

हरियाणा ओलंपिक द्वारा आयोजित हरियाणा खेल उत्सव 2025 जो कि 2 नवंबर से गुरुग्राम में आयोजित किया जाएगा। नीचे उसकी भाग लेने वाले एथलेटिक्स के खिलाड़ियों की लिस्ट है जो खिलाड़ी जिस जिले का है उसे जिले के इंचार्ज को फोन करके अपनी जानकारी दें ताकि वह ऑनलाइन एंटी कर सकें। यह लिस्ट 1 अप्रैल के बाद आयोजित हुई एथलेटिक फेडरेशन ऑफ इंडिया की चैंपियनशिप तथा एथलेटिक्स हरियाणा की चैंपियनशिप में से बनाई गई है। किसी भी खिलाड़ी को रेकिंग संबंधित कोई समस्या है तो भी आप उन्हें ही बता सकते हैं। इसके अलावा सभी जिलों में रिले की टीम के चयन के लिए ट्रायल्स लिए जाएंगे जो 15 अक्टूबर को सभी जिला स्तर पर शाम को 4:00 बजे आयोजित होंगे इसमें महिला व पुरुष वर्ग की 4×100, 4×400 ओर मैक्स रिले की ट्रायल्स ली जाएगी जिन खिलाड़ियों का पहले से ही लिस्ट में नाम है उन खिलाड़ियों को ट्रायल्स देने की कोई आवश्यकता नहीं है। ट्रायल्स किस ट्रैक पर होगी यह जानकारी आपको आपके वहां के इंचार्ज बता देंगे जिनके नीचे नंबर दिया गया है।

District Incharge for Ragistretion					
Sr. No.	District	Name	Phone No.		
1	Ambala	Tejveer Singh	9050603140		
2	Bhiwani	Rammehar Singh	9813994004		
3	Charkhi Dadri	Virender Phogat	9813878258		
4	Faridabad	Kuldeep Thakur	7827478411		
5	Fatehabad	Balwan Singh	9050876808		
6	Gurugram	Arjun Singh	9013778084		
7	Hisar	Raju Kanoh	9034681082		
8	Jhajjar	Karan Rathee	9416967978		
9	Jind	Jaswant Siwach	9518170456		
10	Kaithal	Sohanpal	7015544757		
11	Karnal	Satish Kumar	9996180360		
12	Kurukshetra	Mani Kumar	9728136013		
13	Mahendergarh	Pardeep Yadav	8221972000		
14	Mewat	Asfaq Mohd	8930908678		
15	Palwal	Satyvir Singh	9650508525		
16	Panchkula	Jitender Banger	9813049100		
17	Panipat	Pardeep Malik	9416015015		
18	Rewari	Vishal Yadav	9896955541		
19	Rohtak	Neetu Gahlawat	8398007471		
20	Sirsa	Gajender Singh	7494885464		
21	Sonipat	Vikas Gahlawat	9991203964		
22	Yamuna Nagar	Parveen Kumar	9416190156		
Men 100 m.					
Sr. No.	Name	DOB	District	Performance	Championhips
1	Himanshu	16-11-2006.	Jhajjar	10.49 Sec.	23rd National Jr Fed. Athletics Championships 22-24 June 2025 Prayagraj
2	ASHISH YADAV	22-12-2006.	Hisar	10.53 Sec.	14th Haryana State Junior (U-20) Athletics Championhips
3	ROHIT	08-03-2000.	Yamuna Nagar	10.54 Sec.	Indian Open Athletics Meet Sangrur 27-28 July 2025
4	DHARMBIR	10-12-1990.	Rohtak	10.57 Sec.	15th Haryana State Senior Athletics Championhips at Karan Stadium, Karnal 15-16 July 2025
5	SHIVAM VASHNAV	10-12-2003.	Faridabad	10.60 Sec.	Indian Open Athletics Meet Sangrur 27-28 July 2025
6	Raja babu	01-11-2004.	Faridabad	10:60 Sec.	12th Haryana State Open Senior Athletics Championhips at Kurukshetra on 06-07 September 2025.
7	Ashish	21-12-2001.	Sonipat	10:62 Sec.	12th Haryana State Open Senior Athletics Championhips at Kurukshetra on 06-07 September 2025.
8	Nuzrat	22-11-1991.	Yamuna Nagar	10:67 Sec.	12th Haryana State Open Senior Athletics Championhips at Kurukshetra on 06-07 September 2025.
9	SHAINKY	10-11-2002.	Yamuna Nagar	10.75 Sec.	15th Haryana State Senior Athletics Championhips at Karan Stadium, Karnal 15-16 July 2025

10	Sahil	01-07-2006.	Sonipat	10.76 Sec.	14th Haryana State Junior (U-20) Athletics Championships
11	Prince	24-12-2001.	Sonipat	10:79 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
12	Prince	28-09-2006.	Sonipat	10.80 Sec.	14th Haryana State Junior (U-20) Athletics Championships
13	Ankur	05-09-1999.	Sonipat	10.82 Sec.	Indian Open Athletics Meet Sangrur 27-28 July 2025
14	Kailash singh	25 Dec 2005	Rohtak	10.90 Sec.	38th Haryana State Junior Athletics Championships at Karnal 27-28 September 2025.
15	Jangsher singh	24-04-1994	Sirsa	10.91 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
16	Manjeet kumar	15-10-1997	Sonipat	10.95 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.

Men 200 m.

Sr. No.	Name	DOB	District	Performance	Championhips
1	Shubahm	29-08-2001.	Hisar	21.12 Sec.	64th National Open Athletics Championships Ranchi 27-30 September 2025.
2	Raja Babu	01-11-2004.	Faridabad	21.24 Sec.	Indian Open Athletics Meet Patna 19 July 2025
3	Rahul Siwach	29-10-2006	Faridabad	21.36 Sec.	14th Haryana State Junior (U-20) Athletics Championships
4	Dharmbir	10-12-1990.	Rohtak	21.48 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
5	Ankur	05-09-1999.	Sonipat	21.51 Sec.	64th National Inter State Athletics Championships at Tamilnadu
6	Kailash singh	25 Dec 2005	Rohtak	21.58 Sec.	38th Haryana State Junior Athletics Championships at Karnal 27-28 September 2025.
7	Rehan	22-12-2000.	Jhajjar	21.63 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
8	Himanshu	16 Nov 2006	Jhajjar	21.63 Sec.	38th Haryana State Junior Athletics Championships at Karnal 27-28 September 2025.
9	Sahil	01-07-2006.	Sonipat	21.67 Sec.	14th Haryana State Junior (U-20) Athletics Championships
10	Rahul	29 Oct 2006	Fatehabad	21.69 Sec.	38th Haryana State Junior Athletics Championships at Karnal 27-28 September 2025.
11	Rohit	08-03-2000.	Yamuna Nagar	21.77 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
12	Bhupender Nayak	10--11-2006.	Faridabad	21.96 Sec.	14th Haryana State Junior (U-20) Athletics Championships
13	Sidharth	29 Mar 2006	Gurugarm	21.99 Sec.	38th Haryana State Junior Athletics Championships at Karnal 27-28 September 2025.
14	Ajay	03-02-2006.	Karnal	22.03 Sec.	38th Haryana State Junior Athletics Championships at Karnal 27-28 September 2025.
15	Jogeshwar Singh	24-04-1994.	Sirsa	22.06 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
16	Vikas	22-02-2007.	Bhiwani	22.10 Sec.	38th Haryana State Junior Athletics Championships at Karnal 27-28 September 2025.

Men 400 m.

