discus Throw****FINALS****RESULTS OF FINALS**

1	ABHIMANYU ABHIMA ^A	291	18/12/01	JIND	53.97m
2	NIRBHAY SINGH	282	11/20/96	BHIWANI	53.34m
3	PRATEEK MAAN	285	04/05/01	SONIPAT	51.82m
4	SAHIL DESWAL	297	10/06/99	JIND	50.87m
5	PRINCE ...	560		PANIPAT	49.78m
6	RITIK .	288	06/07/06	ROHTAK	49.49m
7	SUMIT .	284	12/26/06	BHIWANI	48.41m
8	AMAN .	294	05/21/03	PALWAL	48.27m
9	AMAN CHAUHAN	292	08/03/06	PALWAL	46.86m
10	ANIL KUMAR	289	08/12/02	KARNAL	45.80m
11	VANSH DESWAL	300	06/11/05	JIND	45.28m
12	RAVINDER .	280	03/20/94	JIND	44.79m
13	ADITYA SHARMA	301	02/10/04	SONIPAT	44.11m
14	DIVYANSH TYAGI	293	11/22/03	FARIDABAD	43.44m
15	SAHIL KADIAN	295	07/17/06	JHAJJAR	43.38m
16	YOGESH .	290	04/27/05	HISAR	42.28m
17	DEVANAND .	279	01/07/96	BHIWANI	39.31m
18	HITESH MALIK	302	06/03/01	SONIPAT	38.54m
19	KUSHAL KAMBOJ..	553		YAMUNANAGAR	31.50m
20	PRIYANSHU SHARMA	299	12/28/05	AMBALA	30.85m
	TALWINDER SINGH	298	01/15/98	KAITHAL	NM
	PARSHANT MALIK	287	10/07/91	SONIPAT	NM
	RISHABH .	286	03/12/04	CHARKHI DADRI	DNS
	RAVINDER .	281	04/15/96	BHIWANI	DNS
	RAGHAV DAHIYA	296	04/11/03	JIND	DNS
	GAURAV DHULL	303	10/28/09	KAITHAL	NM
	SACHIN SUHAG	283	11/11/96	JHAJJAR	DNS

Event # 16 MENS Hammer Throw**FINALS****RESULTS OF FINALS**

1	ASHISH JAKHAR	304	05/01/99	JHAJJAR	65.09m
2	NAVEEN YADAV	309	10/28/00	BHIWANI	63.76m
3	AMIT PUNDIR	311	05/05/04	YAMUNANAGAR	62.21m
4	GAURAV .	305	12/02/96	SONIPAT	56.62m
5	NIRBHAY .	306	06/16/03	JHAJJAR	54.57m
6	SOURABH SANGWAN	312	09/10/05	CHARKHI DADRI	53.80m
7	HUNNY .	307	09/22/05	BHIWANI	53.35m
8	NAVDEEP SINGH	308	05/20/97	SIRSA	50.50m
9	AKASH SINGH	310	04/02/04	BHIWANI	46.89m
10	VIKRAM SINGH..	633		JHAJJAR	42.29m
11	RAKESH KUMAR	313	11/25/08	BHIWANI	30.20m

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30-31 May 2026**Event # 17 MENS Javelin Throw****FINALS****RESULTS OF FINALS**

1	PARMOD .	327	03/12/99	FATEHABAD	76.58m
2	SAHIL SILWAL	593		BHIWANI	76.28m
3	ADITYA .	329	10/22/06	JIND	75.92m
4	RAVI TANWAR	330	12/15/02	BHIWANI	71.81m
5	SANUJ .	332	06/30/03	SONIPAT	70.50m
6	MANISH .	326	05/14/05	JHAJJAR	69.98m
7	DEEPANSHU .	331	05/27/06	PANIPAT	68.42m
8	YASHRAJ .	335	03/26/03	FARIDABAD	67.12m
9	VINAY MALIK	336	08/07/03	HISAR	66.84m
10	MOHIT .	333	04/07/01	JHAJJAR	65.88m
11	RONAK RONAK	339	08/31/04	BHIWANI	64.59m
12	TUSHAR .	328	01/07/01	PANCHKULA	62.33m
13	ARYAN .	334	07/01/07	JHAJJAR	61.94m
14	ROMIT	592		PANIPAT	57.81m
15	ARYAN DHOUNCHAK	338	10/03/05	PANIPAT	57.66m
16	RONIT YADAV	340	01/14/09	GURUGRAM	50.54m
17	UJJWAL GOSWAMI	342	09/21/06	SONIPAT	48.33m
18	LUCKY KHATRI	341	08/18/03	ROHTAK	39.50m
	HARSH .	337	09/29/05	GURUGRAM	NM
	NISHANT	343	29/02/08	SONIPAT	DNS
	VIKAS PUNIA	344	04/20/07	FATEHABAD	NM

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30-31 May 2026**Event # 18 MENS Shot Put****FINALS****RESULTS OF FINALS**