Sr. No.	Name	DOB	District	Performance	Championhips
1	Vikrant Panchal	30-01-2000.	Faridabad	46.17 Sec	64th National Inter State Athletics Championships at Tamilnadu
2	Harsh Kumar	25-12-1997.	Rewari	46.92 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
3	Mohit Kumar	01-09-1997.	Sonipat	47.07 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
4	Ashish Phogat	10-10-2002.	Charkhi Dadri	47.10 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
5	Kapil Raika	13-09-2004.	Sonipat	47.74 Sec.	Indian Open Athletics Meet Bangluru 28 June 2025
6	Rahul	29 Oct 2006	Fatehabad	47.82 Sec.	38th Haryana State Junior Athletics Championships at Karnal 27-28 September 2025.
7	Abhishek	03-10-2003.	Fatehabad	47.88. Sec	28th National Senior Fed Athletics Championships at Kochi, Kerla 21-24 April 2025
8	Rahul Siwach	29-10-2006.	Faridabad	48.03 Sec.	14th Haryana State Junior (U-20) Athletics Championships
9	RAMAN DAGAR	28-04-2005.	Sonipat	48:12 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
10	Kshitij Sharma	09-08-2006.	Gurugram,	48.35 Sec.	38th Haryana State Junior Athletics Championships at Karnal 27-28 September 2025.
11	Chirag Charar	03-07-2002.	Jhajjar	48.39 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
12	Anand Kumar Bainsla	24-09-1998.	Palwal	48.44 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
13	Jangsher	24-04-1994.	Sirsa	48.44 Sec	28th National Senior Fed Athletics Championships at Kochi, Kerla 21-24 April 2025
14	Mohit Kumar	12-10-2006.	Hisar	48.45 Sec.	38th Haryana State Junior Athletics Championships at Karnal 27-28 September 2025.
15	Anish Kumar	18-12-2002.	Bhiwani	49.05 Sec.	Indian Open Athletics Meet Patna 19 July 2025
16	Prashant	14-01-2007	Faridabad	49.43 Sec.	38th Haryana State Junior Athletics Championships at Karnal 27-28 September 2025.

Men 800 m.

Sr. No.	Name	DOB	District	Performance	Championhips
1	Krishan Kumar	12/10/1997	Bhiwani	1:47.94 Sec	28th National Senior Fed Athletics Championships at Kochi, Kerla 21-24 April 2025
2	AMAN KUMAR	06-06-2001.	Sonipat	1:49.47 Sec	64th National Inter State Athletics Championships at Tamilnadu
3	Dhoni	16-09-2005	Bhiwani	1:50.75 Sec	23rd National Jr Fed. Athletics Championships 22-24 June 2025 Prayagraj
4	Prince	3/12/2007	Jhajjar	1:50.09Sec	23rd National Jr Fed. Athletics Championships 22-24 June 2025 Prayagraj
5	Ashish	13 Feb 2006	Hisar	1:50.94 Sec.	64th National Open Athletics Championships Ranchi 27-30 September 2025.
6	Sanket	16-09-2005	Jhajjar	1:50.99 Sec	23rd National Jr Fed. Athletics Championships 22-24 June 2025 Prayagraj
7	Harsh	10 Jan 2001	Jhajjar	1:51.22 Sec.	64th National Open Athletics Championships Ranchi 27-30 September 2025.
8	Deepender	27 Sep 2007	Mahendergargh	1:51.33 Sec.	38th Haryana State Junior Athletics Championships at Karnal 27-28 September 2025.
9	Krishan	28 Oct 2006	Jhajjar	1:52.01 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.

10	Jatin	30 Jul 2002	Jhajjar	1:52.03 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
11	Neeraj Sharma	10 Oct 2006	Faridabad	1:52.08 Sec.	14th Haryana State Junior (U-20) Athletics Championships
12	SAIM KAMBOJ	21-03-2006.	KAITHAL	1:53.20 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
13	DEEPAK		HISAR	1:54.02 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
14	SOURABH	9 Sep 2007	Karnal	1:54.12 Sec.	14th Haryana State Junior (U-20) Athletics Championships
15	SUNIL KUMAR		FATEHABAD	1:54.73	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
16	NITIN		YAMUNANAGAR	1:55.05	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025

Men 1500 m.					
Sr. No.	Name	DOB	District	Performance	Championhips
1	NARENDER	07-10-1997.	Bhiwani	3:42.77.	28th National Senior Fed Athletics Championships at Kochi, Kerla 21-24 April 2025
2	AMIT KUMAR	24-05-2004.	Rewari	3.45.11.	64th National Inter State Athletics Championships at Tamilnadu
3	RAMIKESH	24-12-2004.	Rohtak	3:49.43.	64th National Inter State Athletics Championships at Tamilnadu
4	Mohan	05-06-1997.	Charkhi Dadri	3:49.57 .	64th National Open Athletics Championships Ranchi 27-30 September 2025.
5	ANKIT MALIK	22-08-2002.	Sonipat	3:49.44.	64th National Open Athletics Championships Ranchi 27-30 September 2025.
6	Ankit	22-08-2002.	Rewari	3:50.02 .	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
7	Ravi	16-10-2001.	Rohtak	3:50.10 .	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
8	DEEPAK KUMAR	28-12-2004.	Hisar	3:50.18.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
9	Vikash	01-01-2004.	Bhiwani	3:50.60 .	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
10	NAVDEEP	20-09-2003.	Jind	3:51.01.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
11	SURENDER	23-08-1998.	Jind	3:52.24.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
12	Vikash	10-12-2004.	Hisar	3:51.75.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
13	Neeraj Sharma	10-10-2006.	Faridabad	3:52.34 .	14th Haryana State Junior (U-20) Athletics Championships
14	VISHAL	01-11-2003.	Bhiwani	3:52.38.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
15	Akshay rathee	05-06-2006.	Rohtak	3:53.92 .	14th Haryana State Junior (U-20) Athletics Championships
16	ANKIT MALIK	10-11-2002.	Sonipat	3:54.33.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025

Men 5000 m.					
Sr. No.	Name	DOB	District	Performance	Championhips
1	AAVKASH	12-11-2004.	SONIPAT	14:10.55.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
2	Navratan	16-12-2006	Rewari	10:10.34.	38th Haryana State Junior Athletics Championships at Karnal 27-28 September 2025.
3	Aman Kumar	06-05-2007.	Jhajjar	14:11.38.	38th Haryana State Junior Athletics Championships at Karnal 27-28 September 2025.
4	RAHUL	10-09-2002.	JHAJJAR	14:13.24.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
5	VINAY	22-11-2003.	SONIPAT	14:14.52.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
6	PARVEEN KUMAR	04-01-2001.	FATEHABAD	14:15.84.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
7	ANKIT	01-12-2001.	SONIPAT	14:19.46.	64th National Open Athletics Championships Ranchi 27-30 September 2025.
8	BITTU	11-11-2001.	JIND	14:27.61 .	64th National Open Athletics Championships Ranchi 27-30 September 2025.
9	Ajay	29-01-2002.	Jhajjar	14:32.04.	28th National Senior Fed Athletics Championships at Kochi, Kerla 21-24 April 2025
10	KARMVEER YADAV	07-12-2005.	MAHENDERGARGH	14:40.53.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
11	SOURABH	09-09-2007.	KARNAL	14:42.23.	23rd National Jr Fed. Athletics Championships 22-24 June 2025 Prayagraj
12	Akshay	05-05-2006.	Rohtak	14:46.48 Sec.	38th Haryana State Junior Athletics Championships at Karnal 27-28 September 2025.
13	RAHUL	13-03-2003	SONIPAT	14:57.70.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
14	Ankit	29-06-2006.	Rohtak	15:00.79.	38th Haryana State Junior Athletics Championships at Karnal 27-28 September 2025.
15	SURENDER	23-08-1998.	JIND	15:02.50.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
16	Sumit	27-12-2006.	SONIPAT	15:13.09.	38th Haryana State Junior Athletics Championships at Karnal 27-28 September 2025.

Men 10000 m.					
Sr. No.	Name	DOB	District	Performance	Championhips
1	Vinay	22 Nov 2003	Sonipat	30:22.09 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
2	Aavkash	12 Nov 2004	Sonipat	30:36.53 Sec.	64th National Open Athletics Championships Ranchi 27-30 September 2025.
3	AJAY	29-01-2002.	JHAJJAR	30:41.51.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
4	MANOJ KUMAR	10-05-2003.	PANIPAT	30:41.5	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
5	Rohit	5 Mar 1998	Sonipat	30:42.74 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
6	AKSHAY	24 Jul 2004	SONIPAT	31:21.27.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
7	Bittu	11 Nov 2001	Jind	31:44.00 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.

8	GURPREET	24-12-1999.	KARNAL	32:02.46.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
9	SARJEET	02-11-2003.	MAHENDERGARGH	32:41.41.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
10	SANDEEP	19-12-2002.	HISAR	33:26.67.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
11	VIPIN SINGH	10-11-2003.	PANIPAT	34:33.73.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
12	Vicky	18 Dec 2003	Sonipat	33:43.12 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
13	VIPIN	3 Jul 2002	Ambala	34:27.34 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
14	Somit	5 Jan 2001	Hisar	35:07.35 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
15	VIRENDER SINGH	26-10-2007.	KURUKSHETRA	40:24.46.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
16	ANIL, 3	AHRM228519	MAHENDERGARGH	41:28.31.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
Men 110 m. Hurdles					
Sr. No.	Name	DOB	District	Performance	Championhips
1	Nakul	19 Dec 2006	Faridabad	14.82 Sec.	14th Haryana State Junior (U-20) Athletics Championships
2	SHIVDARSHAN	27 Oct 2002	Sonipat	15:04 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
3	ABHISHEK	25-07-2002.	GURUGRAM	15.40.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
4	BHIM SINGH	25-07-1991.	CHARKI DADRI	15.50.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
5	SONU	29-09-2002.	HISAR	15.30.	Indian Open Athletics Meet Sangrur 27-28 July 2025
6	Akash singh	19 Sep 1995	Rohtak	15:52 Sec.	Indian Open Athletics Meet Sangrur 27-28 July 2025
7	Nikhil kumar	11 Jun 2007	Sonipat	15.92 Sec.	14th Haryana State Junior (U-20) Athletics Championships
8	AJAY	07-10-2003.	HISAR	15.98.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
9	YOGESH	5 Aug 2006	Fatehabad	16.45 Sec.	14th Haryana State Junior (U-20) Athletics Championships
10	Banit	1 Jul 2007	Hisar	16.53 Sec.	14th Haryana State Junior (U-20) Athletics Championships
11	SUNIL KUNDU	28-12-2000.	ROHTAK	16.59.	Indian Open Athletics Meet Sangrur 27-28 July 2025
12	Adity Nain	14 Dec 2006	Jhajjar	17.64 Sec.	14th Haryana State Junior (U-20) Athletics Championships
13	LALIT KUMAR	04-03-2006.	HISAR	18.00.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
14	Pankaj	22 Jun 2007	Sirsa	19.02 Sec.	14th Haryana State Junior (U-20) Athletics Championships
15	Amit	3 Aug 2025	Fatehabad	22:47 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
16	HARSHIT KUMAR		MAHENDERGARGH	25.51.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
Men 400 m. Hurdles					
Sr. No.	Name	DOB	District	Performance	Championhips
1	Amit Kumar	1 Oct 1996	Hisar	53.65.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
2	HARENDER	01-05-2003.	BHIWANI	53.99.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
3	AMIT	06-01-2002.	JIND	54.13.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
4	JASHAN SINGH	30-12-2001.	PANCHKULA	54.21.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
5	ANKIT	12-09-2005.	HISAR	54.84.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
6	Saksham	8 Sep 2006	Bhiwani	54.88.	14th Haryana State Junior (U-20) Athletics Championships
7	Ankit	12 Sep 2005	Hisar	55.08.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
8	TUSHAR Kajla	04-09-2005.	JHAJJAR	55.64	23rd National Jr Fed. Athletics Championships 22-24 June 2025 Prayagraj
9	SUBHAM	29-06-2007.	FATEHABAD	55.94.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
11	Jatin Kumar	15 Aug 2006	Karnal	55.98.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
12	Abhishek	17 Oct 2007	Hisar	56.40 .	14th Haryana State Junior (U-20) Athletics Championships
13	SURYA CHAUHAN	20 Sep 2006	Kaithal	56.52.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
14	PAWAN	05-10-2003.	BHIWANI	56.74.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
15	VIKASH	29-05-2003.	BHIWANI	56.76.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
16	RAVI	21-08-2002	JHAJJAR	56.92.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
Men 3000 m. Steeplechase					
Sr. No.	Name	DOB	District	Performance	Championhips
1	Rohit Verma	20-10-1998	Rewari	8:44.80.	28th National Senior Fed Athletics Championships at Kochi, Kerla 21-24 April 2025
2	Shankar Lal Swami	5/7/1996		8:45.38.	28th National Senior Fed Athletics Championships at Kochi, Kerla 21-24 April 2025
3	BALKISHAN	09-11-1998.	BHIWANI	8:45.96.	28th National Senior Fed Athletics Championships at Kochi, Kerla 21-24 April 2025
4	Ritesh Kumar	18 Aug 2004	Sonipat	8:52.04 Sec.	64th National Open Athletics Championships Ranchi 27-30 September 2025.
5	NISHANT	06-11-2004.	HISAR	8:53.70.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
6	Hemant	8 Nov 2001	Rewari	9:00.86 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
7	DHARMENDER	14 Aug 2003	Jhajjar	9:02.80 Sec.	64th National Inter State Athletics Championships at Tamilnadu
8	VIKASH	25-10-2000.	HISAR	9:03.53.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
9	Bhim maan	13 Dec 2005	Charki Dadri	9:04.61 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.

10	Navratan	6/12/2006	Rewari	9:05.75 .	23rd National Jr Fed. Athletics Championships 22-24 June 2025 Prayagraj
11	PARVEEN KUMAR	04-01-2001.	FATEHABAD	9:08.80.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
12	RAHUL	03-06-2003.	HISAR	9:14.52.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
13	Aryan	17/06/2006	Karnal	9:17.95.	23rd National Jr Fed. Athletics Championships 22-24 June 2025 Prayagraj
14	Gourav	13-09-2005	Rohtak	9:27.02 Sec.	23rd National Jr Fed. Athletics Championships 22-24 June 2025 Prayagraj
15	PARVEEN KUMAR	24-08-2004.	JHAJJAR	9:32.09.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
16	Sourabh	09/9/2007.	Karnal	9:37.04 Sec.	14th Haryana State Junior (U-20) Athletics Championships
Men High Jump					
Sr. No.	Name	DOB	District	Performance	Championhips
1	Rohit	8/3/2000	Yamuna Nagar	2.18 m.	64th National Open Athletics Championships at Ranchi from 27-30 September 2025.
2	Gurjeet Singh	5/1/2000	Jind	2.08 m.	28th National Senior Fed Athletics Championships at Kochi, Kerla 21-24 April 2025
3	SHIV BHAGWAN	06-08-2005.	BHIWANI	2.08 m.	23rd National Jr Fed. Athletics Championships 22-24 June 2025 Prayagraj
4	Akash	10 Mar 2001	Panipat	2.05 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
5	Manjeet	10 Jan 2004	Bhiwani	2.05 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
6	BIJENDER		SONIPAT	2.00 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
7	DEEPANSHU	21-12-2004.	SONIPAT	1.95 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
8	NITIN	06-08-2002.	SONIPAT	1.95 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
9	MANDEEP NAIN	27-03-2001.	PANIPAT	1.95 m.	Indian Open Athletics Meet Sangrur 27-28 July 2025
10	Luccy	7 Feb 2003	Mahendergargh	1.90 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
11	Vineet kumar	18 Dec 2007	Fatehabad	1.90 m.	14th Haryana State Junior (U-20) Athletics Championships
12	Saksham	01-09-2007.	Jind	1.90 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
Men Long Jump					
Sr. No.	Name	DOB	District	Performance	Championhips
1	Avinash kumar	16 Oct 2002	Rewari	7.72 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
2	Mohd Atta Sazid	10 Feb 2006	Faridabad	7.79 m.	Indian Grand Prix-3
3	Harendra Bhati	03-08-2000.	Faridabad	7.36 m.	Indian Open Athletics Meet Pune
4	Deepak	18 May 2005	Bhiwani	7.33 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
5	BHUPENDER SINGH	13-11-2001.	HISAR	7.25 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
6	Sandeep Kumar	17-09-1997	Fatehabad	7.10 m.	Indian Open Athletics Meet Bangluru 28 June 2025
7	Maan Singh Bhadana	9 Sep 2007	Faridabad	7.04 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
8	Yash mehla	13 Jul 2007	Hisar	6.71 m.	14th Haryana State Junior (U-20) Athletics Championships
9	Dinesh Tanwar	13 May 2007	Rewari	6.70 m.	14th Haryana State Junior (U-20) Athletics Championships
10	Narender	26 Dec 2003	Bhiwani	6.61 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
11	HARINARAYAN	28-09-2002.	PANIPAT	6.55 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
12	Jatin Malik	23 Dec 2006	Hisar	6.50 m.	14th Haryana State Junior (U-20) Athletics Championships
Men Triple Jump					
Sr. No.	Name	DOB	District	Performance	Championhips
1	TARUN CHAUHAN	26-07-2005.	PANIPAT	15.21 m.	23rd National Jr Fed. Athletics Championships 22-24 June 2025 Prayagraj
2	ABHISHEK SINGH TANWA	30-10-2003.	PANIPAT	14.93 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
3	Nitin	11 Jun 2003	Jind	14.68 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
4	SANDEEP KUMAR	05-06-1993.	KARNAL	14.57 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
5	Tarun		Bhiwani	14.56 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
6	VISHAL MOR	28-09-2002.	HISAR	14.53 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
7	KRISHAN KUMAR	4 Sep 2007	Charki Dadri	14.29 m.	14th Haryana State Junior (U-20) Athletics Championships
8	MANGERAM	24-09-1997.	SIRSA	14.28 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
9	Ajay	19 Dec 2003	Bhiwani	14.25 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
10	TUSHAR	29-11-2003.	JHAJJAR	14.20 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
11	Aayushmaan	29 Jan 2006	Bhiwani	14.12 m.	14th Haryana State Junior (U-20) Athletics Championships
12	Ajay	17 Sep 2000	Rohtak	14.11 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
Men Pole Vault					
Sr. No.	Name	DOB	District	Performance	Championhips