1	SANYAM .	371	05/10/03	ROHTAK	18.28m
2	ATUL .	370	01/17/05	CHARKHI DADRI	17.47m
3	HARRY .	374	12/24/04	JHAJJAR	17.08m
4	NARESH ANTIL	373	03/20/91	SONIPAT	16.78m
5	HARDIK SINGH	375	02/10/02	AMBALA	16.19m
6	NAVEEN .	379	12/14/96	SONIPAT	16.10m
7	LAKSHAY .	376	07/28/05	KAITHAL	14.81m
8	GANGA SINGH	372	12/02/03	SIRSA	14.61m
9	RAKSHIT RAKSHIT	381	10/13/07	PANIPAT	13.65m
10	GOURAV CHECHI	382	03/01/06	JIND	13.37m
11	VIKAS DHANKAR	377	01/19/03	FARIDABAD	13.31m
12	MR MANOJ	386	12/09/04	PALWAL	12.50m
13	HEMANT HEMANT	388	08/07/05	SONIPAT	12.45m
14	VIJAY KUMAR	390	01/02/98	BHIWANI	12.04m
	AMRITPAL VIRK	385	05/08/05	KAITHAL	NM
	HARSH HARSH	383	10/08/07	SONIPAT	DNS
	ANSHDEEP RAWAT	380	09/25/04	FARIDABAD	NM
	HANSH PHOUGAT	389	01/29/10	SONIPAT	DNS
	SACHIN NEHRA	378	12/05/07	GURUGRAM	DNS
	MILAN NANDAL	387	01/03/10	PANIPAT	NM
	AJAY KADYAN	70	11/15/03	KAITHAL	NM
	GAURAV DHULL	303	10/28/09	KAITHAL	DNS
	MANAV CHAUHAN	384	10/24/08	FARIDABAD	NM
	MANIK BANGARH	392	09/03/09	KURUKSHETRA	NM
	DIPANSHU	608		KURUKSHETRA	NM
	KARAN SINGH	369	04/04/02	BHIWANI	NM
	PRIYANSHU SHARMA	299	12/28/05	AMBALA	DNS
	SANJAY KUMAR	391	12/04/05	FATEHABAD	NM

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30-31 May 2026**Event # 19 MENS 20000m Race Walk****FINALS****RESULTS OF FINALS**

1	HARDEEP .	115	09/22/98	BHIWANI	1:28:17.06
2	RAHUL	112		JHAJJAR	1:32:52.69
3	RAHUL .	113	07/01/00	JHAJJAR	1:34:11.31
4	RAM MOHAN	116	02/02/05	CHARKHI DADRI	1:40:28.08
5	DHRUV .	119	07/10/08	JHAJJAR	1:43:48.48
	VISHAL VISHAL	123	09/24/05	KAITHAL	DNS
	HARSH .	118	06/18/05	JIND	DNS
	RAJESH .	120	02/11/04	FATEHABAD	DNS
	SANJAY .	277	11/05/00	HISAR	DNS
	BHAVISHAY BHAVISH	126	06/21/08	HISAR	DNS
	RAHUL .	121	10/08/02	BHIWANI	DNS
	PARAMDEEP MOR	111	11/12/01	JIND	DNS
	NITISH .	117	03/15/06	HISAR	DNS
	HIMANSHU HIMANSH	125	09/08/96	HISAR	DNS
	SUMIT NAIN	124	04/04/97	JIND	DNS
	SACHIN .	114	12/22/06	JIND	DNS

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30-31 May 2026**Event # 20 WOMENS 100m Run****FINALS****RESULTS OF FINALS**

1	HIMASHREE ROY	413	03/15/95	ROHTAK	12.29
2	PARIKSHA .	417	12/23/05	FARIDABAD	12.48
3	SNEH .	419	10/30/05	CHARKHI DADRI	12.61
4	ANSHU	416		SONIPAT	12.77
5	AARTI AGROIYA	420	26/12/02	HISAR	13.00
6	LAKSHITA MAAN	421	10/27/05	JHAJJAR	13.07
7	MANNAT .	418	11/13/06	PANIPAT	13.40
	TAMANNA	415		JIND	DNS

RESULTS OF PRELIMS

1	TAMANNA	415		JIND	12.03
2	HIMASHREE ROY	413	03/15/95	ROHTAK	12.08
3	PARIKSHA .	417	12/23/05	FARIDABAD	12.15
4	SNEH .	419	10/30/05	CHARKHI DADRI	12.53
5	MANNAT .	418	11/13/06	PANIPAT	12.62
6	AARTI AGROIYA	420	26/12/02	HISAR	12.69
7	LAKSHITA MAAN	421	10/27/05	JHAJJAR	12.99
8	ANSHU	416		SONIPAT	13.01
9	BINDU DEVI	423	11/24/08	KAITHAL	14.17
10	RITU	577		JIND	16.41
11	PRITI DEVI	427	04/28/03	KAITHAL	16.87
12	KHUSHI .	425	10/04/08	YAMUNANAGAR	17.03
13	PINKY ...	580		KURUKSHETRA	17.18
	KOMAL	583		GURUGRAM	DQ
	DIMPLE .	426	11/05/08	HISAR	DNS
	TAMANNA .	467	05/15/06	JIND	DNS
	SONIA .	414	05/01/01	JIND	DNS
	AAYUSHI .	422	07/05/05	KURUKSHETRA	DNS
	ANSHU .	539	13/11/07	SONIPAT	DNS
	MUSKAN MUSKAN	424	11/06/04	HISAR	DNS

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30-31 May 2026**Event # 21 WOMENS 200m Run****FINALS****RESULTS OF FINALS**

1	NANCY .	447	12/12/07	JHAJJAR	23.77
2	KIRAN PAHAL	446	05/08/00	SONIPAT	23.94
3	SNEH .	419	10/30/05	CHARKHI DADRI	25.07
4	DIVYA KUMARI	451	02/08/02	PANIPAT	25.11
5	ANJLI .	448	05/09/05	CHARKHI DADRI	25.40
6	HARSHIL .	449	01/11/07	JIND	25.56
7	ANJU ...	617		HISAR	26.74
8	BULBUL .	452	07/12/09	YAMUNANAGAR	43.54

RESULTS OF PRELIMS

1	NANCY .	447	12/12/07	JHAJJAR	24.11
2	KIRAN PAHAL	446	05/08/00	SONIPAT	24.22
3	DIVYA KUMARI	451	02/08/02	PANIPAT	25.10
4	ANJLI .	448	05/09/05	CHARKHI DADRI	25.48
5	HARSHIL .	449	01/11/07	JIND	25.62
6	SNEH .	419	10/30/05	CHARKHI DADRI	25.73
7	ANJU ...	617		HISAR	26.83
8	BULBUL .	452	07/12/09	YAMUNANAGAR	38.51
9	DIKSHA	625		JIND	43.16
	MANNAT .	418	11/13/06	PANIPAT	DNS
	POONAM RANI	433	10/01/02	HISAR	DNS
	MUNNI JOTRIWAL	430	04/13/91	HISAR	DNS
	SONIA .	414	05/01/01	JIND	DNS
	BASKAR .	431	08/09/04	BHIWANI	DNS
	PRIYANKA .	429	10/02/03	BHIWANI	DNS
	SONIKA .	404	12/06/99	BHIWANI	DNS
	PALLAVI .	428	11/20/01	BHIWANI	DNS
	KAJAL .	432	02/08/04	HISAR	DNS

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30-31 May 2026**Event # 22 WOMENS 400m Run****FINALS****RESULTS OF FINALS**

1	KIRAN PAHAL	446	05/08/00	SONIPAT	54.08
2	ANCHAL RANI	465	06/19/05	PANIPAT	54.65
3	HIMANSHI MALIK	461	04/22/02	SONIPAT	54.97
4	MANISHA .	462	05/24/02	HISAR	55.05
5	MAHI NANDAL	460	12/25/06	ROHTAK	56.45
6	RUBINA YADAV	459	01/14/01	REWARI	57.19
7	NIKITA CHAUDHARY	464	04/11/00	FARIDABAD	58.93
8	VINITA CHAUDHARY	463	04/11/00	FARIDABAD	59.82

RESULTS OF PRELIMS

1	KIRAN PAHAL	446	05/08/00	SONIPAT	55.08
2	MANISHA .	462	05/24/02	HISAR	56.01
3	ANCHAL RANI	465	06/19/05	PANIPAT	56.15
4	MAHI NANDAL	460	12/25/06	ROHTAK	57.06
5	RUBINA YADAV	459	01/14/01	REWARI	57.61
6	HIMANSHI MALIK	461	04/22/02	SONIPAT	58.26
7	NIKITA CHAUDHARY	464	04/11/00	FARIDABAD	58.75
8	VINITA CHAUDHARY	463	04/11/00	FARIDABAD	59.92
9	ANJLI .	448	05/09/05	CHARKHI DADRI	1:00.64
10	NISHU .	466	10/07/07	HISAR	1:02.30
11	NANDITA .	468	10/31/08	JHAJJAR	1:08.57
12	RITU RITU	469	04/05/04	JIND	1:27.11
13	MANSI DEVI	411	08/10/06	KAITHAL	1:42.74
	TAMANNA .	467	05/15/06	JIND	DNS

Event # 23 WOMENS 800m Run**FINALS****RESULTS OF FINALS**

1	DAVINDER KAUR	483	03/05/08	SIRSA	2:11.32
2	GEETIKA DAHIYA	479	04/10/06	GURUGRAM	2:13.61
3	SANTOSH KUMARI	482	08/19/96	FATEHABAD	2:16.35
4	KRITIKA .	484	01/27/06	FARIDABAD	2:18.88
5	YOGITA .	480	12/29/05	FARIDABAD	2:28.28
6	ANSHIKA SINGH RAJF	481	09/24/08	AMBALA	2:40.10
7	PREENA ...	609		FATEHABAD	2:40.85
8	PAYAL KASHYAP	439	09/28/06	KURUKSHETRA	3:31.88
9	SEEMA ...	613		HISAR	3:33.62
10	MAFI ..	612		HISAR	3:36.66
11	JYOTI RANI	485	04/13/04	HISAR	3:48.93
	POOJA .	434	06/17/02	FATEHABAD	DNS