1	Uttam	15 Nov 2000	Bhiwani	4.80 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.			
2	NITIN	25-08-2001.	BHIWANI	4.70 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025			
3	Tanuj Kumar	27 Dec 2003	Bhiwani	4.70 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.			
4	GOURAV	20-02-2002.	JHAJJAR	4.50 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025			
5	PARMOD	22-12-2003.	HISAR	4.40 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025			
6	Parmod	22 Dec 2003	Hisar	4.40 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.			
7	Dinesh Dalal	20 Sep 2003	Hisar	4.40 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.			
8	MOHIT Singh	25 Aug 2006	Bhiwani	4.20 m.	23rd National Jr Fed. Athletics Championships 22-24 June 2025 Prayagraj			
9	PARVEEN	19 Jul 2006	Bhiwani	4.00 m.	14th Haryana State Junior (U-20) Athletics Championships			
10	Himanshu tanwar	25 Nov 2006	Bhiwani	3.90 m.	14th Haryana State Junior (U-20) Athletics Championships			
Men Shot Put								
Sr. No.	Name	DOB	District	Performance	Championhips			
1	SANYAM	05-10-2003.	ROHTAK	19.36 m.	Indian Open Athletics Meet Sangrur 27-28 July 2025			
2	ARJUN	13-10-2002.	KURUKSHETRA	16.85 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025			
3	Nikhlesh	10 Aug 2005	Sonipat	16.74 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.			
4	Ashu Dalal	28 Nov 2001	Jhajjar	16.59 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.			
5	ROHIT ANTIL	11-06-2003.	SONIPAT	16.46 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025			
6	VIKASH	12-02-2003.	JHAJJAR	16.38 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025			
7	Kartik	9 Jun 2005	Sonipat	16.36 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.			
8	ATUL	17-01-2005.	CHARKI DADRI	16.34 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025			
9	HARRY	24-12-2004.	JHAJJAR	16.30 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025			
10	Atul	17 Jan 2005	Charki Dadri	16.66 m.	28th National Senior Fed Athletics Championships at Kochi, Kerla 21-24 April 2025			
11	Bhavish Rana	16 Feb 2005	Charki Dadri	15.95 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.			
12	HARDIK SINGH	2 Oct 2002	AMBALA	15.51 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025			
Men Discus Throw								
Sr. No.	Name	DOB	District	Performance	Championhips			
1	Nirbhay Singh	20 Nov 1996	Bhiwani	58.13 m.	28th National Senior Fed Athletics Championships at Kochi, Kerla 21-24 April 2025			
2	Prateek Maan	4 May 2001	Sonipat	55.50 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.			
3	AJAY KUMAR	20-06-2003	Bhiwani	53.23 m.	28th National Senior Fed Athletics Championships at Kochi, Kerla 21-24 April 2025			
4	Ujjawal Choudhary	24 Mar 2006	Hisar	53.23 m.	64th National Inter State Senior Athletics Championship			
5	Abhimanyu	18-12-2001.	Jind	52.87 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.			
6	Ritik	6 Jul 2006	Rohtak	52.22 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.			
7	Sahil Chechi	27-07-00.	Jind	51.95 m.	28th National Senior Fed Athletics Championships at Kochi, Kerla 21-24 April 2025			
8	PRINCE	08-04-2002.	PANIPAT	51.72m	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025			
9	Anil Kumar	8 Dec 2002	Karnal	51.65 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.			
10	Sahil Deswal		Jind	50.19 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.			
11	Vaibhav Chaudhary			50.18 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.			
12	VAIBHAV	16 Oct 2006	AMBALA	48.68m	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025			
Men Hammer Throw								
Sr. No.	Name	DOB	District	Performance	Championhips			
1	Gaurav	12 Feb 1996	Sonipat	67.63 m.	Indian Open Athletics Meet Sangrur 27-28 July 2025			
2	NITIN MALIK	01-01-2000.	HISAR	67.35m	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025			
3	ASHISH JAKHAR	05-01-1999.	JHAJJAR	67.07m	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025			
4	NAVEEN YADAV	28-10-1999.	BHIWANI	61.82m	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025			
5	CHAND HOODA	04-12-1999.	JIND	60.83m	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025			
6	HIMANSHU	07-06-2001.	ROHTAK	60.61m	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025			
7	Amit pundir	5 May 2004	Yamunanagar	60.44 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.			
8	Neeraj	25 Mar 2003	Rohtak	59.91 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.			
9	Naresh kumar	30 Dec 2003	Bhiwani	58.97 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.			
10	SANDEEP	01-08-2001.	HISAR	57.30m	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025			
11	HARSH	01-05-2004.	CHARKI DADRI	56.37m	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025			
12	DUPINDER SINGH	16 Feb 2000	FATEHABAD	52.62m	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025			

Men Javelin Throw					
Sr. No.	Name	DOB	District	Performance	Championhips
1	Neeraj Chopra	24-12-1997	Panipat	90.23 m.	Dimond Leauge Doha 2025.
2	Jaideep	2/1/1996	Fatehabad	75.13 m.	64th National Open Athletics Chanpionships Ranchi 2025.
3	Sahil Selwal	17-12-2000	Charkhi Dadri	74.93 m.	64th National Inter State Athletics Championhips at Tamilnadu
4	Sanuj	30 Jun 2003	Sonipat	73.57 m.	12th Haryana State Open Senior Athletics Championhips at Kurukshetra on 06-07 September 2025.
5	MOHIT	04-06-2001.	JHAJJAR	72.33m	15th Haryana State Senior Athletics Championhips at Karan Stadium, Karnal 15-16 July 2025
6	Aditya	22 Oct 2006	Jind	72.15 m.	64th National Open Athletics Chanpionships Ranchi 2025.
7	NASEEB	15 Oct 2005	Jhajjar	71.39 m.	12th Haryana State Open Senior Athletics Championhips at Kurukshetra on 06-07 September 2025.
8	Vikrant Malik	2/1/1996	Panipat	71.13 m.	Indian Open Athletics Meet Pune
9	PARMOD	03-12-1999.	FATEHABAD	70.00m	15th Haryana State Senior Athletics Championhips at Karan Stadium, Karnal 15-16 July 2025
10	TUSHAR	01-07-2001.	PANCHKULA	68.51m	15th Haryana State Senior Athletics Championhips at Karan Stadium, Karnal 15-16 July 2025
11	RANVIJAY SINGH	21-06-2005.	BHIWANI	68.33m	15th Haryana State Senior Athletics Championhips at Karan Stadium, Karnal 15-16 July 2025
12	SUJIT	11-11-2003.	JHAJJAR	68.22m	15th Haryana State Senior Athletics Championhips at Karan Stadium, Karnal 15-16 July 2025
Men 20 Km. Walk					
Sr. No.	Name	DOB	District	Performance	Championhips
1	SANDEEP .	16-12-1986.	Mahendergarh		
2	HARDEEP	22/09/98	Bhiwani	1:26:06.08 Sec.	National Race Walking 2025.
3	RAHUL	7/1/2000	JHAJJAR	1:26:58.34 Sec.	National Race Walking 2025.
4	MOHIT	22/08/01	ROHTAK	1:30:37.63 Sec.	National Race Walking 2025.
5	SANDEEP .	24/06/04	Bhiwani	1:30:38.79 Sec.	National Race Walking 2025.
6	PARAMDEEP MOR	11-12-2001.	JIND	1:31:50.35 Sec.	15th Haryana State Senior Athletics Championhips at Karan Stadium, Karnal 15-16 July 2025
7	AARYAN .	15/12/03	Bhiwani	1:33:51.09 Sec.	National Race Walking 2025.
8	AMAN MOR	7/7/2000	JIND	1:34:00.14 Sec.	National Race Walking 2025.
9	RAHUL	05-06-1996.	JHAJJAR	1:37:14.18 Sec.	15th Haryana State Senior Athletics Championhips at Karan Stadium, Karnal 15-16 July 2025
10	JUNED	10-05-1999.	MEWAT	1:38:51.24 Sec.	15th Haryana State Senior Athletics Championhips at Karan Stadium, Karnal 15-16 July 2025
11	MOHIT	22-08-2001.	ROHTAK	1:40:50.30 Sec.	15th Haryana State Senior Athletics Championhips at Karan Stadium, Karnal 15-16 July 2025
12	RAJESH	02-11-2004.	FATEHABAD	1:40:50.55 Sec.	15th Haryana State Senior Athletics Championhips at Karan Stadium, Karnal 15-16 July 2025
Men Decathlon					
Sr. No.	Name	DOB	District	Performance	Championhips
1	KAMAL	13 Oct 1998	SONIPAT	6820 Pts	64th National Inter State Athletics Championhips at Tamilnadu
2	Mohit	10 Sep 2001	Panipat	6810 Pts	12th Haryana State Open Senior Athletics Championhips at Kurukshetra on 06-07 September 2025.
3	Chamanjot Singh	16 Apr 2001	Kurukshetra	6730 pts	12th Haryana State Open Senior Athletics Championhips at Kurukshetra on 06-07 September 2025.
4	MOHIT	10 Sep 2001	PANIPAT	6598 Pts	64th National Inter State Athletics Championhips at Tamilnadu
5	Mayank Kumar	27-10-2005.	Bhiwani	6445 pts	23rd National Jr Fed. Athletics Championships 22-24 June 2025 Prayagraj
6	MANJEET SINGH	21 Aug 2001	FATEHABAD	6355 Pts	15th Haryana State Senior Athletics Championhips at Karan Stadium, Karnal 15-16 July 2025
7	Rohit kumar	25 Dec 2001	Fatehabad	6226 Pts	12th Haryana State Open Senior Athletics Championhips at Kurukshetra on 06-07 September 2025.
8	SANJAY	11 May 2000	HISAR	6162 Pts	15th Haryana State Senior Athletics Championhips at Karan Stadium, Karnal 15-16 July 2025
9	Jangpal Singh	1 Oct 2006	Rewari	5932 Pts	14th Haryana State Junior (U-20) Athletics Championhips
10	Sanjay	11 May 2000	Hisar	5492 Pts	12th Haryana State Open Senior Athletics Championhips at Kurukshetra on 06-07 September 2025.
11	RUPESH	10 Jan 2003	JHAJJAR	5266 Pts	15th Haryana State Senior Athletics Championhips at Karan Stadium, Karnal 15-16 July 2025
12	AKASH SINGH	19 Sep 1995	ROHTAK	4883 Pts	15th Haryana State Senior Athletics Championhips at Karan Stadium, Karnal 15-16 July 2025
Women 100 m.					
Sr. No.	Name	DOB	District	Performance	Championhips
1	Tamanna	29 Sep 2004	Jind	11:80 Sec.	12th Haryana State Open Senior Athletics Championhips at Kurukshetra on 06-07 September 2025.
2	SONIA	5 Jan 2001	Jind	12:03 Sec.	12th Haryana State Open Senior Athletics Championhips at Kurukshetra on 06-07 September 2025.
3	Sneh	30-10-2005.	Charkhi Dadri	12:17 Sec.	12th Haryana State Open Senior Athletics Championhips at Kurukshetra on 06-07 September 2025.
4	Anshu	06-06-2001.	Sonipat	12.31 Sec.	Indian Open Athletics Meet chennai 15 April 2025
5	USHA	16-01-1997.	SONIPAT	12.37 Sec.	15th Haryana State Senior Athletics Championhips at Karan Stadium, Karnal 15-16 July 2025
6	MANNAT	13 Nov 2006	Panipat	12:53 Sec.	12th Haryana State Open Senior Athletics Championhips at Kurukshetra on 06-07 September 2025.
7	Shubham	9 Mar 2000	Jind	12:57Sec.	Indian Open Athletics Meet Sangrur 27-28 July 2025
8	Neha	7/7/2007	Jind	12.60 Sec.	14th Haryana State Junior (U-20) Athletics Championhips

9	Harshil	1 Nov 2007	Jind	12.64 Sec.	14th Haryana State Junior (U-20) Athletics Championships
10	Pooja	23 Nov 2006	Hisar	12.64 Sec.	14th Haryana State Junior (U-20) Athletics Championships
11	Kamna	27 Sep 2006	Fatehabad	12.70 Sec.	14th Haryana State Junior (U-20) Athletics Championships
12	Ayushi pal	7 May 2005	Kurukshetra	12:73 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
13	Tulsi	14/01/2007	Hisar	12.90 Sec.	14th Haryana State Junior (U-20) Athletics Championships
14	MANSI	11-05-2001.	PANIPAT	12.91 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
15	Soumya Bhardwaj	2 Jan 2007	Panchkula	12.97 Sec.	14th Haryana State Junior (U-20) Athletics Championships
16	AARTI	26-12-2002.	HISAR	13.07 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
Women 200 m.					
Sr. No.	Name	DOB	District	Performance	Championhips
1	Tamanna	29 Sep 2004	Jind	24:42 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
2	SONIA	5 Jan 2001	Jind	24:81 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
4	GARIMA	13-10-2005.	JIND	25.33 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
5	MANNAT	13 Nov 2006	Panipat	25.38 Sec.	14th Haryana State Junior (U-20) Athletics Championships
6	Nisha	2/2/2001	Hisar	25.51 Sec.	ndian Open Athletics Meet Bangluru 28 June 2025
7	MANISHA	24-05-2002	Hisar	25.53 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
8	Neha	7/7/2007	Jind	25.89 Sec.	14th Haryana State Junior (U-20) Athletics Championships
9	SALONI	18-10-2005.	KAITHAL	25.98 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
10	Kavita	30/01/2007	Karnal	26.14 Sec.	14th Haryana State Junior (U-20) Athletics Championships
12	Meena	20 May 2006	Fatehabad	26.33 Sec.	14th Haryana State Junior (U-20) Athletics Championships
13	Pooja	23 Nov 2006	Hisar	26.53 Sec.	14th Haryana State Junior (U-20) Athletics Championships
14	Manpreet	14 Oct 2007	Kaithal	26.80 Sec.	14th Haryana State Junior (U-20) Athletics Championships
15	Soumya Bhardwaj	2 Jan 2007	Panchkula	27.31 Sec.	14th Haryana State Junior (U-20) Athletics Championships
16	SUNITA		Panipat	27.95 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
Women 400 m.					
Sr. No.	Name	DOB	District	Performance	Championhips
1	GARIMA	13-10-2005.	JIND	54.27 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
2	Tamanna	15 May 2006	Jind	54.86 Sec.	14th Haryana State Junior (U-20) Athletics Championships
3	MANISHA	24-05-2002.	HISAR	55.68 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
4	Drishti	15 Jul 2006	Kurukshetra	55:68 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
5	SALONI,	18-10-2005.	KAITHAL	56.28 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
6	Nisha	2/2/2001		57.02 Sec.	Indian Open Athletics Meet Bangluru 28 June 2025
7	Vanshika Chandila	31-07-2006.	Faridabad	58:47 Sec.	38th Haryana State Junior Athletics Championships 2025.
8	Prachi Sharma	09-10-2007.	Faridabad	58.62 Sec.	38th Haryana State Junior Athletics Championships 2025.
9	KAVITA	30 Jan 2007	Jind	59.10 Sec.	14th Haryana State Junior (U-20) Athletics Championships
10	Tanya	24-10-2006	Faridabad	59.90 Sec.	23rd National Jr Fed. Athletics Championships 22-24 June 2025 Prayagraj
11	Pooja	24 Sep 2003	Hisar	1:00.76 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
12	Sanya	03-06-2006.	Panipat	1:02.32 Sec.	38th Haryana State Junior Athletics Championships 2025.
13	Tannu yadav	21 Jun 2002	Panipat	1:02.88 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
14	Tamannayadav	27 Dec 2005	Gurugram	1:02.92 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
15	Harshil	1 Nov 2007	Jind	1:07.93 Sec.	14th Haryana State Junior (U-20) Athletics Championships
16	Priya	25 Aug 2007	Kaithal	1:09.76 Sec.	14th Haryana State Junior (U-20) Athletics Championships
Women 800 m.					
Sr. No.	Name	DOB	District	Performance	Championhips
1	Pooja	17-06-2002.	Fatehabad	2:02.27 Sec.	64th National Inter State Athletics Championships at Tamilnadu
2	Heena	22-10-2007.	Bhiwani	2:08.84 Sec.	23rd National Jr Fed. Athletics Championships 22-24 June 2025 Prayagraj
3	Geetika Dahiya	4/10/2006	Gurugram	2:10.24 Sec.	23rd National Jr Fed. Athletics Championships 22-24 June 2025 Prayagraj
4	Payal	16 Nov 2005	Panipat	2:11.78 Sec	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
5	Vanshika		Bhiwani	2:13.77 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
6	Nikita Chaudhary	4 Nov 2000	Faridabad	2:15.11 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
7	Chhoti Devi	16-03-2006.	Hisar	2:16.99 Sec.	23rd National Jr Fed. Athletics Championships 22-24 June 2025 Prayagraj
8	Aarti Dhillon	19-10-2002.	Jind	2:17.48 Sec.	28th National Senior Fed Athletics Championships at Kochi, Kerla 21-24 April 2025