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30-31 May 2026**Event # 24 WOMENS 1500m Run****FINALS****RESULTS OF FINALS**

1	POOJA .	434	06/17/02	FATEHABAD	4:23.33
2	ANJU .	435	11/13/04	HISAR	4:30.08
3	DAVINDER KAUR	559		SIRSA	4:36.82
4	PRAGATI .	436	05/11/05	CHARKHI DADRI	4:40.24
5	RIMPI DEVI ...	561		SIRSA	5:04.74
6	NEHA .	438	01/05/09	HISAR	6:20.13
7	PAYAL KASHYAP	439	09/28/06	KURUKSHETRA	7:09.98
8	RITU	556		KURUKSHETRA	8:24.22
9	SRISHTI ...	555		KURUKSHETRA	9:04.23
	SIMRAN .	437	07/02/09	KARNAL	DNS

Event # 25 WOMENS 5000m Run**FINALS****RESULTS OF FINALS**

1	BHARTI .	402	01/01/97	SONIPAT	16:45.60
2	PRAGATI .	436	05/11/05	CHARKHI DADRI	17:29.16
3	POOJA .	409	01/15/04	SIRSA	17:38.34
4	REKHA .	406	04/23/99	PANIPAT	17:50.82
5	POOJA .	473	07/13/06	SONIPAT	18:41.11
6	RACHNA	604		MAHENDRAGARH	20:38.62
7	KHUSHPREET	587		HISAR	21:00.28
8	SAKSHI .	474	11/08/09	HISAR	21:39.46
9	RANI .	477	04/28/08	YAMUNANAGAR	23:22.14
10	KHUSHI .	425	10/04/08	YAMUNANAGAR	24:20.12
11	SAKSHI SAKSHI	478	07/01/07	KURUKSHETRA	25:02.31
	LOVEPREET .	475	01/17/05	KURUKSHETRA	DNS
	KAVITA .	407	12/16/98	HISAR	DNS
	TANISHA .	405	07/07/06	ROHTAK	DNS
	BHARTI .	408	01/09/08	AMBALA	DNS
	YANSHU YANSHU	476	11/18/05	SONIPAT	DNS

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30-31 May 2026**Event # 26 WOMENS 10000m Run****FINALS****RESULTS OF FINALS**

1	BHARTI .	402	01/01/97	SONIPAT	35:58.04
2	TANISHA .	405	07/07/06	ROHTAK	36:33.09
3	POOJA .	409	01/15/04	SIRSA	37:05.69
4	REKHA .	406	04/23/99	PANIPAT	38:36.56
5	BHARTI .	408	01/09/08	AMBALA	39:33.06
6	RACHANA .	403	11/29/03	MAHENDRAGARH	43:33.22
7	PRIYANKA	551	11/02/09	FATEHABAD	44:08.89
8	TANIA	412	19/08/06	KURUKSHETRA	45:24.06
	SKINA SKINA	410	04/12/04	KURUKSHETRA	DNS
	MANSI DEVI	411	08/10/06	KAITHAL	DNS
	SONIKA .	404	12/06/99	BHIWANI	DNS
	KAVITA .	407	12/16/98	HISAR	DNS

Event # 27 WOMENS 100m Hurdles**FINALS****RESULTS OF FINALS**

1	PRIYANKA .	429	10/02/03	BHIWANI	15.98
2	BASKAR .	431	08/09/04	BHIWANI	21.85
3	SEEMA ...	628		BHIWANI	22.65
4	KAJAL .	432	02/08/04	HISAR	38.38
	PALLAVI .	428	11/20/01	BHIWANI	DNS
	POONAM RANI	433	10/01/02	HISAR	DNF
	MUNNI JOTRIWAL	430	04/13/91	HISAR	DQ

Event # 28 WOMENS 400m Hurdles**FINALS****RESULTS OF FINALS**

1	MONIKA .	470	01/07/04	CHARKHI DADRI	1:05.04
2	TAMANNA YADAV	472	12/27/05	GURUGRAM	1:10.22
3	ANUSHIKA	627		HISAR	1:18.72
4	RITIKA	626		HISAR	1:19.68
	POONAM	614		MAHENDRAGARH	DNF
	CHANDNI .	471	02/03/09	KAITHAL	DQ

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30-31 May 2026**Event # 29 WOMENS 3000m Steeplechase****FINALS****RESULTS OF FINALS**

1	GAYTRI .	457	02/17/07	SIRSA	11:33.87
2	SIMRAN BISHNOI	458	05/17/09	HISAR	12:26.39
3	KHUSBU .	455	11/06/06	BHIWANI	13:02.84
4	POOJA RANI	456	10/28/08	HISAR	13:20.43
	UJJALA UJJALA	454	05/23/03	HISAR	DQ
	ANKITA .	453	05/27/04	JHAJJAR	DNS