9	MEENA KUMARI	15-01-2000.	BHIWANI	2:20.49 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
10	AARTI	5 Apr 2007	Jind	2:23.62 Sec.	14th Haryana State Junior (U-20) Athletics Championships
11	ISHA	08-02-2003.	SONIPAT	2:28.50 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
12	KAJAL		KARNAL	2:35.37 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
13	Nisha	26 Jul 2007	Fatehabad	2:47.34 Sec.	14th Haryana State Junior (U-20) Athletics Championships
14	Megha		Mahendergarh	2:48.41 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
15	LAKHVINDER		YAMUNANAGAR	3:10.28 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
16	DISHA	31-03-2006	JHAJJAR	3:10.47 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025

Women 1500 m.

Sr. No.	Name	DOB	District	Performance	Championhips
1	POOJA	17-06-2002.	FATEHABAD	4:10.68 Sec.	64th National Inter State Athletics Championships at Tamilnadu
2	anju	13 Nov 2004	Hisar	4:26.46 Sec.	28th National Senior Fed Athletics Championships at Kochi, Kerla 21-24 April 2025
3	ANITA	01-08-2000.	HISAR	4:30.92 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
4	Sanjana	23-12-2006.	Rohtak	4:33.90 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
5	Pragati	5 Sep 20..	Charki Dadri	4:36.33 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
6	Geetika Dahiya	4/10/2006	Gurugram	4:37.59 Sec	23rd National Jr Fed. Athletics Championships 22-24 June 2025 Prayagraj
7	Simran	1 Aug 2004	Karnal	4:41.18 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
8	AARTI	19-10-2002.	JIND	4:45.79 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
9	Parul	12 Nov 2007	Fatehabad	5:05.59 Sec.	14th Haryana State Junior (U-20) Athletics Championships
10	Preena Devi	13 May 2005	Jind	5:09.60 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
11	Sakshi	19 Dec 2006	Panipat	5:12.32 Sec.	14th Haryana State Junior (U-20) Athletics Championships
12	Moni	20 Dec 2006	Panipat	5:16.34 Sec.	14th Haryana State Junior (U-20) Athletics Championships
13	POOJA	6 Jan 1996	Jhajjar	5:38.77 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
14	Aarti	18 Sep 2006	Karnal	5:45.75 Sec.	14th Haryana State Junior (U-20) Athletics Championships
15	DEEPAKSHI	07-01-2006.	KARNAL	6:00.15 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
16	Tanisha devi	24 Jan 2006	Kurukshetra	6:07.33 Sec.	14th Haryana State Junior (U-20) Athletics Championships

Women 5000 m.

Sr. No.	Name	DOB	District	Performance	Championhips
1	Anjali Devi	21-02-2002.	Kurukshetra	16:25.78 Sec.	28th National Senior Fed Athletics Championships at Kochi, Kerla 21-24 April 2025
2	Sanjana singh	23 Dec 2006	Rohtak	17:15.25 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
3	Pooja	13 Jul 2006	Sonipat	17:32.50 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
4	TANNU	6 Mar 2003	Charki Dadri	17:47.48 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
5	KAVITA	16-12-1998	HISAR	17:48.59 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
6	Tanisha	07-07-2006.	Rohtak	18:03.05 Sec.	38th Haryana State Junior Athletics Championships at Karnal
7	Lalita	26 Dec 2004	Sirsa	18:30.39 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
8	Pooja		Mahendergarh	19:43.88 Sec.	38th Haryana State Junior Athletics Championships at Karnal
9	VIPAL	25-11-2007.	HISAR	19:56.25 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
10	Nancy	30 Dec 2003	Sonipat	20:43.51 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
11	Parul	12 Nov 2007	Fatehabad	5:05.59 Sec.	14th Haryana State Junior (U-20) Athletics Championships
12	Priya	14 Jul 2006	Jhajjar	21:05.25 Sec.	14th Haryana State Junior (U-20) Athletics Championships
13	RITURAJ	07-09-2004.	BHIWANI	21:55.94 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
14	Raunaak	02-21-2007.	Sonipat	22:33.10 Sec.	38th Haryana State Junior Athletics Championships at Karnal
15	PRIYANKA	07-07-2007.	HISAR	24:00.32 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
16	RANI		YAMUNANAGAR	24:33.05 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025

Women 10000 m.

Sr. No.	Name	DOB	District	Performance	Championhips
1	Anjali Devi	21-02-2002.	Kurukshetra	35:14.24 Sec.	28th National Senior Fed Athletics Championships at Kochi, Kerla 21-24 April 2025
2	KAVITA	16-12-1998.	HISAR	36:47.43 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
3	Ankita	4 Oct 2001	Mahendergargh	36:49.76 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
4	TANNU	6 Mar 2003	Charki Dadri	36:51.91 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
5	LALITA,	26-12-2004.	SIRSA	38:10.80 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
6	Rekha	23-04-1999.	Panipat	41:37.54 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.