Event # 30 WOMENS High Jump**FINALS****RESULTS OF FINALS**

1	RUBINA YADAV	459	01/14/01	REWARI	1.76m
2	JONIKA PAHAL	512	01/21/04	CHARKHI DADRI	1.73m
3	NANDITA .	468	10/31/08	JHAJJAR	1.40m
	REKHA .	513	01/24/99	FATEHABAD	DNS
	POOJA .	507	09/03/03	CHARKHI DADRI	DNS
	SAPNA SAPNA	515	12/12/02	HISAR	NM
	KEVIN SAGGU	514	05/22/04	KARNAL	DNS
	MONIKA MONIKA	516	10/09/98	HISAR	NM

Event # 31 WOMENS Pole Vault**FINALS****RESULTS OF FINALS**

1	VANSHIKA GHANGH .	532	08/10/05	BHIWANI	3.85m
2	SHABNAM .	533	03/12/03	BHIWANI	3.50m

Event # 32 WOMENS Triple Jump**FINALS****RESULTS OF FINALS**

1	MONIKA .	547	12/16/04	FATEHABAD	12.31m
2	MANALI CHAUHAN	548	01/21/03	REWARI	12.11m
3	NIHA .	549	02/06/09	CHARKHI DADRI	10.05m
	HEMA .	546	01/19/03	BHIWANI	DNS
	SIMRAN .	437	07/02/09	KARNAL	DNS

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30-31 May 2026**Event # 33 WOMENS Long Jump****FINALS****RESULTS OF FINALS**

1	KASHISH .	528	02/08/08	SIRSA	5.71m
2	RITIKA GAUR	508	06/22/03	FARIDABAD	5.59m
3	DIVYA ...	586		PANIPAT	5.47m
4	RENU .	527	07/02/09	SONIPAT	5.38m
5	CHAHAT .	525	03/31/09	KARNAL	5.26m
6	GAGANDEEP KAUR	526	03/28/02	YAMUNANAGAR	5.15m
7	TAMANNA	611		FATEHABAD	4.67m
8	DIMPLE .	426	11/05/08	HISAR	4.40m
9	KALPANA KALPANA	531	06/23/09	REWARI	4.10m
10	KAREENA .	530	07/09/08	HISAR	3.75m
11	JYOTI ...	616		MAHENDRAGARH	3.50m
12	KIRANA .	529	12/17/07	KURUKSHETRA	3.30m
12	POONAM	614		MAHENDRAGARH	3.30m

Event # 34 WOMENS Discus Throw**FINALS****RESULTS OF FINALS**

1	NIDHI .	488	03/01/97	ROHTAK	55.62m
2	SEEMA .	519	27/12/04	BHIWANI	54.77m
3	SANYA YADAV	490	09/08/03	MAHENDRAGARH	51.55m
4	PRIYA .	493	06/20/04	BHIWANI	50.35m
5	PALAK .	494	02/07/05	BHIWANI	45.35m
6	NEHA JAGLAN	487	05/03/05	PANIPAT	44.93m
7	MUNESH .	492	05/15/06	BHIWANI	44.29m
8	BHUMIKA CHAUDHAI	498	08/03/02	KURUKSHETRA	29.92m
	ANISHA .	486	03/07/05	SONIPAT	DNS
	NITAN RANI	495	09/19/03	PANIPAT	DNS
	NANCY NANCY	499	11/16/09	JIND	NM
	SUNITA .	489	03/20/00	BHIWANI	NM
	KRITI RAWAL	497	06/22/08	PANIPAT	DNS

Event # 35 WOMENS Hammer Throw**FINALS****RESULTS OF FINALS**

1	SNEHA .	500	06/24/05	JHAJJAR	56.95m
2	MEENU .	502	09/22/07	JHAJJAR	48.97m
3	MINAKSHI .	501	03/07/08	HISAR	41.64m
4	LAVANYA DHIR	503	09/18/08	YAMUNANAGAR	23.67m
	NITAN RANI	495	09/19/03	PANIPAT	DNS
	KRITI RAWAL	497	06/22/08	PANIPAT	DNS

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30-31 May 2026**Event # 36 WOMENS Javelin Throw****FINALS****RESULTS OF FINALS**

1	SHILPA RANI	517	06/15/96	JIND	54.31m
2	DEEPIKA .	520	11/21/05	FATEHABAD	50.33m
3	JYOTI .	518	01/04/02	FATEHABAD	48.46m
4	SEEMA	595		BHIWANI	45.60m
5	HARITA .	522	04/12/01	CHARKHI DADRI	41.50m
6	SAPNA .	521	26/12/05	FATEHABAD	38.75m
7	SALONI .	523	12/29/03	KARNAL	38.55m
8	KALPANA	591		HISAR	15.23m
	ANJALI .	524	05/12/05	MAHENDRAGARH	DNS

Event # 37 WOMENS Shot Put**FINALS****RESULTS OF FINALS**

1	MANPREET KAUR	535	06/07/90	AMBALA	17.63m
2	YOGITA .	534	01/11/00	BHIWANI	16.19m
3	SHIKSHA .	537	12/12/02	CHARKHI DADRI	16.01m
4	ANSHU .	539	13/11/07	SONIPAT	15.03m
5	REKHA .	538	02/02/01	JIND	14.99m
6	BHARTI SAINI	540	12/14/04	AMBALA	13.61m
7	KHUSBOO .	543	04/23/06	ROHTAK	13.04m
8	MUNESH .	492	05/15/06	BHIWANI	13.03m
9	RAKHI SANGWAN	542	10/07/95	CHARKHI DADRI	12.44m
10	MONIKA .	541	03/09/01	FARIDABAD	11.87m
11	KIRTI .	536	01/12/02	KAITHAL	11.58m
12	PREETI	610		KAITHAL	7.36m
13	JASNEET KAUR	544	12/14/08	YAMUNANAGAR	6.66m
	SUNITA SUNITA	545	04/08/04	KURUKSHETRA	NM

Event # 38 WOMENS 20000m Race Walk**FINALS****RESULTS OF FINALS**

1	AARTI .	445	06/09/06	FARIDABAD	1:43:05.11
2	INDU .	443	12/02/04	SONIPAT	1:43:50.10
3	JASPAL KAUR	440	08/02/98	SIRSA	1:48:22.97
4	JYOTI .	441	01/11/02	BHIWANI	1:48:49.41
5	MUSKAN .	444	06/18/07	JHAJJAR	1:52:18.02
6	PRIYANKA JAIPAL	588		HISAR	1:52:33.86
	PREETI .	442	08/02/02	CHARKHI DADRI	DNS

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30-31 May 2026**Event # 39 MENS 20000m Decathlon****FINALS****RESULTS OF FINALS**

1	MANJEET SINGH	278	08/21/01	FATEHABAD	6798
2	CHAMANJOT SINGH	21	04/16/01	KURUKSHETRA	6767
3	KAMAL DHANKHAR	276	10/13/98	SONIPAT	6174
4	ROHIT KUMAR	274	12/25/01	FATEHABAD	6281
5	SANJAY .	277	11/05/00	HISAR	6074
	ANKIT	571		BHIWANI	
	JAIVEER .	275	12/25/01	SONIPAT	
	AKASH SINGH	74	09/19/95	ROHTAK	
	ADITYA ...	569		BHIWANI	

Event # 40 MENS 100m Dec 100 Dash**FINALS****RESULTS OF FINALS**

1	MANJEET SINGH	278	08/21/01	FATEHABAD	10.97
2	CHAMANJOT SINGH	21	04/16/01	KURUKSHETRA	11.41
3	ROHIT KUMAR	274	12/25/01	FATEHABAD	11.44
4	ANKIT	571		BHIWANI	11.88
5	KAMAL DHANKHAR	276	10/13/98	SONIPAT	11.93
6	SANJAY .	277	11/05/00	HISAR	12.06
7	AKASH SINGH	74	09/19/95	ROHTAK	13.09
8	ADITYA ...	569		BHIWANI	15.14
	JAIVEER .	275	12/25/01	SONIPAT	DNS

Event # 41 MENS Dec Long Jump**FINALS****RESULTS OF FINALS**

1	MANJEET SINGH	278	08/21/01	FATEHABAD	6.91m
2	CHAMANJOT SINGH	21	04/16/01	KURUKSHETRA	6.81m
3	ANKIT	571		BHIWANI	6.58m
4	ROHIT KUMAR	274	12/25/01	FATEHABAD	6.44m
5	KAMAL DHANKHAR	276	10/13/98	SONIPAT	6.42m
6	SANJAY .	277	11/05/00	HISAR	6.16m
7	AKASH SINGH	74	09/19/95	ROHTAK	4.60m
8	ADITYA ...	569		BHIWANI	4.14m
	JAIVEER .	275	12/25/01	SONIPAT	DNS

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30-31 May 2026**Event # 42 MENS Dec Shot Put****FINALS****RESULTS OF FINALS**

1	KAMAL DHANKHAR	276	10/13/98	SONIPAT	13.20m
2	CHAMANJOT SINGH	21	04/16/01	KURUKSHETRA	12.35m
3	MANJEET SINGH	278	08/21/01	FATEHABAD	12.01m
4	ROHIT KUMAR	274	12/25/01	FATEHABAD	11.42m
5	ANKIT	571		BHIWANI	11.20m
6	SANJAY .	277	11/05/00	HISAR	10.92m
7	AKASH SINGH	74	09/19/95	ROHTAK	8.51m
8	ADITYA ...	569		BHIWANI	8.12m
	JAIVEER .	275	12/25/01	SONIPAT	DNS

Event # 43 MENS Dec High Jump**FINALS****RESULTS OF FINALS**

1	KAMAL DHANKHAR	276	10/13/98	SONIPAT	1.83m
1	MANJEET SINGH	278	08/21/01	FATEHABAD	1.83m
1	CHAMANJOT SINGH	21	04/16/01	KURUKSHETRA	1.83m
1	SANJAY .	277	11/05/00	HISAR	1.83m
5	ROHIT KUMAR	274	12/25/01	FATEHABAD	1.75m
6	ANKIT	571		BHIWANI	1.70m
7	AKASH SINGH	74	09/19/95	ROHTAK	1.50m
	ADITYA ...	569		BHIWANI	NM
	JAIVEER .	275	12/25/01	SONIPAT	DNS