7	Rohini Gaur	16 Jan 1997	Faridabad	42:53.57 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
8	ARADHANA PANDEY	31-10-2004.	AMBALA	44:18.53 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
9	ANJU	03-09-2006.	HISAR	46:34.65 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
10	VIDHI	21-05-2007.	PANIPAT	46:44.53 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
11	SKINA	04-12-2004.	HISAR	47:17.66 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
12	Kajal		Karnal	49:35.49 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
Women 100 m. Hurdles					
Sr. No.	Name	DOB	District	Performance	Championhips
1	Sonu Kumari	23-11-2000.	Bhiwani	14.61 Sec.	Indian Open Athletics Meet Sangrur 27-28 July 2025
2	MONIKA	01-07-2004.	CHARKI DADRI	15.47 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
3	Komal	25 Nov 2005	Hisar	15:88 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
4	Sonika	09-06-2004.	Bhiwani	16:08 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
5	Nisha	13-04-1996.	Hisar	16:30 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
6	Monika	7 May 2002	Panchkula	16:70 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
7	KHUSHBU	11 Nov 2007	HISAR	17.10 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
8	Sneha	12 May 2007	Rohtak	17.86 Sec	14th Haryana State Junior (U-20) Athletics Championships
9	RITU SHARMA	16 Jun 1997	Jind	17:31 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
10	Deeksha	29-11-....	CHARKI DADRI	18:34 Sec.	38th Haryana State Junior Athletics Championships 2025.
11	Simran Insan	08-09-2007.	Sirsa	19:77 Sec.	38th Haryana State Junior Athletics Championships 2025.
12	Suman Rani	31-08-2006.	Fatehabad	20.25 Sec.	38th Haryana State Junior Athletics Championships 2025.
13	RITU RANI	1/8/2007	SIRSA	24.92 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
Women 400 m. Hurdles					
Sr. No.	Name	DOB	District	Performance	Championhips
1	MONIKA	01-07-2004.	CHARKI DADRI	1:02.77 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
2	Muskan	26 Jan 2006	Jhajjar	1:03.66 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
3	ASHA	13-10-2005.	JIND	1:04.40 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
4	Nisha rani	13 Apr 1996	Hisar	1:05.81 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
5	Sarita	30-09-2006.	CHARKI DADRI	1:07.38 Sec.	38th Haryana State Junior Athletics Championships 2025.
6	TAMANNA YADAV	27-12-2005.	GURUGRAM	1:07.89 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
7	Poonam	31 May 2007	Hisar	1:08.34 Sec.	14th Haryana State Junior (U-20) Athletics Championships
8	Akshma	25-11-2007.	Jhajjar	1:09.34 Sec.	38th Haryana State Junior Athletics Championships 2025.
9	Deeksha	29-11-20...	CHARKI DADRI	1:10.86 Sec.	38th Haryana State Junior Athletics Championships 2025.
10	Aarju	24/08/2007	Sonipat	1:14.16 Sec.	14th Haryana State Junior (U-20) Athletics Championships
11	MONIKA	20-09-2003.	KURUKSHETRA	1:15.45 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
12	Akshma	25 Nov 2005	Jhajjar	1:15.55 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
13	Sapna		Hisar	1:16.44 Sec.	38th Haryana State Junior Athletics Championships 2025.
14	Prachi	06-11-2006.	Bhiwani	1:17.65 Sec.	38th Haryana State Junior Athletics Championships 2025.
15	SAKSHI	08-09-2005.	HISAR	1:18.74 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
16	SAKSHI	10-08-2006.	HISAR	1:24.81 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
Women 3000 m. Steeplechase					
Sr. No.	Name	DOB	District	Performance	Championhips
1	PRITI	18-12-1995	FARIDABAD	10:04.72 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
2	ANKITA	27 May 2004	Jhajjar	10:08.98 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
3	Vijeta	15 Aug 2004	Karnal	11:04.66 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
4	Ujjala	23 May 2003	Hisar	11:06.37 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
5	Chanchal	06-06-2002.	Gurugram	11:10.40 Sec.	28th National Senior Fed Athletics Championships at Kochi, Kerla 21-24 April 2025
6	Payal	05-08-2005.	Fatehabad	12:23.22 Sec.	Indian Open Athletics Meet Sangrur 27-28 July 2025
7	Harman	12 Jul 2007	Sirsa	12:24.34 Sec.	14th Haryana State Junior (U-20) Athletics Championships
8	Raman devi	4 Jul 2004	Kaithal	12:53.05 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
9	Gayatri	17-02-2007	Sirsa	13:14.19 Sec.	38th Haryana State Junior Athletics Championships 2025.

10	Nisha	31 Aug 2006	Hisar	13:31.41 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
11	Jaspreet Kaur	10-02-2006.	Sirsa	13:32.77 Sec.	38th Haryana State Junior Athletics Championships 2025.
12	ANJU	3 Sep 2006	Hisar	14:12.33 Sec.	14th Haryana State Junior (U-20) Athletics Championships
13	DEEPAKSHI, 2359		KARNAL	14:03.66	38th Haryana State Junior Athletics Championships 2025.
14	POOJA RANI, 2358		HISAR	14:26.36	38th Haryana State Junior Athletics Championships 2025.
15	ANU RANI, 2139	22/08/08	HISAR	15:02.51	38th Haryana State Junior Athletics Championships 2025.
16	MOIKA, 2363		HISAR	15:48.85	38th Haryana State Junior Athletics Championships 2025.

Women 10000 m. Race Walk

Sr. No.	Name	DOB	District	Performance	Championhips
1	Ravina	21-05-1997.	Jind	1:35:13.49 Sec.	64th National Inter State Athletics Championships at Tamilnadu
2	KOMAL	14-10-1999	REWARI	1:41:34.66 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
3	Jaspal Kaur	8 Feb 1998	Sirsa	1:42:07.12 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
4	Preeti	8 Feb 2002	Charki Dadri	1:42:54.59 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
5	Jyoti	1 Nov 2002	Bhiwani	1:47:11.88 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
6	INDU	12 Feb 2004	Sonipat	1:52:34.81 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
7	Bharti Bhadana	25 Jul 2002	Faridabad	1:53:55.81 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
8	Aashima	19 Aug 2006	Kaithal	1:54:57.01 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
9	KIRAN BALA	18 May 2002	Karnal	1:55:29.80 Sec.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
10	NIRMALA	04-03-2005.	FATEHABAD	2:13:15.00 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
11	RIDHIMA	01-02-2005.	JHAJJAR	2:29:20.00 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
12	KIRAN BALA	18-05-2002.	KARNAL	2:38:00.00 Sec.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025

Women High Jump

Sr. No.	Name	DOB	District	Performance	Championhips
1	Pooja	21-02-2007	Fatehabad	1.84 m.	28th National Senior Fed Athletics Championships at Kochi, Kerla 21-24 April 2025
2	JONIKA PAHAL	24-01-2004.	CHARKI DADRI	1.75m.	Indian Grand Prix-3
3	Prachi	2 Apr 2007	Sonipat	1.74 m.	28th National Senior Fed Athletics Championships at Kochi, Kerla 21-24 April 2025
4	Rubina Yadav	14-01-2001	Rewari	1.73 m.	64th National Inter State Athletics Championships at Tamilnadu
5	Rekha	24-01-1999.	Fatehabad	1.66 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
6	Muskan	8/10/2006	Kaithal	1.60 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
7	Komal	18-09-2006.	Rewari	1.60 m.	38th Haryana State Junior Athletics Championships 2025.
8	Chalacy	22 Sep 2007	Rohtak	1.50 m.	14th Haryana State Junior (U-20) Athletics Championships
9	Monu	4 Oct 2003	Hisar	1.45 m. .	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.

Women Long Jump

Sr. No.	Name	DOB	District	Performance	Championhips
1	Pariksha	23 Dec 2005	Faridabad	5.93 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
2	Tamanna	17-03-2006.	Fatehabad	5.71 m.	38th Haryana State Junior Athletics Championships 2025.
3	Evleen kaur	14 Apr 2005	Kurukshetra	5.64 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
4	Sonu Kumari	23-11-2000	Bhiwani	5.34 m.	Indian Grand Prix-3
5	MONIKA	03-07-2000.	MAHENDERGARGH	5.30 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
6	Riya	19 Oct 2006	Sonipat	5.29 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
7	SHRUTI	29-08-2006.	KARNAL	5.25 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
8	Ritika	19-03-2006	PANIPAT	5.24 m.	38th Haryana State Junior Athletics Championships 2025.
9	Mansi	11-05-2001.	PANIPAT	5.22 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
10	Shruti	29-08-2006.	Karnal	5.16 m.	38th Haryana State Junior Athletics Championships 2025.
11	Ritika	22 Jun 2003	Faridabad	5.11 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
12	Shruti	29 Aug 2006	Karnal	5.11 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.