Event # 44 MENS 400m Dec 400 Dash**FINALS****RESULTS OF FINALS**

1	CHAMANJOT SINGH	21	04/16/01	KURUKSHETRA	51.21
2	MANJEET SINGH	278	08/21/01	FATEHABAD	51.64
3	ROHIT KUMAR	274	12/25/01	FATEHABAD	52.30
4	KAMAL DHANKHAR	276	10/13/98	SONIPAT	52.55
5	SANJAY .	277	11/05/00	HISAR	54.19
6	ADITYA ...	569		BHIWANI	1:16.53
	AKASH SINGH	74	09/19/95	ROHTAK	DNS
	JAIVEER .	275	12/25/01	SONIPAT	DNS

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30-31 May 2026**Event # 45 MENS 110m Dec 110 Hurdles****FINALS****RESULTS OF FINALS**

1	MANJEET SINGH	278	08/21/01	FATEHABAD	15.77
2	KAMAL DHANKHAR	276	10/13/98	SONIPAT	16.11
3	CHAMANJOT SINGH	21	04/16/01	KURUKSHETRA	16.69
4	ROHIT KUMAR	274	12/25/01	FATEHABAD	16.96
5	SANJAY .	277	11/05/00	HISAR	17.97
	ANKIT	571		BHIWANI	DNS
	ADITYA ...	569		BHIWANI	DNS
	AKASH SINGH	74	09/19/95	ROHTAK	DNS
	JAIVEER .	275	12/25/01	SONIPAT	DNS

Event # 46 MENS Dec Discus Th**FINALS****RESULTS OF FINALS**

1	CHAMANJOT SINGH	21	04/16/01	KURUKSHETRA	36.70m
2	KAMAL DHANKHAR	276	10/13/98	SONIPAT	33.52m
3	ROHIT KUMAR	274	12/25/01	FATEHABAD	33.22m
4	MANJEET SINGH	278	08/21/01	FATEHABAD	31.76m
5	SANJAY .	277	11/05/00	HISAR	31.15m

Event # 47 MENS Dec Pole Vault**FINALS****RESULTS OF FINALS**

1	SANJAY .	277	11/05/00	HISAR	4.30m
2	KAMAL DHANKHAR	276	10/13/98	SONIPAT	4.20m
2	CHAMANJOT SINGH	21	04/16/01	KURUKSHETRA	4.20m
4	ROHIT KUMAR	274	12/25/01	FATEHABAD	3.80m
4	MANJEET SINGH	278	08/21/01	FATEHABAD	3.80m
	ANKIT	571		BHIWANI	DNS
	JAIVEER .	275	12/25/01	SONIPAT	DNS
	ADITYA ...	569		BHIWANI	DNS
	AKASH SINGH	74	09/19/95	ROHTAK	DNS

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30-31 May 2026**Event # 48 MENS Dec Javelin T****FINALS****RESULTS OF FINALS**

1	KAMAL DHANKHAR	276	10/13/98	SONIPAT	56.24m
2	MANJEET SINGH	278	08/21/01	FATEHABAD	53.42m
3	CHAMANJOT SINGH	21	04/16/01	KURUKSHETRA	49.27m
4	ROHIT KUMAR	274	12/25/01	FATEHABAD	48.84m
5	SANJAY .	277	11/05/00	HISAR	48.43m
	ADITYA ...	569		BHIWANI	DNS
	ANKIT	571		BHIWANI	DNS
	JAIVEER .	275	12/25/01	SONIPAT	DNS
	AKASH SINGH	74	09/19/95	ROHTAK	DNS

Event # 49 MENS 1500m Dec 1500 Run**FINALS****RESULTS OF FINALS**

1	CHAMANJOT SINGH	21	04/16/01	KURUKSHETRA	4:35.20
2	SANJAY .	277	11/05/00	HISAR	4:35.80
3	ROHIT KUMAR	274	12/25/01	FATEHABAD	4:40.78
4	MANJEET SINGH	278	08/21/01	FATEHABAD	4:45.20
5	KAMAL DHANKHAR	276	10/13/98	SONIPAT	4:47.84
	ADITYA ...	569		BHIWANI	DNS
	JAIVEER .	275	12/25/01	SONIPAT	DNS
	AKASH SINGH	74	09/19/95	ROHTAK	DNS

Event # 50 WOMENS Heptathlon**FINALS****RESULTS OF FINALS**

1	KHUSHI .	504	11/26/02	REWARI	5352
2	RITIKA GAUR	508	06/22/03	FARIDABAD	4792
3	KAJAL .	506	02/21/00	KARNAL	4582
4	MUSKAN .	509	17/05/09	FATEHABAD	3605
	SHEETAL .	505	05/01/02	CHARKHI DADRI	
	SAKSHI .	510	07/05/07	BHIWANI	
	POOJA .	507	09/03/03	CHARKHI DADRI	
	DEESHA .	511	06/18/07	BHIWANI	

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30-31 May 2026**Event # 51 WOMENS 100m Hep 100 Hurdles****FINALS****RESULTS OF FINALS**

1	KHUSHI .	504	11/26/02	REWARI	14.56
2	RITIKA GAUR	508	06/22/03	FARIDABAD	15.17
3	KAJAL .	506	02/21/00	KARNAL	15.39
4	MUSKAN .	509	17/05/09	FATEHABAD	16.08
	SAKSHI .	510	07/05/07	BHIWANI	DNS
	POOJA .	507	09/03/03	CHARKHI DADRI	DNS
	SHEETAL .	505	05/01/02	CHARKHI DADRI	DNS
	DEESHA .	511	06/18/07	BHIWANI	DNS

Event # 52 WOMENS Hep High Jump**FINALS****RESULTS OF FINALS**

2	KHUSHI .	504	11/26/02	REWARI	1.80m
3	MUSKAN .	509	17/05/09	FATEHABAD	1.59m
4	KAJAL .	506	02/21/00	KARNAL	1.50m
5	RITIKA GAUR	508	06/22/03	FARIDABAD	1.43m
	POOJA .	507	09/03/03	CHARKHI DADRI	DNS
	SHEETAL .	505	05/01/02	CHARKHI DADRI	DNS
	DEESHA .	511	06/18/07	BHIWANI	DNS
	SAKSHI .	510	07/05/07	BHIWANI	DNS

Event # 53 WOMENS Hep Shot Put**FINALS****RESULTS OF FINALS**

1	RITIKA GAUR	508	06/22/03	FARIDABAD	10.44m
2	KAJAL .	506	02/21/00	KARNAL	10.34m
3	KHUSHI .	504	11/26/02	REWARI	9.52m
4	MUSKAN .	509	17/05/09	FATEHABAD	1.59m
	POOJA .	507	09/03/03	CHARKHI DADRI	DNS
	DEESHA .	511	06/18/07	BHIWANI	DNS
	SAKSHI .	510	07/05/07	BHIWANI	DNS
	SHEETAL .	505	05/01/02	CHARKHI DADRI	DNS

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30-31 May 2026**Event # 54 WOMENS 200m Hep 200 Dash****FINALS****RESULTS OF FINALS**

1	KHUSHI .	504	11/26/02	REWARI	25.33
2	RITIKA GAUR	508	06/22/03	FARIDABAD	25.81
3	KAJAL .	506	02/21/00	KARNAL	26.78
4	MUSKAN .	509	17/05/09	FATEHABAD	28.61
	SAKSHI .	510	07/05/07	BHIWANI	DNS
	SHEETAL .	505	05/01/02	CHARKHI DADRI	DNS
	POOJA .	507	09/03/03	CHARKHI DADRI	DNS
	DEESHA .	511	06/18/07	BHIWANI	DNS

Event # 55 WOMENS Hep Long Jump**FINALS****RESULTS OF FINALS**

1	KHUSHI .	504	11/26/02	REWARI	6.12m
2	KAJAL .	506	02/21/00	KARNAL	5.57m
3	RITIKA GAUR	508	06/22/03	FARIDABAD	5.51m
4	MUSKAN .	509	17/05/09	FATEHABAD	5.12m
	SHEETAL .	505	05/01/02	CHARKHI DADRI	DNS
	POOJA .	507	09/03/03	CHARKHI DADRI	DNS
	DEESHA .	511	06/18/07	BHIWANI	DNS
	SAKSHI .	510	07/05/07	BHIWANI	DNS

Event # 56 WOMENS Hep Javelin T**FINALS****RESULTS OF FINALS**

1	RITIKA GAUR	508	06/22/03	FARIDABAD	36.12m
2	KHUSHI .	504	11/26/02	REWARI	34.67m
3	KAJAL .	506	02/21/00	KARNAL	30.50m
4	MUSKAN .	509	17/05/09	FATEHABAD	28.37m
	SAKSHI .	510	07/05/07	BHIWANI	DNS
	SHEETAL .	505	05/01/02	CHARKHI DADRI	DNS
	POOJA .	507	09/03/03	CHARKHI DADRI	DNS

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30-31 May 2026**Event # 57 WOMENS 800m Hep 800 Run****FINALS****RESULTS OF FINALS**

1	RITIKA GAUR	508	06/22/03	FARIDABAD	2:24.71
2	KAJAL .	506	02/21/00	KARNAL	2:30.84
3	KHUSHI .	504	11/26/02	REWARI	2:32.17
4	MUSKAN .	509	17/05/09	FATEHABAD	2:41.94
	SAKSHI .	510	07/05/07	BHIWANI	DNS
	SHEETAL .	505	05/01/02	CHARKHI DADRI	DNS
	POOJA .	507	09/03/03	CHARKHI DADRI	DNS
	DEESHA .	511	06/18/07	BHIWANI	DNS