Women Triple Jump

Sr. No.	Name	DOB	District	Performance	Championhips
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1	Manali chauhan	21 Jan 2003	Rewari	12.81 m.	Indian Open Athletics Meet Sangrur 27-28 July 2025
2	Tamanna	17-03-2006.	Fatehabad	12.41 m.	38th Haryana State Junior Athletics Championships 2025.
3	Shashi	6 Aug 2006	Bhiwani	12.10 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
4	Ankita Chaudhary		Panipat	11.92 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
5	Pratibha	02-10-2006.	Jhajjar	11.85 m.	38th Haryana State Junior Athletics Championships 2025.
6	Hema	19-01-2003	Bhiwani	11.69 m.	Indian Open Athletics Meet Sangrur 27-28 July 2025
7	Tannu Yadav	21-06-2002.	Panipat	11.21 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
8	Parul		Mahendergahrg	10.75 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
9	Kusum	23-12-2007.	Hisar	10.33 m.	14th Haryana State Junior (U-20) Athletics Championships
10	Munni		Hisar	9.02 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
Women Pole Vault					
Sr. No.	Name	DOB	District	Performance	Championhips
1	Vanshika Ghanghas	08-10-2005.	Bhiwani	3.90 m.	28th National Senior Fed Athletics Championships at Kochi, Kerla 21-24 April 2025
2	RAJNI,	12-03-2004.	BHIWANI	3.50 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
3	JYOTI	02-09-2004.	SONIPAT	3.40 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
4	Bhumika Kaushik	18 May 2006	Gurugram	3.40 m.	23rd National Jr Fed. Athletics Championships 22-24 June 2025 Prayagraj
5	Nidhi	20 Feb 2004	Sonipat	3.30 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
6	Shabnam	3 Dec 2003	Bhiwani	3.30 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
7	SHABNAM,	3/12/2003	BHIWANI	3.10 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
Women Shot Put					
Sr. No.	Name	DOB	District	Performance	Championhips
1	Yogita	01-11-2000.	Bhiwani	16.06 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
2	Shiksha	12 Dec 2002	Charki Dadri	16.05 m.	28th National Senior Fed Athletics Championships at Kochi, Kerla 21-24 April 2025
3	Anjali	8 Feb 2003	Bhiwani	15.46 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
4	REKHA	02-02-2001.	JIND	14.97 .m	64th National Inter State Athletics Championships at Tamilnadu
5	ANSHU	13 Nov 2007	Sonipat	14.31 m.	23rd National Jr Fed. Athletics Championships 22-24 June 2025 Prayagraj
6	Tamanna	31-08-2006	Jhajjar	14.04 m.	28th National Senior Fed Athletics Championships at Kochi, Kerla 21-24 April 2025
7	MONIKA	03-09-2001.	FARIDABAD	13.87m	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
8	Riya verma	5 Nov 2006	Rohtak	13.44 m.	14th Haryana State Junior (U-20) Athletics Championships
9	Munesh	15-5-2006	Bhiwani	13.42 m.	23rd National Jr Fed. Athletics Championships 22-24 June 2025 Prayagraj
10	KHUSBOO	23 Apr 2006	Rohtak	13.01 m.	14th Haryana State Junior (U-20) Athletics Championships
11	Munesh	15 May 2006	Bhiwani	12.53 m.	14th Haryana State Junior (U-20) Athletics Championships
12	Puja Kumari	2 Sep 2004	Charki Dadri	12.50 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
Women Discus Throw					
Sr. No.	Name	DOB	District	Performance	
1	SEEMA	25-02-1999	BHIWANI	57.18 m.	64th National Inter State Athletics Championships at Tamilnadu
2	SANYA YADAV	9/8/2003	MAHENDERGARGH	53.37 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
3	Priya	20 Jun 2004	Bhiwani	51.36 m.	28th National Senior Fed Athletics Championships at Kochi, Kerla 21-24 April 2025
4	Neha jaglan	5 Mar 2005	Panipat	48.18 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
5	Riddhi	28 Apr 2007	Hisar	47.98 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
6	Mahak	8 Aug 2006	Jind	45.40 m.	14th Haryana State Junior (U-20) Athletics Championships
7	Munesh	15 May 2006	Bhiwani	45.04 m.	14th Haryana State Junior (U-20) Athletics Championships
8	Lalita	8 Oct 2006	Jhajjar	41.18 m.	14th Haryana State Junior (U-20) Athletics Championships
9	Nidhi	11-11-2005.	Jhajjar	41.98 m.	38th Haryana State Junior Athletics Championships 2025
10	MANNAT PHOUGAT,	28/11/07	PANIPAT	41.13m	38th Haryana State Junior Athletics Championships 2025
11	Suman	06-12-2005.	Hisar	38.09 m.	38th Haryana State Junior Athletics Championships 2025
12	PALAK	2 Jul 2005	BHIWANI	36.46 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
Women Hammer Throw					
Sr. No.	Name	DOB	District	Performance	Championhips
1	ANISHA DAHIYA	3/12/2000	SONIPAT	57.29 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025

2	SNEHA	24-01-2005.	JHAJJAR	51.64 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
3	POONAM JAKHAR	30-12-1999.	JHAJJAR	51.15 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
4	RINKU	06-08-2003.	FATEHABAD	50.05 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
5	KOMAL	30-12-1996	JHAJJAR	49.87 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
6	Meenu	22-09-2007.	Jhajjar	49.40 m.	38th Haryana State Junior Athletics Championships 2025
7	DEEPANSHI	15 Dec 2007	Jhajjar	48.14 m.	14th Haryana State Junior (U-20) Athletics Championships
8	SHIWANI SHARMA	21 Sep 2007	Jhajjar	47.69 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
9	KHUSHI	1 Dec 2006	Panipat	46.35 m.	14th Haryana State Junior (U-20) Athletics Championships
10	Tannu	05-06-2007.	Jhajjar	45.62 m.	38th Haryana State Junior Athletics Championships 2025
11	ANJALI	05-01-2005.	CHARKI DADRI	45.58 m.	Indian Open Athletics Meet Sangrur 27-28 July 2025
12	Deepanshi	15-12-2007	Jhajjar	45.36 m.	23rd National Jr Fed. Athletics Championships 22-24 June 2025 Prayagraj

Women Javelin Throw

Sr. No.	Name	DOB	District	Performance	Championhips
1	Deepika	21 Nov 2005	Fatehabad	57.19 m.	64th National Inter State Athletics Championships at Tamilnadu
2	Shilpa Rani	15-06-1996	Jind	50.49 m.	28th National Senior Fed Athletics Championships at Kochi, Kerla 21-24 April 2025
3	Poonam	22 Apr 2007	Fatehabad	50.07 m.	14th Haryana State Junior (U-20) Athletics Championships
4	Jyoti	1 Apr 2002	Fatehabad	49.81 m.	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
5	BHAVYA PILANIA	18-10-2007.	FATEHABAD	47.65 m.	23rd National Jr Fed. Athletics Championships 22-24 June 2025 Prayagraj
6	SEEMA	27-12-2004.	BHIWANI	45.86 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
7	SALONI	29-12-2003.	KARNAL	45.48 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
8	HARITA	04-12-2003.	BHIWANI	45.34 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
9	Bhateri	11 Jul 2007	Fatehabad	42.85 m.	14th Haryana State Junior (U-20) Athletics Championships
10	Pooja	9/3/2003	BHIWANI	41.47 m.	Indian Grand Prix-2
11	Manisha		Fatehabad	40.00 m.	14th Haryana State Junior (U-20) Athletics Championships
12	USHA	17 Sep 2003	ROHTAK	35.28 m.	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025

Women Heptathlon

Sr. No.	Name	DOB	District	Performance	Championhips
1	Pooja	9/3/2003	BHIWANI	5401 Pts	28th National Senior Fed Athletics Championships at Kochi, Kerla 21-24 April 2025
2	SONU KUMARI	23-11-2000	Bhiwani	5053 Pts	64th National Inter State Athletics Championships at Tamilnadu
3	Khushi	26 Nov 2002	Rewari	5021 Pts	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
4	KAJAL,	21-02-2000.	KARNAL	4787 Pts	15th Haryana State Senior Athletics Championships at Karan Stadium, Karnal 15-16 July 2025
5	Evleen kaur	14 Apr 2005	Kurukshetra	4129 Pts	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
7	Priya	13 Jun 2006	Hisar	3212 Pts	23rd National Jr Fed. Athletics Championships 22-24 June 2025 Prayagraj
9	Pooja		Hisar	2866 Pts	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.
10	Aarti	28 Sep 2006	Jhajjar	2809 Pts	14th Haryana State Junior (U-20) Athletics Championships
11	Poonam devi	14 Dec 2007	Sirsa	2809 Pts	14th Haryana State Junior (U-20) Athletics Championships
12	Annu	11 Jun 2003	Hisar	2590 Pts	12th Haryana State Open Senior Athletics Championships at Kurukshetra on 06-07 September 2025.